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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## Single Cruise

By Martha Vasquez

When it comes to cruising, you can't blame the single traveler for feeling a bit neglected. Solo cruisers must pay "single supplements" if they wish to have their own cabins, which can as much as double one's cruise fare.

And once aboard, singles find themselves in the minority, as their fellow passengers are largely comprised of families and couples. The fact is, cruise lines haven't made much of an effort to attract singles.

"Single travelers are a growing, important part of the market that can't be ignored," says Kari Lee, coordinator of Vacations To Go's singles cruises.

"There are more and more organizations that bring singles together; why not do that on a cruise ship?" says Lee. An energetic host or hostess is always on board to organize singles-only activities. These include poolside sail-away parties, private cocktail mixers with complimentary drinks, games and "single-mingle" dining. On some itineraries, singles shore excursions are available for an additional fee. They may include swimming with stingrays in the Bahamas and Cayman Islands and a beach party in Mexico.

Single cruises have proved to be popular. More than 2,000 travelers sailed the same year. Vacationers who reserve a cruise gain access to a private chat room where they can meet fellow singles traveling on the same itinerary. The chat rooms can get very active. Two ladies who signed up separately for the same cruise found out through the chat room that they live in the same town. They've already gotten together a few times before their cruise.

Solo cruisers can avoid the single supplement by bringing a friend, which pairs same-sex singles in one stateroom. But for those who prefer more privacy, single-occupancy cabins are available at the single-supplement rate.

Of course, some singles don't really want to meet someone else special while cruising and that's alright too. There is plenty on board to keep a single person busy and involved without having to mingle

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socially including the beautiful swimming pools, spas, jacuzzis, elegant dining and more.

So if you always thought that you couldn't go on a vacation cruise because you were single that is just not true anymore. There is plenty that modern cruise lines have to offer both singles who want to meet other singles, and those who are just want to stay single but still have a great time.

Martha has written many articles about luxury travel, you can find her website at

Luxury Travel

### **Plan Your Cruise For Convenience And Fun**

#### **By Barney Garcia**

In order to ensure that you have fun and relax on your cruise, it is essential that you plan your cruise meticulously. You go on a cruise to have fun on water. The cool sea breeze and the spectacular view of the vast expanse of water in front of you can really intoxicate you with pleasure. Since you spend so much on a cruise, you should ensure that you enjoy every minute of it. Planning is the first thing you should focus on if you are going on a cruise.

**Pick the Best Cruise Liner** The first step in planning a cruise is to choose the best cruise line and the destination. Study the offerings of the various cruise lines and base your decision on what you really want from the cruise. It is also important to decide the duration of your cruise.

You can choose from any of the world famous cruises such as the panama cruise, Mediterranean cruise, carnival cruise, Caribbean cruise, Europe cruise, Alaska cruise, and Norwegian cruise.

**Check with People Who Have Gone On Cruise** Check out with other people who have experience in such cruises and then decide on the cruise line. You should also check the facilities being offered by them and whether these are in consonance with your aspirations. The next step is to check if the cruise that you select operates to the destination that you want to visit.

**Booking the Cruise** Having selected the cruise line and the cruise, you should make the booking for the cruise either through a travel agent, or through online sources. You should also select the type of room that you would like to have and book the same with the cruise booking. If you want to avail of shore excursions or other off-ship activities you should also book these early.

A good planning will really stand you in good stead and you can have all the fun in the world on your cruise. A good planning will ensure that you come rejuvenated from the cruise and ready to face the realities of life once again.

Barney Garcia writes about many different topics. He is a proud contributing author and invites you to his websites.

<http://www.cruises-for-you.info>

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<http://www.cruises-galore.info>

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<http://www.perfect-resorts.info/sitemap.php>



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