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**Sizzling Hot Summer Sun & Money Making Fun**

**By Shelley Borle**

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Did you notice the air is getting warmer, the trees are budding & your wallet is empty? Your Sizzling Hot Summer is just around the corner. You know you'll have extra time on your hands and an empty wallet in your pocket. I bet you're thinking that you'd like to make a few extra bucks this summer. But you're too young for the jobs available to the 16 and older teens. And you're bored and too old for the standard lemonade stand idea. What else can you do to make some real money?

Lets first start by getting your brain into money making idea mode, you will need to ask yourself: What do I really love doing? What am I great at? What skills do I have? Here are just a few brilliant ideas to get you started and I know you will come up with many more:

**Doggy Daycare:** Do you have experience caring for your own pampered pooch? I am sure you know people in your neighbourhood who work all day and leave their darling dog alone. You could offer a Doggie Daycare Service: walking, bathing, feeding, playing, cleaning the dog run, etc. Doggie Daycares are super sizzling hot this summer and a great way to make a ton of cash and also have a fantastic time. You can expect to make from \$30 – \$50 per eight-hour day; hey that's a nice chunk of change.

**Certified Babysitter:** Babysitters are constantly in very high demand and during the summer the demand skyrockets. You can expect to make anywhere from \$4 to \$10 per hour as a Certified Babysitter. Be sure to get specialized babysitter training through a Certified Course. Your local YWCA, Red Cross, local community league or even your school will have these certified courses available. You will really increase your hiring demand and wage if you become a Certified Babysitter.

**Birthday Party Planner:** Start a Birthday Party Prep Service. You send or hand deliver invites, set up decorations, be the lead during party games, supervise party guests, assist with serving food, etc. If you possess a special talent as a magician or clown, you could even earn extra money by providing the entertainment. You could make as much as \$100 for a two-hour party.

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**Tutor Service: Do You Get Amazing Grades In School?** Start your own Tutoring Service to help younger kids raise grades. A lot of kids need extra help with their math, science, and reading, Spanish & French. You could expect to make \$10 to \$15 per hour.

**Do You Love The Great Outdoors?** Consider jobs that take place outside: mow lawns, wash cars, weed gardens, etc. Or you could also grow your own vegetables, fruit, herbs, flowers, etc to sell at a Farmers Market. You could expect to make \$10 to \$20 per outdoor odd job and a lot more selling your homegrown produce at a Farmers Market.

**Are Arts & Crafts Your Thing?** Perhaps the funky things you love to make are items other people would really love to buy. Ideas could be hemp jewellery, stuffed animals, greeting cards, t-shirts, pet rocks, the list is endless, and a sizzling hot item for this summer is funky hip Tie Dye t-shirts. The amount of money you can earn varies greatly. Funky Tie Dye t-shirts can sell for as much as \$30 each.

**House Sitter:** Are you reliable, trustworthy & mature? People would then certainly employ you to look after all kinds of chores for them while they are away from their homes. You could housesit while they're away, taking in their mail, watering houseplants, inspecting the house, making sure the garbage gets out to the curb, checking on pets, mowing lawns, and so much more. The more chores you are responsible for the more money your make. You can expect to earn \$20 to \$50 per day as a house sitter.

That's merely a very brief list of moneymaking job ideas. The secret to a sizzling hot money making summer, of course, is to get the word out regarding your services or products. Compose an attention-grabbing flyer one that will create a compelling initial impression with people who haven't met you. Tack it up on bulletin boards at your local grocery store, restaurants & corner convenience stores. A sure fire way to impress potential clients is to hand deliver your flyers. Ring their doorbells, introduce yourself and hand them one of your sizzling hot flyers, how can someone not be impressed.

A great idea while you are out and about working would be to carry a cell phone with you to keep in touch with your parents. Always remember safety first before anything else. Enjoy a fun, safe, moneymaking sizzling summer.

**About The Author:** Shelley Borle is a Virtual Assistant, Writer & Expect On Boys. Visit Her Country Variety Lifestyle Magazine <http://www.countryvariety.com/CVL.htm> as well as her CountryVariety.com Professional Virtual Services site <http://www.countryvariety.com> Email [shelley@countryvariety.com](mailto:shelley@countryvariety.com)

## **Make The Most Of Summer: Stay Healthy While Having Fun**

**By News Canada**

(NC)—Canadians are eager to make full use of summer's long days, often at the expense of good health. To enjoy the season, it's important to be prepared. Try to moderate activity on hot days and wear the proper gear to protect the body from sun damage and overheating.

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During hot, humid summer months, even Canada's top athletes will train in the cool early morning hours or after dark. Be smart when exercising or playing outdoors: don't push it in hot, muggy weather. Harmful pollutants hang in the air on humid days, making it difficult to breathe. In these conditions, perspiration won't evaporate efficiently, so the body can't cool down. Opt for air-conditioned, indoor workouts whenever possible and remember to replenish fluids.

"Don't underestimate the amount of fluids lost from perspiration on hot summer days," says Sandra Edwards, Registered Dietitian & Sports Nutritionist. "Keep drinking to cool the body and prevent dehydration. You can supplement water with other beverages, like Brisk Lemonade, as long as they don't contain alcohol or caffeine." Take a rest when you need to refresh – a quick breather will help restore energy levels and keep the body cool.

If the mid-day heat is unavoidable, wear the right gear to stay cool. Protect the eyes from the potentially dangerous effects of sunlight by wearing sunglasses with UVA and UVB protection. Choose cotton clothing so the body can breathe and perspire freely, opting for light colors that reflect the sun's hot rays. And, it's crucial to keep the head covered on hot summer days. A vented or loose-weave hat will protect from the sun and allow air to circulate, reducing the risk of heat-related illness. And, always remember to wear sunscreen with at least SPF 15 to protect from harmful UVA and UVB rays.

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