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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Skincare Product Selection Important To Medspas**

**By Donald Jones**

A rapidly growing trend in checkup practices is the expansion into ancillary services. The rising

costs of operating a medical checkup business rich person forced physicians to take a look at how they can expand and better serve their patients. The medical examination spa conception—also known as a medspa—is here to stay and has been implemented in many practices across the United States. The construct is not new. In Europe, many beautiful wellness spas wealthy person practiced this for decades, offering a milieu of services.

They employ the expertise of a team of physicians, nurses, estheticians and massage therapists. According to Jane Crawford, a nationally recognized medical exam spa consultant and education faculty member for the American Society for Aesthetic Plastic Surgery (ASAPS), "There is a great connection between clients World Health Organization go to spas and patients WHO go to plastic surgeons or dermatologists because they ar very conscious about their and appearance. This billion-dollar manufacture has expanded into the care diligence because of its potential to serve an even out greater need of patients and clients require additional expertise to cope with the challenges of an aging body."

OTC laboratories mustiness pass rigid periodic FOOD AND DRUG ADMINISTRATION inspections, maintain formula documentation and be consistent with correct merchandise handling and caliber controller. Compliance with protocols involving birthday suit material inspection, calibre restraint, compounding and filling of final wares is essential. A production undergoes microbial testing after mixing each batch and then once again after container filling to ensure freshness and timbre. When deemed appropriate, clinical studies may be considered. Do skincare products give birth to endure years of clinical trials to prove their efficacy, especially if they using ingredients that already deliver documented studies or bear proven the test of time.

When a skincare intersection is brought to market, it normally has undergone months, flush years, of expensive R&D. Ingredients such as peptides, beta glucans, polysaccharides, antioxidants, wound healers, enzyme inhibitors, tyrosinase inhibitors and other extracts derived from numerous sources such as marine, animals, plants and the biotechnologies. Research reports and clinical assays on isolated active ingredients easily accessible from the crude material sources. Scientific inquiry and

benefits on isolated ingredients may be performed at universities and other enquiry facilities with many performing in vivo and in vitro studies.

Generally, modern science has thrown out erroneous data. Identification of the benefits found in numerous botanicals was documented centuries ago. During the 20th century, they came under scientific scrutiny where modern testing methods help prove or disprove their validity. Many bare-assed materials do birth therapeutic benefits. Keep in mind that countless ingredients not new. They've been time-tested, placed in efficacious formulas and suffer produced results. Their properties moldiness be well understood so that they properly used in formulation. Specific information on cosmetic ingredients is plentiful.

It can be round in The International Cosmetics Ingredient Dictionary and Handbook promulgated by the Enhancive, Toiletry and Fragrance Association (CTFA). Recognized by the , CTFA also keeps a close watch on the cosmetic industriousness. Disclosure: Ms, Zani is a cosmetologist/ and licensed esthetics

instructor in South Carolina. She has been a hands-on both in buck private practice and in a health check setting.

Donald Jones

<http://www.officeaccessory.net>

### **Men Have More Delicate Skin Than Women! - Natural Men's Skincare...**

**By Chrissy Birdsall**

It's a fact. Men's skin is more delicate than women's.

Yep, you heard right! The daily shaving ritual aggravates the skin, destroying the hydrolytic film on the skin's surface, thereby increasing dryness and reducing the skin's natural protection. What's more, men - especially outdoor men - tend to expose their skin to a torturous array of damaging conditions including sun, wind, water, salt, building products, chemicals, cuts, scratches, and grazes.

It's no wonder, then, that the man of today is more concerned about his skin than ever before. Like his level of fitness and health, his apparel, and his grooming, a man's skin says a lot about him.

Unfortunately, this new-found awareness is leading some men to the conclusion that they should be using their wives' skincare products. This is a mistake! A man's skin is different to a woman's, so it needs to be treated differently.

Why is men's skin different to women's?

Before we can talk about how natural men's skincare caters to men's unique needs, we need to understand what those needs are. Why is men's skin different to women's skin? There are four main differences between men's skin and women's skin:

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- Men have thicker skin (although many women would beg to differ)
- Men have oilier skin
- Men have more delicate skin
- Men's skin has smaller sebaceous glands

### Why natural men's skincare?

There's little point using a skincare product which is made for a woman's skin. Quality-made natural men's skincare addresses the differences between men's skin and women's skin (without turning skincare into a tedious, never-ending chore).

A quality men's facial scrub is formulated to combat the drying effect of shaving while at the same time exfoliating and replenishing the skin's natural defenses. A men's soap contains specially selected oils and organic ingredients which not only cleanse but which also accelerate healing. Men's shaving supplements leave the face feeling fresh and moist, not dry and aggravated. And of course, men's all-in-one face and eye moisturizers provide convenient yet dynamic skin rejuvenation while simultaneously minimizing the damaging effects of excess sunlight.

Quality natural men's skincare doesn't contain chemicals which strip out the skin's natural moisture. It doesn't contain petrochemicals, sulphates, and chemical preservatives which can have an hormonal impact. It doesn't contain artificial fragrances and parabens. In fact, quality natural men's skincare contains only pure and organic ingredients. It consists of a blend of essential oils, vitamin extracts, spices, beeswax, and pure oils which is tailored to the specific needs of a man's skin and a man's environment and lifestyle.

As a result, a quality natural men's skincare range can make a man's skin feel less irritated, dry, and

itchy. It can maximize the skin's elasticity, and enhance the complexion. Perhaps most importantly, it can make it far more pleasant to a woman's touch... Conclusion

As it turns out, men need skincare just as much as women, maybe even more. Their skin is more delicate and it is continually exposed to damaging conditions. But because a man's skin is thicker and oilier and has smaller sebaceous glands, it needs a tailor-made skincare range. So when it comes to skincare don't settle for second best. A man's skin needs a natural men's skincare range - a range which reduces dryness and irritation, replenishes natural defenses, enhances skin rejuvenation, and makes his skin all the more touchable...

Chrissy Birdsall is a renowned beauty and skincare authority, with over 40 years industry experience. Her boutique skincare business, Purestuf, features a natural men's skincare range Purestuf Warrior which is available for purchase online at

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