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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Sleeping In Style: Luxury Hotels**

**By Jim Kapowski**

No matter what type of vacation you prefer, there is a luxury hotel awaiting you! One of the benefits of staying in a luxury hotel is that, even if you choose a rustic vacation setting, you can return at day's end to comfort and pampering that makes a vacation truly enjoyable. Whether you're hitting the mountains for hiking or skiing, heading to the ocean beach, or visiting a foreign country, luxury hotels abound.

Why stay at a luxury hotel? It's great to be pampered. Four and five star hotels offer a level of service and hospitality that can't be found in other establishments. You are guaranteed a beautiful setting, and the additional services offered in a luxury hotel are often enough that you don't even need to leave the hotel to enjoy a fabulous vacation!

Many luxury hotels are perfectly situated in areas of high interest for the vacation traveler. When seeking a hotel for vacation purposes (rather than business, for example), determine the location and nearby attractions. Many hotels offer an array of accommodations, such as those included in resort settings or combined with a city's downtown entertainment.

When traveling with children, it's important to determine ahead of time a hotel's policy for young travelers. Some do not allow children under a certain age, while some luxury hotels cater to families. Many offer childcare and children's clubs, so the parents can get a few hours away while the kids enjoy learning something new such as archery or rock climbing.

For those seeking a vacation experience, it is also wise to find out if there are any conventions or other large events taking place while you are there. Hotels located in areas where multiple activities take place (such as in a city as opposed to a resort) are more likely to be busy, so find out ahead of time. This won't guarantee that something won't be booked, but you can lower your chances of booking your stay during a large event. Also, find out if any large tour groups are scheduled for the same time.

Traveling during the off-season is a great way to minimize crowds and maximize your experience. Rates are lower during this time, and many hotels offer package deals. These may include multiple nights or combining local activities with your stay. Be sure to inquire about any promotional offerings

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when you book your stay. Determine whether the hotel chain offers any promotional memberships or price matching guarantees. If you travel frequently, this can be a money-saving option. Your frequent flyer program may also have specials with certain hotels. Also, find out if any organizations to which you belong have any programs that include travel.

When planning your vacation, do some research yourself before seeking the assistance of a travel agent. Many people prefer to book their own travels, and this is fine, as long as you use a reputable source. For those who travel often, this is a good way to go, and many deals can be found online that are not available elsewhere. When traveling to a new destination, however, it may be wise to use the help of an agent when booking the trip.

Staying in a luxury hotel is a luxury that you'll definitely appreciate. Enjoy your vacation and sleep well.

Luxury Hotel Facts Facts is an information site that contains articles, a directory and other Luxury Hotel Resources. It can be found at:

<http://www.luxuryhotelfacts.com>

### **What To Expect In A Luxury Hotel**

**By Steve Vaile**

Every traveler has a different expectation when it comes to hotels. One of the joys of traveling is the pure adventure of the trip, so you may need to keep an open mind when it comes to the quality of the lodgings, especially when it comes to international travel. When it comes to a luxury hotel, there may be a great deal of difference between the quality of the lodgings and the amenities available. Different hotels elicit different expectations, so the best way to determine what you should expect at any hotel—especially a luxury hotel—is to evaluate the rating system as set forth by a travel service, such as the American Automobile Association, AAA.

When it comes to review potential hotels for your lodging, consider looking at a luxury hotel that have been rated using the American Automobile Association scale from one diamond to five diamonds. The AAA diamond scale is by far the most well recognized in the United States, but this scale is not generally used for rating international hotels. Also, these ratings are only of the AAA-approved properties that encompass many lodging options, but may be absent a specific hotel. The ultra exclusive rating of five diamonds is only awarded to the greatest luxury hotel and individuals should expect these properties be the best possible for that specific city or state.

If you are interested in traveling or want to enjoy a special night or weekend with a loved one, look for a luxury hotel for all your lodging concerns. Generally speaking, luxury hotels come with a hefty price tag, but are well worth every penny due to extravagant furnishings and superb amenities. The title of luxury hotel comes with several general expectations, although all expectations may not necessarily apply to all rooms or facilities in a luxury hotel.

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Generally speaking, individuals choose to stay at luxury hotels due to the extras. Whereas a typical hotel offers the basics: shelter, bed, and running water, a luxury hotel will take the basics to the next step. Instead of just a bed, a luxury hotel will have inviting quarters with comfortable mattresses, high thread count sheet sets, and a fantastic array of pillows. Some hotels are even offering their mattresses, duvets, sheets, and pillows for sale for guests who want to bring a bit of luxury into their own homes.

A luxury hotel is often equipped with luxurious bathrooms, usually including a separate shower and either a soaking tub or a Jacuzzi. Also, a luxury hotel will have oversized, fluffy towels of a spa quality, along with a thick robe for use within the room or suite. Furthermore, most luxury hotels will have a pair of slippers for the guest to use and take home with them. As for the soaps and toiletries, luxury hotels will have a high quality product, generally from a spa or other quality maker.

A luxury hotel will have in-room bars packed with a variety of items, ranging from gourmet cookies and candies to top shelf liquors. Also, a luxury hotel have an array of complementary items that are provided to the guests.

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