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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Some Dangers One Can Expect From Taking Extra HGH

By John Maxim

HGH (Human Growth Hormone) has become a popular supplement for those wishing to increase

their body mass and strength. But as with all shortcuts in this area, there comes the natural dangers and side effects usually not listed by those selling HGH products. The number one, best way to get HGH is naturally, through a good weight-training program. The second best way is through prescription HGH, approved only by your doctor, which has been approved by the FDA (which are normally by injection only, not pills or sprays). Trouble is, most of the over the counter HGH supplements are not FDA approved and provide the most risk and most dangers for those taking them.

Prescription HGH injections (not those prescribed over the web, by a doctor in Brazil) work well, but as with all drugs, come with side effects. The most obvious one is that since the prescription injections are so strong and provide you with more HGH than your body needs, your body will essentially decide that it has enough HGH and stop making it naturally. So injection HGH should be taken only with a doctor's advice or a doctor's supervision. But let us talk about the possible dangers if you come across fake or counterfeit HGH supplements. If the FDA or DEA doesn't approve it, it is probably a fake. If it is cheap, it is probably a fake too. A years worth of HGH injections can cost about \$10,000. But do you really want to take the "cheap" way out when dealing with your health and body?

Some typical dangers of any HGH product are a higher risk for developing forms of cancer and even diabetes. Some people even reported a resistance to their insulin. Carpal tunnel syndrome, while common for anyone who uses a computer daily, can become inflamed. Some female patients of HGH report gynecomastia (enlarging of the breasts). Since HGH helps repair bones too, taking extra HGH can cause acromegaly, which is an unusual growth in bones of the wrist and hands. Also on the feet and ankles.

John's blog is online at

<http://www.hgh-energizer-pills.com>

What Really Is The Anti-Aging Supplement Truth?

By Ray Andrew

Okay, if you have taken anti aging supplements and hopeful to live to forever, I do have some unfortunate story just for you; you can't block up natural aging. Human growth hormone, simply called HGH, is a polypeptide combination that is secreted by the ancient pituitary gland in the Men bodsy. Also surely known that growth hormone levels decline while we get much older. In fact ageth hormone levels in humans 60 or older are only almost one half of that in young adults. Because most families can not afford real HGH therapy, a host of products have become available on the market that require to maximize HGH levels.

HGH medicine might be able to be of help for you, nonetheless to this day there is not sound systematic affirmation to with all confidence substantiate many of the claims raised around HGH treatments, above all those created almost over-the-counter, non-prescription HGH supplements. Pure HGH should be taken by injection, because it is a very big molecule that cant be abstracted intact (whether taken orally, admitted to dissolve under the tongue, or sprayed into the nose or throat). Sadly, HGH injections could be very high-priced, costing on the upwards of a thousand dollars or a lot more per month.

Dont forget, also the most advanced anti natural aging natural natural supplements can not fill-in for a poor diet. Consuming mostly no nutritional food, sodas and sweets and taking anti natural aging natural supplements will not provide you with all the nutrient food your body needs. Anti growing quality supplements have to be considered natural supplements to, not replacements for, a reasonably balanced diet. By taking a natural supplements all of the days and eating plenty of fruit and vegetables you have all of the same things anyway; its funny that as hardly as their put on a pill form they become an `anti-aging supplement'. Until that time you can keep investing your cash on vitamins and antioxidants if it makes you feel better

The only truth is that you need to eat healthy so your food can talk to your hormones and have a balance in your health. No supplement will be better than eating healthy natural foods with loads of vitamins and it doesnt cost much.

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