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**Some Thoughts On Becoming A Trucker**

**By Yvonne Volante**

If you have the will to explore around the country and get paid at the same time, consider being a

trucker. Truckers enjoy some benefits that people in other capacities do not have, namely the camaraderie among other Truckers, meeting new people, being able to witness the changing seasons as you commute around the country, unpredictability (in other words, less boredom!), and plenty of available trucking stations. All are valid reasons why people chuck their current occupations for the chance at the open interstate highway.

Of course, as with all major life determinations, changing jobs to drive a truck takes some information. To begin with, think about how your personal life will change. There will instances when you might miss your son's baseball games or be late getting home for the holidays because of arterial conditions due to the weather. Extended periods away from home sometimes take a toll on a person, so you have to decide whether driving trucks is right for you.

If your heart is still set on being a driver, then your next step is to find a reputable trucking corporation or school that offers truck driving programs and instruction. There are usually specialized schools specifically for truck driving, but sometimes, local community colleges have vocational programs available too. The best thing to do is check with your local Department of Transportation office first to find out the stipulations for truck drivers and what type of instruction is the best training for earning your Commercial Driver's License. Chances are that they have a recommended list of the best schools in the area.

The unmatched scenario for training and certification is one on one, just you and the instructor. Sometimes, if you are in a big rig with several other trainees and the coach, that does not give you as much hands-on instruction as you need. Another thing to think about when choosing a trucking business or school is whether they offer labor placement assistance. New truckers need all the help they can get in identifying engagement opportunities. There are plenty of trucking labors out there, but as a new driver, you may not know all the ins and outs of the different trucking companies.

>From changes in the weather to that wacky creature driving a convertible unclad, Truck drivers have run across many situations like these. Their life on the interstate highway may not always be easy, but

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it sure can be an interesting one. A trucker's life may not be for everyone, but those that do it, care for it.

Do your research and consider becoming a trucker.

Yvonne Volante, the author, is a big fan of trucking and truckers and writes for [truckinf.com](http://www.truckinf.com), which is the premier trucking resource on the internet. You can see all of the articles over at

<http://www.truckinf.com>

**Don't let worries overwhelm you.**

**By Ajay Pats**

**Don't let worries overwhelm you. by Ajay Pats**

As you move through this day, make it a point to replace troubled thoughts with thoughts of peace. Replace thoughts of weakness with thoughts of strength.

Replace thoughts of limitation with thoughts of possibility. Replace thoughts of anger with thoughts of compassion.

Let go of any thoughts of frustration and helplessness. In their place, put thoughts of creativity and empowerment.

Gather your various and scattered thoughts together, and point them all in a positive, productive direction. You'll be amazed at the power that's yours when each thought is working to enhance the others.

Your thoughts determine what you decide to do with all that you have. And you determine what your thoughts will be. Worry a little bit every day and in a lifetime you will lose a couple of years. If something is wrong, fix it if you can. But train yourself not to worry. Worry never fixes anything.

So put them to work in a positive way, moment by moment, day by day. Make them all thoughts that serve you well.

Ajay Pats is a professional manager. He runs inspirational ezine "Discover secrets of happy and prosperous life" ([url=http://www.topica.com/lists/venturemall](http://www.topica.com/lists/venturemall)), community for home based business entrepreneurs "Venturecon" ([url=http://groups.msn.com/venturecon](http://groups.msn.com/venturecon)) and real estate broking site "Real estate broker" ([url=http://realestatebroker.nexuswebs.net/realestatebroker/index.html](http://realestatebroker.nexuswebs.net/realestatebroker/index.html)).



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