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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Soul Provider**

**By Joseph Ghabi**

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Soul Provider

I had the intention of writing about Soul Mates but it occurred to me to write more about a Soul on its own beforehand. I believe we need to address what we mean by a Soul before we get into anything else.

A Soul is a Divine entity that keeps moving from body to body for centuries increasing its personal growth and enlightenment by understanding different human issues that are important to that Soul. From learning about religions, ethnics, skin color, labeling, prejudice, hate, anger, betrayal, love, kindness, helping others, etc... A Soul keeps coming back to the same situation until it acquires all the necessary understanding required for it to move to a higher level of awareness and closer to its perfection.

I've asked that question to my guides before. How does a Soul enter a body? What comes first? This has always fascinated me. Is the Soul in the womb of the mother during pregnancy or after? According to my guides, two Souls cannot be in one body at the same time, otherwise it is against the free will of the mother. The new body in the womb is still under work or construction and is nourished through the body of the mother. It has been built with all the genetic effects of the parents. The body is still an empty shell being prepared for the new Soul to be born. The way that Soul enters into that body is at the moment of delivery. The head always comes out first; on the top of the head you have the Crown Chakra that will be opened for that Soul to enter his or her Temple. It will take a split second before a cry comes out from that new born. When that Soul leaves this plane to get back into Spirit it will leave from the Root or Base Chakra at the base of the spine.

I thought about it for a while and had to analyze it too. That makes it more interesting to me and finally the process did make lots of sense to me. Here I am not trying to force my belief on you. You can believe in whatever you feel is truth for that matter, which may also be possible?

The higher the Soul becomes, the wiser it becomes. Such as, to be more open minded to different religions, ethnic groups, or skin colors, without any judgment, without any hate, without any prejudice. An old Soul does not judge another Soul because they drink, or use drugs, or even why they would be

## Soul Provider

begging on the street. It is when we are ignorant in our understanding that we label people for the way they are. We are thinking we are better off than them, but in reality we are not. Just think about it! Instead of facing it and seeing why such a Soul is using drugs, or getting drunk, or whatever happen to that Soul that made him/ her to change course in their life we judge without having the facts. This is what will determine or distinguish an old Soul from a younger Soul. It is that wisdom and understanding of a higher outlook to life that allows you to see the bigger picture rather than looking at it from a smaller point of view or with a narrow mind.

Now a Soul inhabits, through centuries in lifecycles, one after another for its growth in the body, the temple of the Soul. Once a human being understands and looks at another human being as a Soul, and that it is here for its growth and enlightenment, then prejudice will fade, as well as hate, and abuse. Remember the body or temple that our soul chose for this lifetime. If being black, Jewish, Protestant,

Catholic, or even handicapped, it is a lesson where a Soul wants to get into the bigger picture of a particular situation. Probably in their next life that same Soul will chose the same or different circumstances for its growth.

I remember a good friend of mine Valerie (my yoga teacher) told me a while back when I started on my path that I was a very old Soul. At that time it sounded big and great. I did not understand what she meant by it. The terminology sounded good but it was all new territory for me that I had not embarked on at that point. I was always aware of one thing ever since I was a kid – that I always felt old, or older than my age, and that nothing mattered to me. I always felt I did not need much to be happy. Some of you can probably relate to what I am talking about here. Now, I believe I understand what she meant by it. I am getting the bigger picture. Actual numeric age bears no relevance on the age of the Soul, and wisdom should never be measured by age. It is always better to listen and pay close attention to someone in our surrounding who is younger than us. We should never disregard them just because of their age.

I mentioned labeling before and maybe some of you did not understand what I meant by that. I have had the opportunity to travel to many third world countries and learn about those people who live there while we are taking our life for granted. One of my experiences occurred while I was living and working in a country where people are labeled according to where they come from. I do not treat people differently whether they are a doctor or someone who washes dishes for a living. But when we label a worker or a dishwasher and treat them like they don't exist we degrade this human being while calling ourselves civilized. Affluent people or a person living on the street, are all the same. They are all Souls who are here to acquire certain experiences and knowledge. There is nothing wrong with either. It is not who you are, or what you do, that makes you a human being. Think about it carefully, because one day your own Soul might go for the experience of being a person who washes dishes. You will then come to really learn what it is to be humiliated by another human being. What can create Karma between people is the way we treat each other in one lifetime.

Joseph Ghabi's early career began rather 'technically' with a Bachelor of Science in Electrical Engineering and a Master of Science in Computer Science. Always intrigued by spiritual phenomena, Joseph's spiritual life began rather early in life. At the age of eight he discovered his clairvoyance. Joseph is natural medium presently teaching meditation, numerology and healing.

## **Reach Your Soul Goals Now**

**By Julie Jordan Scott**

Reach Your Soul Goals Now © 2005 Julie Jordan Scott Here is a concept which might surprise and delight you, like it did for me. First, I am a big believer in Goals: Setting them, expanding them and allowing them to manifest magically in ways I never imagined taking form as I reach them. The Goals which empower me the most are something I call "Soul Goals." Look at that word, "Soul." Here comes the concept which might surprise and delight you. When you consider a Goal that is filled with Your Soul, look at the letters that stand in the middle of the word, Soul. The letter "O" and the letter, "U". Now put those letters into words. "Oh – You!" Can you remember a time when you bumped into someone you weren't expecting to see and you were so thrilled to bump into them that your heart leapt with joyful celebration? I have done that several times – and each time I do it, my heart says those two words, sometimes paired with other words as well. "Oh, it is you! WOW! Is it? Yes, it really IS you!!" Julia Cameron wrote in *Letters to a Young Artist*, "There is one trick to setting goals, I think. And that is to always leave enough room for the divine to enter." When you connect Your Soul to the Divine, this is where miracles are birthed through whatever you create – from there? Celebration, delight and incredible rewards are yours. Your Soul celebrates when we settle into goals which nurture and celebrate your being, that call your destiny into fruition. Your soul celebrates when your goals are coated with authenticity and are a reflection of the gifts you have been given by a divine source. Your soul delights when you choose to focus on what is right, what aligns with you – your soul lights the way when you agree to take inspired, heartfelt action. Today, choose your soul and honor its goals.

Award–Winning–Life Coach, Writer, Speaker, Actor and Director Julie Jordan Scott has created several unique programs for you to discover how to Passionately Say Yes – and reach your Goals, live your dreams now. Check out the Fr\*e\*e Writing Group



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