

Sound Heals!

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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Sound Heals!

By Keith Varnum

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Music Medicine Soothes the Soul and the Body

Researchers throughout the world are reporting intriguing new ways about how sound vibration heals the body, mind, spirit and the environment. The words people choose to speak and the music people listen to have profound power to decrease pain, draw people out of emotional and mental isolation and even clear polluted water. And scientists are discovering that certain deep space sounds are amazingly similar to the sounds of dolphins, Tibetan bowls and human choirs.

Why Is this Important to You?

Because you can use music, song, vibration and words to dramatically affect your own health and the well-being of other people. The impact, potential and mystery of the healing power of sound is demonstrated in the following heart-warming true stories.

Wake Up and Dance, Little Suzy

Do you remember the movie "Awakenings?" Based on a true story, the film features the work of neurologist Dr. Oliver Sacks with Parkinson's disease patients. Many of these patients whose bodies had been immobile for decades from the effects of Parkinson's began groovin' to the sounds of music. Patients who had not left their wheelchairs for years, got up and began dancing to certain types of music.

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After the success of these patients, Sacks, teamed up with the music director from the Institute for Physical and Neurologic Function and has been using music as therapy with miraculous results. According to the music director, patients who can't walk "bound out of their chairs and start dancing as long as the music is present. For people who have motor problems, music acts as a catalyst."

Potent Prayer Power

When a Buddhist priest prayed for an hour over the polluted

water in a lake behind a dam in Japan, the crystalline structure of the water changed from malformed and distorted to one of immense beauty and power. The lake was transformed into a healthy source of pure water. A distinctly visible aura appeared around the water crystals in photographs.

Autistic Man "Flew the Coop"

A music therapy instructor from Yale University tells a breakthrough story about Jerry, a 26-year-old man who wouldn't speak, whose mental age was between 2 and 8 and who threw extremely self-destructive tantrums. Jerry was so transformed by music therapy that he was able to free himself from his "autistic mold" and create a way to support himself in the world. What'd he do?

Pairing up with a graphic designer, Jerry launches a profitable greeting card company. Jerry writes many of the messages and helps design the cards. Aptly, they name the company "Flew the Coop."

Trippy Space Sounds

What do the sounds of dolphins, human choirs and Tibetan bowls* have in common? The sounds they make are uncannily similar to tones found in outer space.

While examining the recordings of spacecrafts Voyager I and II at the California Institute for Human Science, scientists discover that sounds produced by the rings of Uranus are virtually identical to those produced by Tibetan bowls. Sounds emitted by the planet Jupiter strongly compare to the high-pitched cries of dolphins. And sounds from the smallest moon of

Uranus resemble vocal choirs.

Researchers believe that this similarity is no coincidence. The cosmic vibrations of dolphins, bowls and choirs are currently being used to stimulate alignment and healing at the cellular level.

"Tibetan bowls" are used in The Dream Workshops to assist people to relax plus the bowl's vibration gently helps "break up" old patterns of behavior that are no longer useful or healthy.

Rockabye Baby

Hospitals report that newborns who are sung or spoken to on a regular basis go home 3–5 days earlier and weigh more than babies who aren't exposed to specific periods of adult speech or

song. 50% of women who listen to music during childbirth don't need anesthesia.

We are only hearing the first few bars in the symphony of healing that awaits humanity as we open to the dynamic harmonious effects of sound.

Drawing from the wisdom of native and ancient spiritual traditions, Keith Varnum shares his 30 years of practical success as an author, personal coach, acupuncturist, filmmaker, radio host, restaurateur, vision quest guide and international seminar leader (The Dream Workshops). Keith helps people get the love, money and health they want with his FREE "Prosperity Ezine" at www.TheDream.com.

Scripture For When You Have A Broken Heart

By "Dr. Jay Snell"

The Scripture below is very special to all of us. We are aware that God heals our bodies. We also need to be aware the He heals our broken hearts.

Ps 147:3 3 He healeth the broken in heart, and bindeth up their wounds. (KJV)

He not only heals our broken heart, he binds up our wounds. Think back over your life. How many heart wounds we have all had? But thank God that he comes through with a healing for our hearts so we can carry on for him and our families.

The pain all of you have felt in your lives is staggering. But think again. The Bible says Jesus was touched with the feeling of our infirmities.

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Heb 4:15 15 For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin. (KJV)

Infirmities, here, translates a Greek word that is a combination of two words. It combines the Greek negative with the word for strength. In the above verse it means the absence of strength. It means no strength at all.

In other words, when we have heart wounds to the breaking point, we are drained of strength. We are drained of the will to go on. This is a helpless, hopeless feeling. This is the meaning of the above expression, the feeling of our infirmities. It is a weakness we actually feel.

No matter what we must go through, Jesus has already "been there and done that." He knows from personal experience our hurts, our wounds, our pains and our feelings of no strength to carry on.

Jesus has been tempted and/or tried in all the same points where we have been tempted and/or tried. He has felt what you have felt and has made it through. Consequently, he heals those of us who are broken in heart and then He binds up our wounds.

How good to know that Jesus understands us. How good to know that he can identify with us when we pain and grieve. He was indeed touched with the feeling of our infirmities. How good to know that we can identify with him in this.

Dr. Jay Snell, Evangelist and Author Jay wrote the definitive set of four books on the promises for Christians in the Abrahamic covenant. These books were presented many, many times on Trinity Broadcasting Network.

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