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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Spiffy Life Sayings

By Marilyn J. Tellez, M.A.

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Spiffy Life Sayings

1. Walking in a mud puddle will spoil your interview costume. Watch your step!
2. In an interview, really listen. Talking about your weird Uncle Harry may cost you the job.
3. If you don't know where you want your life to go, don't ask people to tell you what to do.
4. Practice what you preach. Just don't preach to the choir.
5. Keep being amused by other humans. They don't know the answers to life either.
6. When you start your next job, be alert about finding your next one.

Graduate of JFK University's Career Development Program Certified Job & Career Transition Coach
Website: www.doitnowcareers.info Always a FREE half hour consultation!

How To Renew Your Mind For Healing

By "Dr. Jay Snell"

Spiffy Life Sayings

A renewed mind, in the Biblical sense, is a mind that is so saturated with Scripture that it thinks Scripture when a crisis hits, rather than relying on wits for a solution to the crisis.

In other words, our minds are renewed when it is so saturated with the word of God that we think Scripture when decision time arrives, rather than trying to "figure things out for ourselves" by using our wits. At that point in time, we know we have renewed our minds in the Biblical sense. This is what Paul meant in his letter to the Romans.

Rom 12:2 2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God. (KJV)

Now let us go a step further. Let's pay close attention to those Scriptures in the Old Testament that were obviously addressed to The Abrahamic Seed Group. Concentrate on these because, unless they are specifically done away with, they are still in force now and we Gentile Christians are grafted into the same promises. We get the same benefits from them that the Old Testament members of The Abrahamic Seed Group received from them.

Healing with these Abrahamic blessing Scriptures

God's provision for healing the members of The Abrahamic Seed Group is his Word. The Bible is VERY plain about this. Here is just one instance.

Ps 107:20–21 20 He sent his word, and healed them, and delivered them from their destructions. 21 Oh that men would praise the LORD for his goodness, and for his wonderful works to the children of men! (KJV)

Notice very clearly the verses above. God sent his word...His Word! We members of The Abrahamic Seed Group have God's instrument and cure for sickness here. This is it. But it seems too simplistic. It seems too good to be true. But it is true. Here's another one.

Prov 4:20–22 20 My son, attend to my words; incline thine ear unto my sayings. 21 Let them not depart from thine eyes; keep them in the midst of thine heart. 22 For they are life unto those that find them, and health to all their flesh. (KJV)

Again, His words and His sayings are health to the flesh of the members of The Abrahamic Seed Group. Consequently, we must renew our minds with the above Scriptures. We must concentrate and meditate on them so thoroughly that we don't even hesitate to depend on them to put us over when we become ill.

The basis for your healing

Of course, healing for us Christians comes by "faith." But what is faith? "Faith" is information we get from God for us to act upon. "Believe," in the Bible, is simply acting upon this information we received from God.

Spiffy Life Sayings

The above Scriptures are our "information." Obviously, God's words are his answer for our healing. Both verses above could not be plainer. God's words are, indeed, his answer for our healing.

Now we must act upon them. How? Here's how! Notice some practical instructions we are to walk out.

1. Psalms 107:21 above tells us to praise him for sending his word to heal us. 2. Proverbs 20:22 tells us to attend to His words. 3. Proverbs 20:20–22 also tells us to incline our ear to His sayings or words. 4. It also says to not let them depart from our eyes. 5. In addition it says we must keep them in the midst of our heart.

Start here. Do these simple things and your healing is on its way. There is much, much more in Proverbs 20 that pertains to your healing. These, however, will get you started.

Dr. Jay Snell, Evangelist and Author, wrote the definitive, four volume set of books concerning the promises to Christians (healing, prosperity, family well being and salvation) contained in the Abrahamic covenant. These books were presented many times on TBN. His web site is

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