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**[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

Spray Tan Basics

By Valerie McDermott

Spray Tan Basics

by: **Valerie McDermott**

www.mystictan.com

for a location near you. Mystic Tan is very reputable,

I would consider them the leader in spray tan technology.

Mystictan.com

. The video explains the whole procedure and what you need to do.

Valerie is mother of 2 and co-founder of

<http://www.million-dollar-mama.com>

a website devoted to

helping mothers rediscover their favorite hobbies like travel, fitness and girls night out.

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8 Spray Tanning Tips

By Angela Maroevich

6.BLOT – After applying your spray tan, you will need to blot your skin with a towel to catch any drips.

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