

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## Sprint kayaks

By Jakob Jelling

### Sprint kayaks by Jakob Jelling

Sprint kayaks are harder to keep upright than regular kayaks.

Sprint kayaks are the best type of kayaks for people who are intending to race. While you will probably not need to have your own kayak when you first start out (if you are racing on a school team of some type), eventually you will probably want to get your own sprint kayak that will highlight your particular skills and make it easier for you to race.

Before learning how to paddle sprint kayaks, however, you'll need to be very experienced with other types of kayaks. The reason for this is that most sprint kayaks are designed to be very fast, which means that they are slender and designed to cut through the water and minimize drag. The result is that some of these kayaks will even tip over when they are set in the water with nobody inside. As you can imagine, keeping sprint kayaks upright requires quite a bit of skill.

If you will not be sprinting kayaks with a sports team of some sort, then you'll probably need to get your own sprint kayak right away. The first thing that you need to do is to look at several different types of sprint kayaks. Once you find a few designs that you like you should look at the statistics and how they are designed.

For your first sprint kayaks, you should definitely be looking for kayaks that are slightly more sturdy and less likely to tip over. Don't spend too much time looking for this, however, since even the sprint kayaks that are less likely to tip over will tip when you are first learning how to use them.

When you first get your sprint kayak out on the lake (or wherever you happen to be sprinting) you should start getting used to it as soon as possible. While you'll probably have great skills in a regular recreational or touring kayak, sprint kayaks operate a little differently. You should expect to tip over the first time you are in a sprint kayak, so you should work on righting yourself when that happens and keeping yourself upright afterward.

## Sprint kayaks

After you've learned how to use your first sprint kayak, you might want to look at a few more sprint kayaks. The reason for this is that after you've learned how to paddle a sprint kayak, you should be able to learn how to use another kayak that is better suited toward highlighting your own skills.

Jakob Jelling is the founder of <http://www.kayakhelp.com>. Please visit his complete kayaking guide for all skills and ages.

### **Inflatable kayaks**

**By Jakob Jelling**

#### **Inflatable kayaks by Jakob Jelling**

Inflatable kayaks: easy to use and light.

Inflatable kayaks are generally a lot sturdier than most people would imagine. Generally the mental image that comes to mind when "inflatable kayak" is said is one that looks like an inflatable toy. However, this is far from the case and in fact, some of these inflatable kayaks can even be used for whitewater touring.

There are a few benefits to inflatable kayaks that should probably be mentioned first, however. These benefits probably seem relatively straight-forward, but they are all reasons to get an inflatable kayak on their own. First of all, inflatable kayaks are probably the most buoyant of any type of kayak. This makes sense, since the kayak essentially consists of blown up inner compartments. If you're looking for a kayak that will more than likely stay upright, then this is probably the best option for you.

You should also consider just how easy it is to move around with inflatable kayaks in contrast to some of the other kayak types. First of all, most of the available kayaks that are made out of other materials are actually fairly heavy. There are a few exceptions, but for the most part, kayaks are at least a little bit heavy and you have to have the right rack on your car in order to travel with them.

One major advantage to the inflatable kayaks, however, is that they can easily be broken down and stored. All you have to do is deflate, fold, and pack your kayak up before you go anywhere. One disadvantage is that you'll have to inflate your kayak before you're ready to actually start paddling, but this is definitely a minor concern when you consider that you'll be able to bring your kayak on an airplane if you need to.

The last thing you should consider about inflatable kayaks is that it is much easier to store them – which may mean that they will last longer than a lot of the other kayak designs. After all, in order to store an inflatable kayak, you only need enough room to store the deflated kayak. For a regular type of kayak, you'd need to have enough room for the entire boat.

In short, if you're looking for a convenient, light, and easy to use kayak design, then inflatable kayaks are definitely the type for you.

Jakob Jelling is the founder of <http://www.kayakhelp.com>. Please visit his complete kayaking guide for all skills and ages.



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**