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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Staying On Budget - Package Vacations V Independent Travel**

**By Ken Snow**

When you have to travel on a budget, one of the biggest questions is whether it is best to plan each part of your trip independently, making separate airfare and hotel reservations, or to opt for a package deal where everything is included for one price.

Unfortunately, there isn't one easy answer to this dilemma, because it depends on where you want to go, and what deals are available at the time. For example, traveling to many of the European cities is often less costly to arrange yourself, especially in the off-season, when airlines are running specials on flights to Europe.

On the other hand, if you want to travel to an exotic place, like Egypt, Morocco, Kenya, South Africa, or Asia, it is often less expensive and easier when arranged by a package company or travel agent. This is due in part to travel agencies having special deals with the national airlines and resorts of these countries, and they are able to provide substantial discounts in exchange for a steady flow of business.

For example, last year I traveled solo to Egypt from New York for a grand total of \$1,100, including airfare, an excellent hotel, daily breakfast, airport transfers, and daily sightseeing tours, including guided tours of the pyramids of Giza and the Sphinx. This is a far better deal than I could have arranged on my own, since airfare alone would have cost over \$700. The secret of this great deal was the relationship of the tour operator with Egypt air and the hotel at which we stayed.

There are similarly great deals for many Asian locations, particularly India, China and Taiwan. Make sure to research the availability of these types of package deals when looking to travel abroad on a budget.

Solo travelers often have trouble getting the great deals on travel packages, since the required single increase can often make the deal not worth it. Don't despair; there are great deals out there if package deals are too expensive or aren't your thing, and it is often a better option, especially if you are traveling alone. One important tip is to find out exactly what is and isn't included in any package deal that you are considering. Most travel packages include optional excursions, which can add considerable expense, and blow your budget. Try to get a detailed daily schedule to make sure you

won't be on your own if you don't buy into the options. It's also a good idea to ask for a list of the optional outings available, including descriptions and costs, so that you can compare what the price would be to what you could arrange on your own.

If you are traveling alone, make sure you start planning ahead, especially when it comes to airfare arrangements. The important thing to remember is that there are only a certain number of first come, first serve seats the advertised low fares, and if you wait too long you won't get the lower rate. It is important to reserve your airfare and your lodging as early as possible to make sure you get the best available prices.

In the end, the decision whether to choose a package deal or independent travel an individual decision based on the traveler's situation. Make sure to carefully compare package prices with those for independently arranging travel to the same destination. And don't forget to take your own personal

travel style into account. Some people are more cut out for a packaged tour, particularly to an new destination, while others prefer the freedom from itineraries that independent travel offers.

Discover more about budget travel and discount vacation tips by visiting

<http://www.discover-budget-travel.info>

### **How to get the cheaper vacations!**

**By Cheryl Lester**

#### **How to get the cheaper vacations! by Cheryl Lester**

Did you know that even the best discount travel sites list prices high above wholesale? Because they need to make a profit, just like everyone else.

So how could you get prices this low, without being a reseller yourself? Without having to BUY the rights to these prices, meaning you pay money before you even buy anything? Travel Packages are quite often a viable answer. Many companies offer these packages at a low rate, offering you tons of vacations for less than the cost of one single trip.

But here's another problem – what if you don't like all of the vacations in the package? Most of them are not transferable. You could re-sell them on online auction sites or similar places, but the best solution is to read the fine print first. If you are going to buy a vacation or travel package, always read the details. They are few and far between, but you CAN find discount vacation packages in which everything is transferable. Meaning you're not paying for anything you don't want – you can give them away as gifts, sell them individually, or – if you own a business – use the unwanted trips as employee incentives. How would you like to get a luxury cruise just for being employee of the month? I know I would like that.

So, as you can see, it is NOT impossible to get cheap, or even FREE vacations. You just have to look! I've done some of the looking for you. Here is one package I purchased (I bought the Level II package) and have never looked back! Check out their website. <http://coastalvacations.f2g.net>

After working in the customer service and travel industries for quite some time, Cheryl has been able to gather a wide variety of insider knowledge. She now makes a living using her 10 years combined experience to do motivational and informative speaking.



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