

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Stop, Look, Listen! Steps to Better Parenting Communication

By Rachel Webb

Stop, Look, Listen! Steps to Better Parenting Communication

by: **Rachel Webb**

As a parent it seems that the majority of your day is spent trying to get your children to listen to what you are trying to teach them. Make them understand how to be a responsible child. Convince them to make the right choices. Kids call these lectures. Some parents call them friendly reminders or teaching opportunities.

Dean Rusks said, "One of the best ways to persuade others— is with your ears!" There are three steps that may help you to remember to use better listening skills can help you achieve more effective communication with your child. Just three small words. Stop. Look. Listen.

STOP what you are doing. Put your child on your lap or sit beside them so you are at their eye level. This tells your child that they are important and that they now have your full attention.

LOOK your child in the eye. Maintaining good eye contact during a conversation is a good way to recognize important non-verbal behavior. Your child's posture, body movements and gestures can tell parents a lot about how their child is feeling.

LISTEN and really hear what your child is saying. You can give your child clues that you are listening by nodding, smiling or raising your eyebrows. These kind of communication signals will encourage your child to open up to you and feel they are being understood.

Randall A. Wright gives a parenting test in his book Building Better Homes and Families. See how you rate.

Do You look at your children when listening to them?

Are you trying to understand how your children feel instead of thinking how you feel about what they are telling you?

Stop, Look, Listen! Steps to Better Parenting Communication

Do you raise your voice in anger at your children who interrupt you while on the phone or when you are visiting with guests in your home?

Do you listen patiently to all that your children have to say before you start talking?

Are you truly interested in what your children tell you?

Do you expect your children to stop what they are doing and listen when you need to tell them something?

Do you stop what you are doing when your children have something important to tell you?

Do you listen in a way that encourages your children to express their real feelings?

Do you listen with affection to your children?

Author Rachel Webb designs 100% Magnetic Fridge Calendars in order to Schedule Family First. 5 affordable designs made entirely out of heavy duty magnet

or

and mention this publication for a \$2 off Coupon!

Parenting Is Tough – Make It Easy

By Nadia Alvino

Parenting Is Tough – Make It Easy by Nadia Alvino

Raising children and being a good parent is tough, you need every bit of information that you can find to help you develop effective parenting techniques and to make parenting easier. You need a resource that contains parenting tips and advice that will help develop your parenting skills. I have produced a practical, high quality, professionally edited ebook titled " Parenting is Tough ! " that contains all the expert parenting advice that you will need to develop effective parenting skills. This ebook outlines many helpful parenting tips that will enable you to raise good, happy, confident and resilient kids. This easy to read ebook will teach you how to bond with your children and how together you can create a loving, happy relationship that will get stronger and stronger as your children become teenagers, young adults and then as they become parents themselves. More info on this ebook is available at: www.goodhappykids.com

I am an experienced child care professional, parenting consultant, author and pshychologist.

Related Content:

Read more Content at

Related Products:

: A genuine resource center for Quality Ebooks and Softwares



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!