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Summer Anti-Boredom List

By Deborah Shelton

Summer Anti-Boredom List

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Overcoming Boredom in Six Ways

By Etienne A. Gibbs, MSW, Management Consultant and Trainer

If this describes you, read on to learn six ways you can overcome boredom.

Remember: When you maximize your potential, everyone wins. When you don't, we all lose.

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