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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Sunless Tanning Lotions Avoid Cancer

By John Morris

For most Americans, having a pasty complexion isn't really all that appealing. Unlike other people

who want to be fair, a lot of Caucasians want to darken their complexion a bit through tanning. Unfortunately due to the harmful effects caused by the ultraviolet rays from the sun, it really isn't advisable anymore to stay under the heat for so long for that coveted golden tan. This is why a lot of people want to go through the healthier alternative which is with the aid of a tanning bed as well as tanning bed lotions. This type of self-tanning is often referred to as sunless tanning wherein you won't be relying on the sun's rays to darken your skin.

1. Tanning Procedure

– Lay on the tanning bed after applying tanning bed lotion – Don't stay on the tanning bed for too long, 30 to 45 minutes will do – No need to rotate – Reapply lotion to preserve your new golden brown color for around a week

2. Lotions

There are actually a lot of tanning bed lotions available in the market today. You can choose from all sorts of variants and brands depending on your natural skin tone. The type of shade that you wish to have and your tanning bed lotion budget. The Fiji Blend tanning bed lotions actually offer all sorts of tanning bed lotions that you might want to try and they are all available on the internet. Various online tanning bed lotion stores you can find all sorts of products from various tanning bed lotion manufacturers that may not be available to your local surf shop or beauty supplies store. It is highly recommended that you take some time out to check out these tanning bed lotion websites.

One of the popular tanning bed lotions that you can purchase either from the internet or at your local beauty supplies store is the Fiji Blend line of tanning bed lotions. The Fiji Blend line of tanning bed lotions boasts of being a staple in tanning salons and is highly recommended by tanning bed lotion users. Aside from being able to give you a smooth and even tan, the Fiji Blend tanning bed lotions will actually provide you with various other benefits for your skin such as anti-aging factors and moisturizing enhancers. This is a great plus for tanning bed lotion users as this will ensure you of a

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nice looking, healthy and even tan. Other tanning bed lotions, when not applied accordingly usually end up uneven and very unflattering.

3. Maintaining a Smooth, Even Tone

Even with the Fiji Blend tanning bed lotion variants, you need to be able to choose that one that is most appropriate to your skin tone, or else you might end up either looking too dark or half-baked. You need the right kind of tanning bed lotion that will give you that fresh from the beach look that most Caucasians are envious of. Also, the Fiji Blend line of tanning bed lotions are safe and easy to use and are comparatively affordable to the majority.

For more great tanning lotion related articles and resources check out

<http://suntan.skincarehq.com>

The Best Sunless Tanning Methods

By Paton Jackson

If you haven't noticed the summer is already here. Surprisingly, you don't have to wait for the summer for endless beach hours beating down on the sun rays. Sunless tanning also known as the indoor tanning is more popular and easy than ever and it is much safer than sun tanning. Here are 10 tips for sunless tanning:

1. Airbrush tanning - Airbrush tanning is a new and emerging sunless tanning method. Using a clear liquid containing dihydroxyacetone (DHA), you can get a golden tanned look for five to ten days. The ingredients of the airbrush tanning lotion are FDA approved and are considered safer than commercial tanning beds.

2. Tanning beds - Tanning beds and tanning booths actually imitate the sun. Tanning bed lamps use UV-B and UV-C rays to achieve the optimal tanning results. However, tanning bed lamps do not use UV-A rays which are considered harmful.

You will feel the tanning beds results after a couple of weeks.

You may go to a professional tanning salon and get the golden look at one of the commercial tanning beds (Wolff tanning beds are the best ones) or get your own home tanning bed. You can get a discount tanning bed in one of the wholesale home tanning beds shops. Yet, you must realize that maintaining a tanning bed is an expensive task - you will have to purchase tanning bed products like tanning bed lotions and tanning bed bulbs.

3. Tanning lotions - There is a wide variety of sunless tanning lotions. They are definitely the cheapest sunless tanning method. Nothing is easier than buying discount tanning lotions. However, most of them have uncertain efficiency. In most cases, the tanning lotions are made of vitamins, minerals and herbal ingredients.

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You may choose either one of the above sunless tanning methods. There is no reason for sun tanning nowadays. It takes too long and it is too risky.

Find the best sunless tanning method only on

<http://www.tigilet.com/c/Tanning.php>

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