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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Supreme Burgers

By News Canada

Supreme Burgers

by: **News Canada**

2 pounds ground chuck

1/2 teaspoon salt

1/2 teaspoon pepper

1/4 cup heavy cream

2 teaspoons vegetable oil

2 tablespoons shallots, minced

1 1/2 cups sliced fresh mushrooms

1/4 cup Jack Daniel's Whiskey

1/2 cup heavy cream

1 large tomato, chopped

2 tablespoons minced parsley

1/4 teaspoon basil

1 teaspoon salt

Makes 6 servings.

Supreme Burgers

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