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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Sweet Surrender

By Diane Harmony

"Thy Will (not mine) be done," when truly embraced, will create the opening for Spirit to reveal a realm of choices and opportunities impossible for us to know from our small, defended ego-driven selves. Here are a few testimonials from 5 GIFTS students:

- "By releasing the illusory idea that I control Life, I free myself to select from a multiplied number of choices which the Universe offers."
- "While I used to view surrender as an act of giving up, I now perceive it as an act of giving over."
- "It is a conscious choice to allow the power and presence of God to live Its life as me."
- "God would not want me to be something my heart did not want."

Imagine allowing the sweet Divine Presence within to live your life! Imagine the choices open to you then. Imagine the ease and grace of each moment of each day. Imagine the relief you would feel if you really knew that you aren't alone . . . that you don't have to do it all yourself . . . and that within you is a "Knower," guiding you, directing you, maintaining you and sustaining you. Imagine surrendering into that Wise, Holy Self. That is SWEET SURRENDER!

When we SURRENDER to the Power and Presence of God Within, the synonyms for SURRENDER take on a whole new meaning.

Yield: To SURRENDER is to yield to the flow of Life rather than oppose it.

Relinquish: To SURRENDER is to let go of resistance to accepting what is, to allow ourselves to choose differently.

Resign: To SURRENDER is to reassign our little selves to the service of our Holy Selves and to the guidance S/He offers. We are resigning ourselves to more of the Goodness of God.

Sweet Surrender

Submit: To SURRENDER is to submit our will to the Divine Will of God within us. We are submitting our inner ear to listening to the Still Small Voice that is forever offering Its inspiration to us.

In the words of a 5 GIFTS graduate,

Be sure to render it all to God . . . Sure to Render . . . Surrender.

When we give the GIFT of SURRENDER, it expresses in our lives as the quality of Trust. Usually we are called on to SURRENDER our way of believing and/or doing things when we are out of options and have nowhere else to turn. When the pain is too great, when what we've thought would work fails time after time, and when the resistance to change is so strong that our bodies are stiff and tight and our emotions are beyond frazzled, we find ourselves with no other choice than to give up and turn it over. To make that choice is to be at the headwaters of the River of Trust. Surrendering to the Power and Presence of God Within allows us to float freely on the Wisdom of the Holy Self, guided by the internal

voice of Intuition and powered by the winds of the Love of God, to the shores of infinite possibility.

I SURRENDER TO THE POWER AND PRESENCE OF GOD WITHIN ME!

Diane Harmony is in the business of personal and spiritual empowerment. She is an author, platform speaker, workshop/class teacher and facilitator, ordained Minister of Religious Science and guide on spiritual retreats. Diane has been published in Science of Mind Magazine, Awareness Magazine, Inner Visions Magazine, and Daily Guides of Prayer. She is the author of the award winning book, 5 GIFTS for an Abundant Life: Create a Consciousness of Wealth. A gifted teacher, Diane has taught over 40 prosperity classes to hundreds of students. In 2002, she succeeded in successfully creating an 8 week Prosperity Course entitled 5 GIFTS for an Abundant Life! Today, Diane is the leader of her own company, Universal Harmony Inc., whose vision is to empower the planet's population with the spiritual insight, knowledge and tools to live life in abundance, joy and peace. You can visit her web site at:

<http://www.5gifts.com>

Whole Life Insurance Advice - Important Whole Life Insurance Components

By Jessica Farrell

Not one of us is going to live forever. It's a fact that many of us don't want to think about; however, not thinking about it isn't going to make it any less painful when the day does come that we leave our family members and loved ones behind. Not only are we going to leave them with sadness, but we may also leave them with accumulated bills, including medical bills, as well as funeral costs.

Purchasing a life insurance policy will help ensure that our families and loved ones won't have to worry about any of the financial difficulties or strains that almost always arise in the even of death.

Purchasing a whole life insurance policy will take care of three important concerns: costs, coverage duration, and cash value. Below you'll find information and advice about these three whole life

insurance components.

Most whole life insurance policies have permanent, level premiums, so the earlier you purchase your whole life insurance policy the better. Your rates won't skyrocket as you get older.

Unlike term life insurance policies, whole life insurance policies cover you for life. Although term life insurance policies are ideal for people who only want coverage for a certain amount of time, with a whole life insurance policy you won't need to worry about your coverage coming to an end.

Also unlike term life insurance policies, whole life insurance policies accumulate cash value. You can receive these cash values if you ever decide to surrender your policy. You may also take a policy loan against these cash values at your insurance's current policy loan rate. It is important to remember that if you should surrender your policy or die while a loan is taken out, your cash value or death benefits will be decreased. The cash value accumulation component of whole life insurance policies might be the most popular feature as it acts as an investment component and can even provide you with financial security should you encounter an emergency.

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