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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

THE PRINCIPLES OF SUCCESS – THE WINNING MIND

By Craig Lock

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A few points to summarise this section...

- * Don't go for the "fast buck". Play the percentage game, rather than the flashy strokes. Aim for win-win situations (not win-lose).
 - * The key words are: drive, patience, energy, a 'can do' attitude, efficiency and mental toughness.
 - * Be willing to dare. 'Be bold and unseen forces come to your aid'that is one of my favourite quotations.
 - * Have energy, persistence, determination and singlemindedness.
- N.B:
INTEGRITY towards self and others is vital.
- * An expectation of success – think big, but take small steps along the way.
 - * Eagerness, enthusiasm and the ability to make things happen
 - * The ability to define targets and goals and have dreams
 - * Think creatively. This is the ability to see things differently to think new thoughts ("tink new torts").

In short,
DEVELOP YOUR THINKING SKILLS – ALL of them.

THE PRINCIPLES OF SUCCESS – THE WINNING MIND

Create and seize opportunities

Take action – successful people do not stand still and expect things to happen to them. Take one step; then the next step will follow naturally.

Define your targets and goals, also have dreams – big ones

No success comes without ACTION and hard work. Take one step then the next will follow naturally.

As the ancient Chinese philosopher said so wisely:

The journey of a thousand miles starts with a single step (and

not a broken fan belt and flat tyre)!

Enjoy your sport... and your work (if you are a "pro" – sounds "naughty" that!)

"It's the warmth you get in the fruit of your work or in the fruit of your efforts"

Diane von Furstenberg, founder of a fashion, beauty and a home building empire)

Success is a lifestyle which is normally desired to continue. There are always higher peaks to be conquered – in sport and in life.

So ask yourself,
WHY NOT ME?

GOOD LUCK IN CLIMBING YOUR PERSONAL "EVEREST".

Craig Lock <http://www.craiglock.com> The Winning Mind and Craig's other books are available at: <http://www.bridgeniche.com/CLOCK/zaniestbooks.htm>

Choosing A Forex Trading System - Part 2

By Tony Hosea

In the first part of our series - Choosing A Forex Trading System - Part1 we covered a few quick tips to get you a few steps closer to choosing the Forex trading system that's right for you.

THE PRINCIPLES OF SUCCESS – THE WINNING MIND

In Part2 we will take a look at a few other do's and don'ts for choosing a Forex trading system. With that in mind her is "don't" number 1.

1) Don't be overly impressed by a high percentage of winning trades

Often times you will see Forex trading systems advertising a high winning trade percentage. The ad might contain information a line like the following: "Over 90% Winning Trades"

You might look at that and say, "Wow, with numbers like that I'll be rich in no time!" Before you stop reading the ad to call your local real estate broker about buying that private island just realize that this one figure does not tell the whole story.

The fact is that most successful traders the world over have made their money with far smaller percentages of winners than many of the trading systems you will see advertised.

I would suspect that the reason the high winning percentages are advertised is to attract as many customers as possible. Many buyers believe that the closer the winning percentage is to 100% the closer the trading system is to being a "sure thing". In the trading world there is no such thing and you would be well advised to run as fast as you can away from anyone who tells you otherwise.

Here's a quick illustration of a losing trading system with a high percentage of winning trades:

Trading System A Performance

Number of trades = 1000 % of Winning trades = 92% % of Losing trades = 8% Average Winning trade = \$180 Average Losing Trade = -\$2100

That's just a quick illustration of how a Forex trading system can have a high percentage of winners and still lose money. We'll go into even more depth in the next part of our series as we continue to explore choosing a Forex trading system.

To Your Forex Trading Success!

Whether you're a beginner or a seasoned pro you'll discover the best Forex Broker tips, techniques and valuable resources and information at



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