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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

TODAY'S STAR POLISHING DAY

By Stephanie West Allen

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When You Wish Upon A Star

Aster means star. Dis-aster occurs when you don't honor your star.

Your star. That place in you that holds all your brilliant qualities, traits, and talents. You know when you are operating from your star. Your Fabulous Four -- health, wealth, relationships, and self-expression -- blaze with success and well-being. You know it when you are in your star-being and your star-doing.

Have you lost contact with your star? Not a good thing to do as you then court disaster. Where is your star hiding its light? Have you forgotten it into some black hole? Have you developed the habit of mediocrity? A routine of ordinariness? Have you obfuscated it into fuzziness?

Dust off and propel your pulsar. Quicken that inner quasar. The world wants to see your radiance. When we shine as stars, we let other people know their dreams can come true, too. People can make wishes on your star.

Star Light, Star Bright, First Star I Recall Tonight

Your star never burns out. It may burn dull. Be very still and you can feel it. Recall all the good things you have done and your star will come out -- even in the darkest night. Some of us are very hard on ourselves and our star then fades. Don't

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do that. Sing your song, climb to your summit. No more dis-aster for you, right?

All of us can remember a few shining moments in our lives. Focus your full attention on those moments and your star will begin to vibrate and resonate with those memories. And then it will shine again, giving to you and those in your life many astronomical gifts.

Be kind-hearted and star-hearted with yourself.

And Today . . .

Buy a box of tiny stars. Remember those little stars? The kind that look like shiny foil and stick to things. They are very small, smaller than a coin. Perhaps your teachers used them back in school to reward accomplishments. Buy a box of gold stars. Or maybe a box of multi-colored stars. Armed with your stars?

Every hour today (yes, every sixty minutes), write down something you have done during that hour that sprang from your star-being or your star-doing. Next to what you have written, give yourself a star from your box of small stars -- symbolizing and honoring your big STAR. By the close of the day, your star will be shining brighter and more brilliantly.

Review your star log as you end the day. Wear a dazzling smile as you do so. Dis-aster is gone. A star is born.

Stephanie West Allen, JD, is the author of 24 7 This! The Merry Method To Accelerate Success. Excerpts at <http://www.allen-nichols.com/success.cfm> She coaches people in using the two MerryMaxims, WYTUG (What You Think Upon Grows) and LULU (Loosen Up, Lighten Up), to achieve health, wealth, creativity, and harmonized relationships. Contact her at <mailto:Stephanie@allen-nichols.com>

Star Sapphire Diffused, Information And Facts

By www.kaisilver.com

Diffused Star Sapphire, Is This A Real Sapphire?

This is a most commonly asked question relating to the diffused star sapphire. We will answer this question right away, before going into details of the diffusion process. The gemstone used to make a

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diffused star sapphire is a sapphire. The diffusion process is done on the surface of the sapphire gemstone and could extend to around a millimeter into the gemstone. The process is done to create the star effect on the gemstone and the gemstone is then called a diffused star sapphire.

The sapphire gemstone is extremely hard and measures 9 on the Moh's scale of hardness. The hardness of the gemstone is not affected by the diffusion process and the gemstone therefore retains it's originally physically properties.

A sapphire that has been made into a diffused star sapphire cannot be polished or recut for the second time. The reason is quite simple, the diffusion treatment is done only on the surface and extends into the gemstone for a very small depth. Polishing or recutting would take off this surface treatment and cannot therefore be done. There is good news though, most buyers never repolish or recut the gemstones that are set in jewelry. This is specially true of sapphires which are extremely hard and scratch resistant gemstones. Given this fact, the diffused star sapphire gemstone is a good and reasonably priced gemstone.

Diffused star sapphires can be had in fairly large sizes of 10x8mm oval, 12x10mm oval and even 14x12mm oval. They are always smooth cabachon cut gemstones without facets. Given the large sizes in which diffused star sapphires are available, these gemstones are used to make spectacular male rings in gold and sterling silver.

You can read a complete report on the diffused star sapphire gemstone and also see a very sturdy and big diffused star sapphire men's ring at this link:

We will be back with more interesting and useful information on jewelry and gemstones.

Thanks and God Bless.

Ms.Tuk

Ms.Tuk is senior executive at

the world's leading online provider of high end

custom jewelry. All jewelry can be ordered in white or yellow gold and with gemstones of your choice. You can even send us images of your favourite designs for us to custom make.

Star Sapphire Diffused, Information And Facts
The Power Of The Grinding Tools
Internet 101: Hitch Your Wagon to a Star for Internet Success!
Star Maps
A Simple Car Cleaning Guide

The Power Of Laughter

Profitable Puppets
Name Branding Syndicator
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Your Own Article Directory



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