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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Take A Phone Card**

**By Analeese Burnabaker**

Before you head off to your first or next traveling adventure, make sure your list of things to bring is

not missing anything important. Of course you have remembered to pack changes of clothing, a second pair of shoes, and some extra money, but have you thought to include a phone card as you begin your trip? Unless you have the privilege of carrying a cellular phone that works internationally, a phone card should be at the top of your list of things to get. Many people forget to take a phone card on their journey because they are so used to just flipping open their cellular phone anytime they need to make a call.

Having a phone card is necessary for people traveling to any part of the world. Whether you will visit the most developed cities in Europe or the most undeveloped cities in South Asia, taking a phone card is a precaution no one can afford not to do. Most places in the world have calling centers that allow people to make domestic and international calls, however many of these places charge you much higher prices to make international calls than a phone card does. You can never be sure when a calling center will require callers to supply their own phone card for calls.

Even though many people travel the world to get away from family, friends, and work responsibilities, no one can know when an emergency that requires instant communication with the people back home will be required. Carrying an international phone card is a simple and easy way to be prepared for any emergency situation that might arise on your trip.

Taking a phone card on your trip is easy enough that there should be no excuse not to. Purchasing a phone card is as easy as stopping into most grocery stores, gas stations or convenience stores. A phone card can be purchased in a moment and at a relatively inexpensive price. You can buy a phone card and still have plenty of money to use on your trip.

The best reason to get a phone card before your next trip is that there is no good reason not to. There are few things as simple and inexpensive to buy and there are even fewer things that will come in handy during an emergency than an international phone card. Stop making excuses and get a phone card for your next trip today.

## Take A Phone Card

Analeese Burnabaker has authored several articles on simple things like phone cards that makes life a whole lot easier. Learn more about the benefits of a phone card at

<http://www.coolphonecard.info>

### **Prepaid Phone Cards Will Save You Money On All Your Long Distance Calls**

**By Mike Yeager**

If you make a lot of long distance phone calls, you may find that you can save money by doing what many people are doing: taking advantage of prepaid phone cards. Prepaid phone cards can be used to call just about any country in the world. Prepaid phone cards are plastic cards that allow you to pay for your long distance needs in advance. The cost per minute is much less than calling from a: hotel, airport or conventional pay phone.

Prepaid Phone Cards for domestic and international calling.

One of the great features of Prepaid phone cards you don't get any monthly bills. The other benefit of prepaid phone cards is that you can budget your long distance calling. Unlike regular phone cards where you are charged a connection fee as high as 80 cents a minute for every call you make, prepaid phone card has no hidden fees associated with it.

A pre-paid phone card is a card you purchase (for a set price) and use to make long distance phone calls. These cards are usually sold in dollar amounts or by number of minutes.

Many people use a pre-paid phone card because of the card's convenience – it can be used anywhere and, since you pay in advance, there is no bill. Pre-paid phone cards are popular among travelers, students, people who frequently call overseas, and those who haven't selected a long-distance service.

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Prepaid Phone Cards Will Save You Money On All Your Long Distance Calls  
Saving Money By Using a Calling Card  
Choosing Calling cards – Points to be Careful  
10 Tips To Prevent Credit Card Fraud  
Credit Card Fraud

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