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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Take A San Diego Vacation

By Robert Forre

If you're planning a vacation to California, you should really consider the San Diego area. There is

multitude of activities and sights to see; you probably won't have enough time to do it all! To make your San Diego vacation is one to remember, be sure to start plenty ahead of time. It's possible to purchase tickets online for such attractions as Sea World and the San Diego Zoo, which are usually available at a discount when purchasing in advance. There is something for everyone, depending on what you have in mind. Torrey Pines State Park offers room to run with viewing of wild rare birds and a stately abundance of pine trees, which of course, gives the historic park its name.

With such a wide variety of activities, events, restaurants, and lodging, you can plan your trip on a budget or spend lavishly, whichever you prefer. Such historic sites as the Hotel del Coronado, offer upscale shopping, dining, and informative tours as well as fine overnight accommodations. Many festive occasions take place at this ocean side historic landmark; grand weddings being the most popular. There are many family friendly activities also available, such as bike rentals, swimming, and sand toys to rent. This grand old hotel is also rumored to be haunted, something for those who enjoy the paranormal!

The San Diego Zoo is one of the most popular attractions. It is considered to be America's best, and one of the most famous zoos also, with many of the rarest animals on display. According to Frommer's, a well respected travel publication, the zoo serves as residence to over 4,000 different creatures and is operated by the Zoological Society of San Diego. Plan on spending a whole day and then some meandering through the many paved walkways of the park, or you can take the popular tramway for a wonder aerial overview. There can sometimes be a wait for some of the zoos newest and most popular exhibits, but all well worth it! Bring your camera and take lots of pictures, the animals love the attention!

Another must see attraction is Sea World, home of Shamu and as of December, 2004, Baby Shamu, the killer whales. These spectacular creatures put on shows daily exhibiting their unique relationships and many talents. Watch out for the big splash if you're sitting in the front rows! Brrrrr! When the killer whales make their dives, they splash chilly 55 degree salt water on the closest fans; an exciting, wet experience!

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Where ever you stay, or what attractions you see, you won't be disappointed by the over abundance of things to do or experience in San Diego. Fine dining on the wharf, or shopping in Gaslamp Quarter, the possibilities are endless. Bring the kids or leave them with the grandparents for a romantic trip for two, you can't go wrong!

Rob Forre is a featured writer for

<http://california-real-estate-central.com>

. To learn more about taking a

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Welcome to Paradise in America's Finest City, San Diego

By Barry Berndes

Welcome to Paradise in America's Finest City, San Diego by Barry Berndes

San Diego is a fabulous place to live, work and play. Yes, San Diego has the best of everything. It has over 50 miles of beautiful beaches and bays, which are an invitation to explore.

San Diego is also home to a casual California lifestyle, which is a result of its wonderful, warm, year-round weather. In fact, the National Weather Service describes San Diego's climate as being the most ideal in America.

Yes, San Diego has a big population. In fact, it's the seventh largest city in the nation and the second largest in the state, but it has a small town mentality. Most of its residents are happy-go-lucky people, who are delighted to live in beautiful San Diego. This happy feeling is reflected in the friendliness of its residents. It's all here in San Diego and a whole lot more.

....to be continued...

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