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Taking Care Your House Plants During Winter

By Mary Williams

Many people do not know that plants need a special care during the winter. How can you tell that it is time? One touch of your fingers to that window glass will tell you just how cold it is outside. If your house plant lives in a sunny window, you may want to move it 6" from the window. Any leaves in constant contact with that cold will not do well at all. Your house plants can be decimated by a cold draft as well.

Moreover, your indoor air becomes dry in the winter from running your heater. Doesn't your own skin feel a little dry? The answer is not to water more often although you may need to do that also. The real answer is to mist the plant at least once a day. It is important that your house plant leaves are clean.

You are better dust the leaves before you start misting those plants. Plants breathe through their leaves and a layer of dust can be suffocating. Plants really should have their leaves dusted at least once a week. Smooth leaves can be dusted with a soft cloth – no furniture polish please. Fuzzy leaves such as the African violet can be dusted with a small paint brush.

Hanging plants like the beautiful Spider do well with a monthly shower to clean their leaves. Make sure you use a gentle spray of water. Philodendron leaves can be cleaned with a solution of milk and water – very light on the milk. It will make the leaves shine.

If you have the space try putting a layer of rock in a pan – an old cake pan or pizza pan – fill the pan with water and set your house plants on top of the rocks. Instant humidity. If you don't have space for a pan, set out some decorative vases filled with water. You may just find that your own skin is feeling a little less dry.

It is better to check the light your house plant is receiving. Days are shorter and you may need to supplement with artificial light if your plants are looking a little sad.

There should be a resting period for your plants as all plants need it. So you should stop the fertilizer for a couple of months. Trim off any yellowing leaves.

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In summary, in house plants different from outside plants will mainly get an impact from dirt.

Mary Williams maintains many websites about home decoration, including

<http://www.windowtintsecrets.info>

and

<http://www.windowtintingsecrets.info>

. Find more interesting

articles and links about home decoration in her Websites.

The Benefits Of House Plants

By Jena Luthovski

Whether you live in a city apartment with no space for an outdoor garden, or just want to bring some of the outdoors in, house plants can be a great addition to any home. They are beneficial for your health, can be bought in styles to fit your décor, and generally make your home more pleasant. Read on to learn about all that house plants can do for you.

Many people know that plants give off oxygen. Their respiration is the opposite of us humans, making for a great symbiotic relationship. When humans breathe in, they are supplying their bodies with the oxygen they need to metabolize food, using energy. When they breathe out, they give off carbon dioxide. When plants "breathe" in, they absorb carbon dioxide and give off oxygen. Research has shown though, that not only do house plants absorb carbon dioxide, they can also absorb other pollutants from the air, such as smoke and chemical fumes given off by plastics, hygiene products, and office machinery. Plus, they're much more attractive than those noisy air purification machines. One small study even showed that students pay more attention and are more eager to learn in classrooms that have house plants. Both the presence of and the act of tending to house plants appear to have calming effects on people.

Having green and other colored plants in your home or office can brighten up gray and dark winter days. If you're an avid gardener, house plants mean that you can exercise your green thumb all year long, even when the ground outside is frozen. Sometimes you can extend the life of your outdoor plants by bringing them inside during the winter. You can also get a jump start on the spring growing season by starting seeds or forcing bulbs indoors.

Which plants to choose? As you would when selecting plants for the outside, you need to take into consideration your home's unique environment. Do you have a lot of light, or not very much? Do you keep your house very cool or do you like it warmer? What about the humidity in your house? Properly assessing these conditions will help guide your selection to the best house plants for you. Some plants need more maintenance than others, so if you like the greenery, but don't really want to do much work,

make sure you get a low maintenance plant.

Jena Luthowski writes about

<http://www.HomeGardenCoupons.com/>

,

<http://www.homegardencoupons.com/Categories/Bean%20Seed.html>

and

<http://www.SimplyBestCoupons.com>



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