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Ten Essentials Tips to Make Great College Care Packages

By Cheryl Scordato

Mom never needs to shout how much she cares about her kids. Universally moms remain the same

even though the kids grow into men, real heroes of the country. Those are the lucky mothers who can see her kid growing in front of her eyes, people say.

But we know what a mom suffers while living without her college-going growing child. Month after month passes without a visit.

The conditions of her children are also pathetic. Even pressure of studies cannot make them forget mom's simple caring identity, attitude, little smiles around, her touch, delicacy of home made fresh cookies, the way she embraced her kids, the most pleasant gifts particularly from mom in those special childhood days and all the great things that mom always made sure they had.

But at any cost they must grow into real men.

Home made delicacies are replaced by junk foods; mother's caring hands are replaced by work schedules and routines; the faith that mom will pull me out changes into loneliness at the end of the day; story telling nights are already changed into a sleepless one. Mom is there but miles and miles away. Her speechless, unutterable feelings thrive for ways of expression.

Psychologists say, this creates a never manageable gap in the sweetest relationship in earth.

But how does a mom cope up with child's ever new cultural identities? How does she decide the best gift for her child! How does she identify with the changing age and need of her child! Here are a few suggestions from a specialist, a mom in her personal life, whose only son is studying far away from home.

Primary stage:

- 1) Try to identify yourself as a mom.
- 2) Try to remember which of your motherly affections his or her most favorite was.
- 3) Identify the Man or the Lady in your grown up kids.

Next stage:

- 4) Try to be simple while selecting articles for care packages.

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- 5) Maintain a balance between his or her needs and your desires.
- 6) Fill the most part of the care packages for your college going child with nonperishable food / food products (NB. No junk food.)
- 7) Send some smiling photographs of family members including pets with cards and letters with the care package.
- 8) While adding other articles take care of the minute details like the brands he or she liked, needs, which article of the last care package they appreciated most
- 9) Remember their special days like birthday, exams, etc. and select items accordingly with proper emphasis. Make the care package fun-packed.

Final stage:

10) send the packages regularly. Select the proper shipment settlement so that the care packages for your college going children reach them in time and FRESH.

This list of suggestions is not complete in itself. This is only the tip of the iceberg and you will need to cross hundreds of really difficult hurdles like, shop to shop marketing (really a time consuming affair), proper creative and attractive packing, on time shipment (also making sure that the care package is delivered on time and to the proper person), etc.

It is a fact that making and delivery of such care packages on a regular basis to your college going student will make you appoint some body else to take care of your health, leave alone the time factor. But don't worry; there are organizations to take professional as well as personal care of your needs on line, for example, www.from-mom.com.

They have a great variety of packages like

college" target="_blank"><http://www.from-mom.com>>

college

care packages. They specialize in home made cookies that they ship within 24 hours of making. You can customize your college care package depending on your needs and special occasions and thus make your affections get sprinkled all over it. www.from-mom.com is operated by a family.

Their care packages are designed for college students by college students under affectionate vigilance of moms like you.

Their motto is **NO VENDING MACHINE JUNK FOOD, NO FLUFFY BOWS, JUST AWESOME FOOD**. They also have a Care Package of the Month Club along with other bigger attractions. www.from-mom.com care packages are a great way to raise funds for student and parent organizations.

Cheryl Scordato is the owner of

<http://www.from-mom.com>

i;½ – offers

college care packages

with

awesome food and beverages that college students love.

Back to School Care Packages!

By Lee Mellott

I am crying tears of joy mixed with great sadness as my oldest daughter prepares for her freshman year of college at the University of Maryland in the fall. She has already told me I am to send care packages.

So it was neat to receive a school sponsored offer in the mail "aiming for 100% participation" for the care packages they were selling! What could be more fun for her and easier for me than ready-made packages with my "personal, handwritten note" delivered directly to her dorm.

At least that was what I was thinking until I read the details on the "favorite with student" goodie boxes - the more boxes you buy the better the value. The Welcome Package includes Nerds candies, strawberry twizzlers, fruit candies, potato chips, caramels, Laffy Taffy, atomic fireball candies, Tootsie pops, peanut chews, toffee popcorn, chewy fruit gems etc. Oh yeah there is a mini sports bottle, stationary set and sewing kit in there too.

With the exception of the first package, none of the other boxes contained anything but candy, munchies and other faux goodies, except the Halloween one which boasted a bendable skeleton and a plastic spider friend!

So mom will be making and sending her own care packages! If you have a child going off to boarding school or college, it's easy to make and fill care packages - and certainly more personal.

Students will always enjoy food. So you may want to include some food items they can't find easily on campus or healthy items that you bake. If you are sending perishables wait until the weather is cool. Goods will easily spoil in hot weather. Cookies can be baked, layered on sheets of wax paper and place in a cardboard gift box (like the inexpensive Xmas boxes). Place this box inside a sturdier heavy duty cardboard box, add padding and your other items. Your student may enjoy baked chips, granola bars, nuts, and other tasty items that won't spoil easily.

Tuck in extras like a first aid kit, sewing notions, tea bags, good coffee, a thesaurus, gift certificate to online vendors like Amazon, or to local shops and restaurants, greetings from the family, CD's, stamps, stationary, phone card, mug, oversized tees, etc. personalize it to your student's interests.

Pack everything carefully being sure to tape down the caps of any lotions you are including to make

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them leak proof. Be sure you have plenty of padding in the box. Have UPS pick it up at your door by calling their direct 800 number or take it to UPS or to the Post Office.

That's the kind of package that shows you really care!

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She holds a Masters degree in Education from Hood College. Born in England, she spent most of her childhood in France and Germany. Lee resides with her husband Rusty and their two daughters Katie and Jessica in Maryland.

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