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**Ten Tips To Help Keep Your Baby Safe In Their Crib**

**By Donna Rivera-Loudon**

According to the Consumer Product Safety Commission more infants die every year in accidents

involving cribs than with any other nursery product. In addition, thousands of infants are injured seriously enough to require hospital treatment. Below are a few crib safety tips. This safety list is by no means complete, but it is a good place to start. Safety Tip One:

Put your baby to sleep on his or her back in a crib on a firm, flat mattress. Make sure there is no soft bedding underneath your baby. This will help reduce the risk of Sudden Infant Death Syndrome and prevent suffocation.

Safety Tip Two:

Never place your infant to sleep on an adult bed, water bed, or bunk bed. Babies up to 18 months can suffocate in their sleep when their bodies or faces become wedged between the mattress and bed frame or the mattress and wall.

Safety Tip Three:

Never put a crib, child bed, or furniture near window blinds or drapery. Children can strangle on window cords or fall through screens. If local fire codes permit window guards, install them. Make sure all drapery or window blind cords are out of a child's reach. CPSC receives numerous reports of strangulation deaths on window blind cords. To keep cords out of reach of children, use tie-down devices, or take the cord loop and cut it in half to make two separate cords. Consumers can call 800-506-4634 or visit [windowcoverings.org/20.html](http://windowcoverings.org/20.html) to get free repair kits.

Safety Tip Four:

Never use strings to hang any object, such as a mobile or a toy or a diaper bag, on or near the crib where a child could become caught in it and strangle. If you have toys with cords or elastic for hanging, cut the strings/cords off.

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### Safety Tip Five:

To prevent strangulation, never tie pacifiers/teethers around your child's neck. Remove bibs and necklaces whenever you put your baby in crib or playpen.

### Safety Tip Six:

Always lock the side rail in its raised position whenever you place your child in the crib. As soon as your child can stand up, adjust the mattress to its lowest position and remove the bumper pads. Also, remove any large toys — an active toddler will use anything for climbing out of the crib.

### Safety Tip Seven:

When your child reaches 35 inches (890 mm) in height, he/she has outgrown the crib and should sleep in a bed.

### Safety Tip Eight:

Never use plastic bags as mattress covers. The plastic film may cause suffocation.

### Safety Tip Nine:

Check all crib hardware; tighten all nuts, bolts, and screws frequently. After a crib is moved, be sure all mattress support hangers are secure. Check hooks regularly to be sure none are broken or bent. Open hooks may allow the mattress to fall.

### Safety Tip Ten:

Secure bumper pads around the entire crib and snap or tie in place at least in each corner, in the middle of each long side, and on both the top and the bottom edges. Cut off any excess string length.

I hope that sharing these tips with you will share a child's life. Please share this information with anyone who have a baby. This above information comes straight from the Consumer Product Safety Commission. They put out a brochure on baby safety that all parents should read.

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## **Convertible Baby Cribs: Why Should You Buy One?**

**By Michelle Winters**

Your new baby is definitely going to need a new crib, right? If you have already started to purchasing one, you must be thinking of buying the best for your child simply because you are a loving parent. The crib is going to be the baby's furniture for a little while, now that he or she is on the way, or already born, and you cannot make a wrong choice.

The convertible baby crib is the right choice for you. It might be a revelation to any new parent when he or she is trying to settle in for a crib. Convertible cribs are ideal for the fast growing baby. These cribs come at a higher price than ordinary ones because of a few specialties that they possess. Read on to know what are the reasons:

1. Convertible baby cribs last longer than any ordinary crib. They can also be put up as bed for toddlers. So the cribs will have a utility even when the baby is within four years of age. That comes to four years of long-term service to you at minimum. Further, some cribs can be transformed into full size beds for grown-ups. So when your baby is on the threshold of teens he still can make use of the convertible crib. It can be handy to use for yourself also.
2. It can be used with convenience. The majority of convertible baby cribs possesses a one hand drop and lift side system that facilitates you to keep the baby down without any effort. As per the requirements of the baby, its mattresses can also be kept up or placed down.
3. Convertible baby cribs can perform a number of functions. Many of them have attached with them a drawer below it to keep a small store of baby products. Hence, it enables you to spend not any more on other furniture that you may have needed for your cute little baby.
4. They are also economical. Even for the toddler's bed or as a bed for an adult, the crib makes use of the same mattress. So it saves your money because you will not need to buy a bed in the coming days with the growth of the baby. Or may be never.
5. The convertible baby cribs are safe. They follow the safety guidelines laid down by the law. It is important to meet the regulations. What is more, some convertible cribs go even beyond the set standards and takes more care to be baby-friendly. And taking care of the baby is the primary factor.

It is important for the baby to get good sleep for its growth. During the day also the infant goes to sleep. Needless to say a safe, economical and comfortable crib would answer the call. A convertible crib is the thing you need for ensuring a happy sleep for your baby.

There is no denying the fact that you will find cheaper and as simple to use baby cribs if you look in the

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market, but a convertible crib of course has its own advantages that cannot be overlooked. They have a lengthy life span and would be with you for a long time to come.

Michelle Winters is a traveling nurse and mother. See more articles at

<http://www.babytrends.info>



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