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Impair Healthy Healing In People Over The Age Of 30!

The 4 Secrets to Communication Magic

By Peter Murphy

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1 Listen effectively

How many people do you know who truly listen to every word you say? Think about the people you enjoy being with the most. Isn't it true they really pay close attention to you when you have something important to say?

It's a shame but very few people care enough to really listen attentively to the people in their life. They get so busy and caught up in their own problems that they are rarely completely present for anyone.

When you develop superior listening skills you will be head and shoulders above most other people who know better but still don't listen.

Being a great listener is a sure fire way to make new friends, to make people feel deeply appreciated and to build deep rapport grounded in mutual trust and respect.

2 Know your purpose

Quality communication requires you to know not only what you want to discuss but also why you want to talk about that topic. A clear and definite sense of purpose will guide you and help you to be flexible in your approach.

Mediocre and poor standards of communication share a lack of purpose that destroys any potential for meaningful effective communication.

You need a clear sense of purpose to ensure you persist and maintain flexibility when the dialogue goes off track. It is far too easy to let the conversation drift unless you hold in mind your purpose.

The 4 Secrets to Communication Magic

Your purpose might be to win acceptance of an idea, to get a friend to do something for you or it might be to arrange a family day out.

Whatever the nature of the discussion unless you know your purpose you are unlikely to achieve what you set out to get done.

3 Share your insights and opinions

You are a unique individual with interesting personal viewpoints and a perspective all of your own. You must have the courage to express yourself as you are to truly be effective.

The world does not need another clone of someone else. Sing your song or the whole world misses out on your special sound.

The confidence to be yourself can be developed quickly and easily with the right guidance and appropriate strategies.

And it is essential that you do so right away. It is far too easy to let another week, month or year slip by without any noticeable improvement in your life.

Decide to share more of yourself and make a point of letting others know what you think and feel. Do so with rapport and you may well find that people are very interested to hear what you have to say.

4 Make sure you have a common understanding

High quality communication is characterized by an ongoing dialogue that is punctuated by checks for understanding by all parties to the conversation.

Each person must check that everyone involved is singing off the same hymn sheet or else the potential for misunderstanding and confusion is huge.

The failure to check assumptions are valid and that the other people present know what you mean takes skill and constant attention to both verbal and non verbal cues.

In many ways a free flowing conversation is very much like driving a car. Unless you are watching for feedback and aware of what is going on you will not be able to steer the conversation and keep it on track.

Peter Murphy is a peak performance expert. He recently produced a very popular free report: 10 Simple Steps to Developing Communication Confidence. This report reveals the secret strategies all high achievers use to communicate with charm and impact. Apply now because it is available for a limited time only at:

<http://www.conversationtalk.com/>

Magical Dolphins Ans Surfing Cats

By Lani Lowell

Hawaiian Children's Books celebrate the magic experienced by the keikis(children) of Hawaii. Hawaiian Surf and Dolphin Magic is the newest original Hawaiian Children's book for adults and children alikw who are enchanted by the natural magic of Hawaii.

Magic Dolphins can be real or imaginary– both "species " enchant humans who are sensitive and open to the Magic dolphin's loving vibrations. Many of the Magic Dolphin teachings are revealed in the Hawaiian Children's book series, beginning with Hawaiian Surf and Dolphin Magic.

Hawaiian Surfing is quite different from surfing and bodysurfing anywhere else in the world. Hawaiian Surfing has a special magic to it as it is the place where the art and sport of surfing began. Nalu is the word for Hawaiian Surfing.This word holds the secrets of meditation; the secrets to the magic of Hawaiian Surfing. Order Secrets of a Kahuna Bodysurfer:A Spiritual Adventure Guide Book and Cards by Lani E.Lowell to learn more about Hawaiian Surfing.

Kauai's Magical Secrets are expeined strongly by those who visit it's magical shores from around the globe. The profound secrets are now exquisitively captured in a wonderous book series by author Lani E. Lowell. Now Kauai's Magical Secrets can be revealed and experienced anywhere in the world.

Lani Lowell is an author of children's books and a spiritual counselor/astrologer.

<http://www.xlibris.com/HawaiianSurfandDolphinMagic.html>

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