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**The 7 Feng Shui Fundamentals for Children's Bedrooms**

**By Kathryn Weber**

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Feng shui is a very popular and intriguing concept in home design today. In addition to the life benefits it provides, it also offers a roadmap, so to speak, of not just how to decorate... but why. In short, it offers you, the homeowner, design with purpose. For a child's room this purposeful design is especially important.

Feng shui gives parents a guide for decorating your children's bedrooms, and perhaps more importantly, a reason for adding particular elements -- something standard decorating practices don't always offer. What does that mean exactly? Well, when it comes to a child's bedroom, feng shui dictates everything from correct bed alignment, proper bedroom choice, essential decorating and design elements, i.e., do's and don'ts (no vicious animals, etc.) for a child's room, even how to influence the child to be studious and well-behaved -- all things most parents would appreciate knowing.

The purpose of feng shui in a child's bedroom is the same as every parent's objective in decorating their children's rooms: to create a healthy, happy environment that fosters education, good health, happy relationships with parents and siblings, and respect for parents. Children and parents can enjoy success and healthy relationships if the environment supports them.

Naturally, children must feel safe, secure, and cared for to thrive. By putting interest and effort into your child's room, you are showing your child that you believe the child's space, and therefore, your child, is important. The tips presented here are some of the fundamentals of feng shui for children.

1. Place a happy picture of the parents in the children's rooms.

This subtly exerts the authority and prominence of the parents as heads of the household. It is also one of the quickest and most effective ways to bring a problem child into line.

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### 2. Align the child's bed to the widest part of the room.

Make sure your child can see the door from his or her bed easily, but is not in direct line of the door. Your child should also not share a wall with a toilet or see a toilet or bathroom from the bed as this can cause health problems.

Bunk beds are not advised. If possible, try to have a separate bedroom for each child. If this isn't possible, there are lots of decorative ways to create division and privacy within a room.

### 3. Create a space for study and accomplishments.

Having a dedicated space, including a desk and lamp where your child can study, demonstrates to your child the importance you place on education and your child's educational achievement. If this has been a source of problems, make the study position in the NE corner of the bedroom. Also make a place on a south wall, if possible, of your child's accomplishments. Doing so reinforces that you are proud of your child's efforts. Display drawings, crafts, awards, trophies, ribbons, or other special items, such as tests with good scores or letters from teachers. Place items here that have brought special

recognition.

4. Make the child's room a healthy place. Water pictures, aquariums, or sounds of water that can be heard from the bedroom can create an unhealthy environment and may even lead to respiratory ailments. This is especially important if the child has any health problems, particularly asthma.

### 5. Clear the space so your child can rest and be creative.

Jammed closets and drawers, beds with boxes, shoes and other items underneath must be cleaned out. Creating space and visual openness helps your child to feel less pressured, and more likely to be imaginative and creative. More is definitely not "more" when it comes to kids. Give them a visual rest and clear out all the stuff they haven't played with in a month or more.

### 6. Use light, color, and artwork in the room to make a happy environment.

A child's room should stimulate, not dampen, the child's spirit. Make sure there is adequate lighting for the desk, for a bedside table, and that windows can be closed off for privacy.

Rooms that are painted blue (unless it's a bright or light-colored shade) or other dark colors can be depressing and create too much oppressive energy. Bright colors, such as yellows, light greens, purples and pinks are good choices, with yellow being the optimal choice.

Monitor the images your child sees being certain to eliminate images of ferocious or dangerous animals or violence. These are poor symbols for making a child feel safe in the bedroom. Select items for the room that inspire and intrigue a child to learn and that foster his or her sense of security.

### 7. Position children in the correct bedroom locations.

If possible, boys should be placed in the east or north bedrooms and girls should be placed in the south or southeast or west bedrooms.

Kathryn Weber is a certified master practitioner in feng shui and the publisher of The Red Lotus Letter,

a FREE weekly feng shui ezine. Subscribe by logging on to

. Her articles have

been featured in Seventeen Magazine, Indy Star newspaper, and

, among others.

### **What To Expect From A Feng Shui Consultation**

**By Jakob Jelling**

If you are wishing to harmonize or balance your house or any other environment according to feng shui, the ideal way to do so is through a feng shui consultation. A feng shui consultation would provide you the right and proper guidance for you to successfully achieve your goal.

Before you go to a feng shui consultation, it is important that you pay attention to choosing a good consultant. You should try to find out one who has experience and demonstrated knowledge. As with everything else, there are real feng shui consultants, who care for what they do, as well as there are others who do not. But you can easily check on this by asking him some references on where he learned and about past work.

A feng shui consultation may vary according to each different person and the way they like to work, but most of them would follow some general aspects in common. And, ideally, they should allow you to understand what they are talking about and what they are based on to give you a specific orientation.

Most of the times, a proper feng shui consultation would take the consultant to go to the place which must be harmonized. Sometimes a video of the place can be very helpful as well, but a proper feng shui consultation takes the consultant to be able to see the place before he can give certain advice.

A feng shui consultation could go through different stages. First, you may approach the consultant at his work office and let him know your general ideas. Then, he might ask you to give him a video of the space for which you are consulting him. Once he has the video, he can provide you with specific guidelines on what to do. And then, or instead of the last step, there would be a feng shui consultation stage done in the space itself.

The best advice you can receive from a feng shui consultation is based on accurate information. And, by allowing the consultant to actually see the place you would be able to receive the most accurate information and guidance possible.

Jakob Jelling is the founder of

. Please visit his website and learn all the

feng shui tips you'll ever need!

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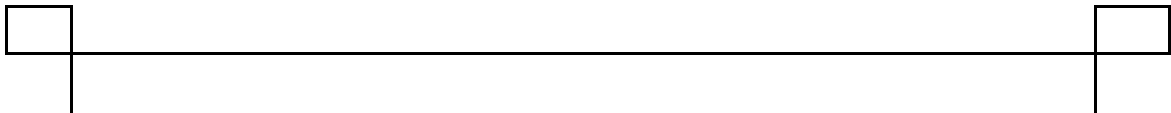
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