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**The ABC's of Raising Twins**

**By Michelle Marsh**

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The ABC's of Raising Twins

As a mother of two sets of fraternal boy/girl twins, I am often asked, "How do you do it?" I do not have an answer. I am just a regular 27 year old who has never known it any other way. Most people come home from the hospital with one baby. I, however, always seem to come out with a pair. Through my experiences, I feel that there is no such answer. Each child is a unique gift with their own personality, likes, dislikes, and own sense of self. I have no master plan. I deal with each moment as it comes and try to remember that these are the best days of my life. There are moments, I must admit, that I feel like my day will never end and my own personal identity is withering away. A smile or hug from my children washes this feeling away. I am a mother chosen for this great adventure and I press on.

For your reading pleasure, I have listed my ABC's of Raising Twins. Enjoy!

A - Advice. Upon egg fertilization, you have become a target of every woman who has given birth. Remember that all these bits of information come with good intentions. You may be surprised at what you'll learn.

B - Bottles. Give your baby a bottle, and in minutes, you will find a baby and no bottle. Bottles have an invisibility power that only weakens as milk starts to clabber.

C - Carpet. Remember it like it was. Tell all of your friends that having a recliner in the middle of your living room floor is "in" this season.

D - Diapers. This one's a no-brainer. Clip those coupons and buy in bulk.

E - Energy. Your little bundles of joy come heavily equipped. You, on the other hand, will question your ability to breathe.

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F - Fingerprints. You will have twenty on every wall, window and mirror around. Good news! They're a fast and easy cleanup.

G - Grandma. She's the ultimate spoiler. Did she really raise you?

H - Housecleaning. Accept that while raising twins, your house cannot stay clean for intervals exceeding ten minutes.

I - Ice packs. Paired up with a kiss, it's just what the mommy ordered.

J - Jumbo. If it comes in jumbo size, that's the way we mothers of twins buy it.

K - Kisses. There's nothing better than kisses from your little ones. They even come in a variety of flavors. Chocolate and dirt are two of the most common.

L - Laughter. Try to laugh at your daily mishaps. Will your children really remember the time you tried to feed them cheerios in a bottle?

M - Mother. You are no longer your mother's daughter. You are now her clone.

N - Nights. You will experience many sleepless nights the first few months of your twins' arrival. Weren't sleepless nights much more fun in college?

O - Offerings. Offer your significant other the opportunity to spend quality time with the little darlings. Run to the nearest spa! (Keep cell phone handy)

P - Potty Training. Good Luck!

Q - Quiet. In the rare instance that children are simultaneously sleeping, savor the quiet.

R - Remember. Remember these days. You will one day wonder how it happened so fast.

S - Sacrifice. Who wanted to go out for a night on the town anyway?

T - Terrible Two's. Be brave and remember these are your children and you love them. Their behavior is a force of nature and uncontrollable.

U - Utility Room. Now you know why they make Super Capacity Plus machines.

V - Voices. No, you're not crazy. There really are little people saying your name over and over again.

W - Whisper. Teach everyone in the house this technique for keeping babies asleep.

X - Xtras. Two extra people to love and love you back.

Y – Young. Keep smiling. Your babies are keeping you young at heart.

Z – Zzz's – Try to catch some. Tomorrow starts early.

Michelle Marsh is the mother of two sets of boy/girl twins. She is the proud owner of Twin Gifts & Invitations – Offering Twin shower invitations, birth announcements, gifts and keepsakes. Sign up for exclusive sales and promotions at <http://www.twingiftsandinvitations.com>

## **Choosing Baby Names for Twins**

**By Sarah Mitchell**

Choosing a baby name for your new born can be quite a stressful decision. With thousands upon thousands of names at your disposal, you may begin to feel a little overwhelmed. Well, for twins, you can double the trouble! This article is aimed at helping soon to be moms and dads of twins to choose those perfect baby names.

Using anagrams for naming twins

One way of choosing baby names for twins is to take one name that you like and rearrange the letters to make another name. A few examples of this are: Reva & Vera Ira & Ria Mary & Myra

If you are a fan of traditional baby names, then your choices are slightly limited with this option. But, if you don't mind bending the rules a little, then you can play around with this idea forever.

Using synonyms for naming twins

Another idea for choosing baby names for twins is synonyms! A synonym is a word (or a baby name in our case) that has a similar or exact meaning of another word. So, you might want your twins to both have names that mean 'flower'. An example of this would be: Eve & Zoe Yasmin & Lala Dahlia & Daisy Camellia & Heather

All of these names refer to a flower in general or a particular flower, although they are all quite unique from one another. For example, Heather is an English name, whereas Camellia is a Latin name. If you would like to experiment with this idea some more, visit

. Simply type in a

meaning or part of a meaning and a list of names that correspond to that meaning will appear.

Reversing names for twins

Choosing baby names for twins can sometimes be as easy as spelling a name you like, backwards! As you can imagine, this will only work for a small selection of names, but if you have the time to sit down with a pen, paper and some patients then you will eventually find some that you are fond of. An

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example of this would be: Aiden & Nadia

Other tips for naming twins

Some other tips for naming twins are to use names beginning with the same letter, use names that rhyme, or even use names that have no connection between them what so ever. Sometimes parents get so wrapped up in trying to choose the perfect names for their twins that they forget the fact they have the option of choosing two names that have no connection at all. Regardless of what option you choose to name your twins, you should take the time to sit down and put some serious thought into your decision. Best of luck to you!

This article was written by Sarah Mitchell from

. Find thousands of baby names,

their meanings, origins and genders at

.

Choosing Baby Names for Twins

Twin and Multiple Births are on the Rise

YIKES! I'M TURNING INTO MY MOTHER!

Get Your Baseball Tickets Now, As Things Are Getting Interesting In The AI Central

Raising A Puppy: Who Is The Boss?

The Alphabet of Birds

62 Ways To Beat The Gas Pump Monster

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