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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

The American Wedding

By Barry Ochsner

The American Wedding

Provided by Wedding Planning Ideas

Living in the United States makes one feel liberated – free to do anything, liberated to live, liberated to love, liberated from traditions. While this is accurate, there are still many practices done during a marriage ceremony that renders this unforgettable event with a distinct American touch. Here are some:

Starting from the engagement, Americans can imagine exclusive ways to personalize their wedding. As there really isn't any engagement ritual, the more unique the marriage proposal is done, the better.

For most wedding planning, the engaged couple visits their parents to inform them of their recent engagement.

At times, the betrothed couple hosts an engagement celebration. The engagement celebration costs less than a wedding reception since most of the time; the menu will only include cocktails and hors d'oeuvres. Therefore, if the couple is on a tight budget, they can just invite more guests to the engagement celebration if they plan to limit the number of guests during the actual wedding ceremony.

Most wedding preparations have a bridal shower given by the maid of honor and the bridesmaids. The groom may also have a bachelor party the night before the wedding but he has to be careful not to drink too much.

Wedding invitations should include response cards to speedily inform the couple whether the person has accepted or declined the invitation. The wedding invitations should also be sent within four to six weeks before the event.

Usually, there is a rehearsal dinner in which the wedding party and guests came from far places to be present at the wedding attend. It was practiced that the groom's parents pay for this dinner.

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A bridal luncheon may be hosted for the bride's attendants during the wedding day. However, time constraints may not permit this to be part of the schedule for the wedding day. Likewise, the groom may also host a groom's dinner for his groomsmen.

Interestingly, even if the couple is not very religious, they still prefer a religious ceremony. However, this may pose a problem since in America people of different faiths and religious backgrounds get married.

Even if there are few people who believe in bad luck, some couples still make sure that the groom does not see his bride until she starts wading on the aisle.

It is still practiced that the groom and his groomsmen enter the church through a side door. The bride will then walk down the aisle with her father. In some cases when both her father and stepfather

brought up the bride, she may ask them both to escort her.

During a formal reception, there is typically a bridal table where the couple and the attendants sit. Also, food and drinks should be served as the guests appear at the reception.

Before, gift giving used to depend on what the guest will feel of use for the couple. Now, it is better to register for gifts so the guests will know what to bring that the couple will need.

Upon receiving an engagement or wedding gift, it is better to send a thank you note apart from saying "thank you" to the giver. This ought to be sent within two weeks upon receipt of the gift. Make a tailored thank you note, instead of using an impersonal nonspecific thank you note.

These are just a few American practices during weddings. Whether one chooses to this or prefers to have a very different wedding, what's more important is that American's still believe in the wedding vow, "For better or worse, 'til death do us part."

More Wedding Planning Ideas at

<http://www.fab-wedding-planning.com>

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Important Steps In Your Wedding Program

By Ken Donald

You have probably heard of others who have used one. A wedding program. Do you really need one

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to manage your upcoming wedding? It all depends on how big a wedding you are planning. A regular wedding has thousands of things and stuff who needs to be taken care of on the right moment. If each thing is not done at the proper time and place, the whole wedding can get side tracked and course a lot of trouble.

You need to take care of wedding invitations in good time before the wedding. The invitation of your guests is very important to get done early in your preparations. Things like wedding flowers for decoration, the wedding dress for the bride, ordering a wedding band perhaps, etc.. The list goes on and on. Planning your wedding can be difficult on a piece of paper. You really need a plan where every aspect has been thought of.

You also have to think about wedding favors, wedding rings and wedding accessories. Not to forget your honeymoon? Where should you go on this special occasion?

You have to think ahead. Try a search on the internet for wedding programs. You can find information in abundance. It is all out there on the internet online: wedding music, wedding photographers, wedding ideas and wedding cakes, etc.

With the wedding process written down on paper step by step, you are in control of the situation. And you know that you can relax and even enjoy the process from beginning of planning and all the way to your grand wedding day.

If your budget is a bit tight and your wedding program must save money where it is possible, you can make your own wedding invitations, and perhaps you know someone who can make the wedding flowers for example. The wedding party could be held at a less expensive place. The great thing about doing many things yourself is the personal touch you wedding will get. Great idea for creative people.

A wedding program is the most important step to stay on track from start to finish. Planning a wedding is no easy task to manage. Get a wedding program, and make that special wedding day perfect.

Thank you for your time.

You can find more wedding information and mostly about wedding programs at

<http://www.wedding-programs-e.com/index.html>

. Check it out!



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