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The Basics Of Archery

By NamSing Then

Archery - The skill of shooting an Arrow using a Bow was in the bygone ages a military weapon and also a hunting method before the invention of gunpowder. It is mainly confined now as a competitive sport used for target shooting.

A bow is a weapon that shoots arrows using the elasticity of the bow. The bow is made of a strip of flexible material with a cord linking the two ends of the strip to provide tension from which is propelled the arrow which is a straight shaft with a sharp point on one end or have flints and usually with feathers attached to the other end.

The modern day 'Target Archery' involves shooting arrows at a target from a pre-set distance. A Recurve bow is the only type of bow allowed to be used. Archery competitions may be held indoors or outdoors. Indoor distances are 18 m and 25 m. Outdoor distances range from 30 m to 90m depending on the seniority and 70 m is being used in the Olympic Games. Competition is divided into ends where an archer shoots either 3 or 6 arrows per end, depending on the type of round. There are 20 ends of 3 arrows in a round for indoor competition, but outdoor rounds generally involve more arrows per round. At the end, the competitors walk upto the target to score and retrieve their arrows.

Targets are painted with 10 evenly spaced concentric rings, which have score values from 1 through 10 assigned to them. Targets are colored as follows:

Outermost 1 ring & 2 ring – white 3 ring & 4 ring – black 5 ring & 6 ring – blue 7 ring & 8 ring – red
Innermost 9 rings & 10 ring – gold There is an innermost ring, sometimes called the 10X ring or the Bull's-eye.

The score for each arrow depends upon where it hits on the target. The highest score, a ten, is awarded by shooting an arrow into the two inner most circles. The bull's-eye ring is typically as a tiebreaker with most X's winning. Missing the rings on the target results in a zero score and in case of Line breaker where an arrow just touches a boundary line will be awarded the higher score. Scores are tallied at the end of each round or volley of arrows by summing the scores for their arrows which are recorded on a score sheet.

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Archers have a set time limit in which to shoot their arrows. For indoor competition is 2 minutes for 3 arrows. Signaling devices such as lights and flags prompt the archers when it's time to shoot.

NamSing Then is a regular article contributor on many topics. Be sure to visit his other websites

<http://www.archery-foryou.info/sitemap.html>

,

<http://www.scuba-diving-foryou.info/diving-equipment-scuba.html>

and

<http://www.researcher-hub.info>

An Archery Arrow Overview

By Scott Byers

The following article covers a topic that has recently moved to center stage—at least it seems that way. If you've been thinking you need to know more about archery arrows, here's your opportunity.

The arrow is the single most important piece of archery equipment, followed by the bow. Without good archery arrows your aim will always be off, no matter how accurate you can shoot.

So what makes a good archery arrow? There are many factors that influence the quality of an archery arrow.

The stiffness of the shaft of the arrow affects how much the arrow wobbles after being shot from the bow. You don't want an arrow that bends too much, or it will be less accurate.

The material that an archery arrow is made of can affect its performance. Modern arrows are usually made of wood, aluminum, or carbon. It is important to select arrows of the right material to suit your needs.

I've covered some aspects of archery arrows already, but there are a few other things that I'd like to mention. I'd like to talk some more about %keyword before I wrap up this article.

A heavier arrow will impact the target with more force, but will travel much slower than a lighter arrow. Make sure to take this into consideration when choosing an archery arrow.

The head of the arrow is also important to consider, especially if you are going to be using the arrows to hunt with. Be sure to select a head that is best suited for the particular animal you will be hunting.

The nock of the arrow is the slit on the end which holds the arrow in place as you shoot. An archery

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arrow's nock should not be too tight on the string, or it will not release properly when you shoot.

The fins attached to an arrow are called the fletching. Some fletching is made of real feathers, and other are made of plastic or synthetic feathers. Archers often debate which is better to use, so it is best to try both types and see which better fits your needs.

Selecting good archery arrows can improve your shot tremendously, so try out many different types of arrows and find out which types of arrows are best for you. Don't be afraid to spend a little more, because high quality tools are always worth their price.

Now might be a good time to write down the main points covered above. The act of putting it down on paper will help you remember what's important about archery arrows.

Scott Byers is the owner of

Absolute Archery

, a complete

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archery equipment.



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