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The Best Autism Treatment Options

By Rachel Evans

Autism is a dreadful disorder, which affects an individual's ability to communicate and associate

with others. Generally the symptoms are detected in the first three years of the child's life. In the United States, 1 in 166 people are affected by this disease. Although information about autism is scarce, some non-profit organizations have dedicated themselves to increasing the quality of the research in autism in order to bring out new treatments of autism.

Low levels of vitamins and minerals like calcium, folic acid, iron, magnesium and chromium continue to be the main attributed causes for the autism in children. It has been widely accepted that children suffering from autism who are treated with multivitamin/ mineral nutrient supplements show marginal improvement. Introduction of these nutrient supplements into the diet of autism-affected children contributes a lot in the improvement of the stage that includes high scholastic test scores, early neurological development, and scholastic test scores.

The autism-affected children treated with nutritional supplements showed improved learning abilities, experience cognitive, academic and substantial behavioral gains. In most cases, the follow-up research showed positive feedback from parents of the autism-affected children after treatment with nutrient supplements of Vitamin-B6 and Vitamin-c, Magnesium, Niacin, and dimethylglycine.

Innovative and Alternative Therapies for the Treatment Of Autism

The innovative therapy found to be most useful in treating autism is oral secretin. This should be given three times a day along with supportive therapy of vitamins. Most patients reported that they noticed a change in behavior within the first three days. Improvement in their social skills was also noticed. The overall cost of secretin and vitamins may come to \$60 which should be continued for two days and the vitamin supplements may be followed as long as possible.

The other possible innovative treatments for autism lies with stem cell therapy (where one's own cell from bone marrow is used), live cell therapy (live cells extracted from the animal being administered to the patients), oral organ extracts (administration of gut cells or brain cells for maximum effect in the autism affected children), and Lyophilisate extracts (Lyophilisate whole cells from Cytobiopharmica are

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being used for the treatment of autism sufferers).

The use of the antibiotic vanomycin being extensively studied since it is absorbed in the gut. The anti-protozoan drug, Metronidazole, also holds hope in treating autism since it is absorbed in the intestine and prevent diarrhea, which is the most affected symptoms of autism.

Naltrexone, a modern medicine played an important role in autism by blocking the substance endorphins, which produces an anesthetic like feeling. Use of Naltrexone for the autistic individual provides renowned result with improvements in increased eye contact, normalized pain sensitivity, general happiness, and reduced stereotypic and self-injury behaviors. The appetite is also improved among the autism sufferers after the treatment of Naltrexone. The side effects of this drug on the autism patient are also being studied and found to be nil so far.

You should consult your primary care physician for further advice on the latest autism treatments.

Rachel Evans. Get information and signup for a Free Autism Newsletter at Essential Guide To Autism

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Autism: Is There A Cure In Sight?

By Lisa Hyde

Autism: What causes it, and can it be cured?

Autism is a disorder that is affecting more and more children. But many autistic children have been able to lead normal lives.

Autism is a developmental disorder that appears in the early stages of development of a child, mostly in the first three years of development. It is a neurological disorder that affects the proper functioning of the brain and affects the development of the social and communication skills of the individual.

Early diagnosis of autism is most important for the treatment of this disorder. However, there is no blood or medical test available which will help in the diagnosis of autism. Generally, it is delay in the development of language skills or lack of appropriate social development that causes parents or teachers to seek a medical evaluation. There are no racial or ethnic specifications for the occurrence of this disorder, although boys are three or four times more likely to have autism.

Autism is seen to affect each individual in different levels and so is considered a spectrum disorder. Generally, autism is seen to affect the verbal and non-verbal communication skills, leisure activities,

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and the all-round social interactions of the individual.

There is no standard treatment for the cure of autism. Different medical professionals have different philosophies and practices for treating autistic individuals. The results of the treatment of autism will also vary from individual to individual. However, autism cannot be completely cured; there can only be improvements in the abilities of the autistic person. Autistic children are seen to benefit greatly from treatment approaches that include special education and behavioral management.

An important strategy in the treatment of autism is to keep the diet of the autistic children gluten- and casein-free. A gluten- and casein-free autism diet is seen to produce a marked level of improvement in autistic children. This is because in their body system there is incomplete breakdown of the peptides in the food substances containing gluten and casein. This leads to an increased absorption of peptides causing disruption in the biochemical and neuroregulatory processes in the brain. Adding vitamin B6 and B12 to the diet is beneficial to the treatment of autism as it improves digestion, symptoms of allergy, and sociability in children.

Despite one child in every thousand being affected by this illness, the awareness and the number of support groups for this illness is negligible. Efforts are being undertaken to create an increased awareness and to generate funds to support research and treatment of autism.

Autism awareness bracelets and ribbons help spread awareness about this disorder. The sale of these bracelets supports many autism research foundations and also provides financial assistance to many parents with autistic children.

'Autism walk' is another novel fundraising effort for the support of those suffering from autism. The money generated from registration of the 'Autism walk' events is used to provide financial support to the parents of autistic children, or to establish support groups to facilitate their treatment.

Lisa Hyde-Barrett, a registered nurse and wellness advocate, understands the relationship between good nutrition and good health. Visit one of her many health sites here:

<http://www.autism-awareness-online.com>



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