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**100% Effective Natural Hormone Treatment**  
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**The Best Cancer Treatment Options (Article 6 of 6)**

**By Bill Henderson**

**The Best Cancer Treatment Options (Article 6 of 6) by Bill Henderson**

OK, enough of the philosophy! What, specifically, do I recommend you take to overcome your cancer and get "cancer-free." [We're not using the word "cure" simply because, as you recall, we're healthy with just a million or so cancer cells being produced every day by our cell division process.]

So, you have gotten a start on changing your lifestyle -- diet, exercise and supplements. You have started on a program to stimulate your immune system. What's next?

**YOUR CAMPAIGN**

You're battling cancer. Don't kid yourself. It is a formidable foe. You don't just continue your normal routine of a stressful workday, emotional stress, travel, etc. You must make cancer your "life" until you overcome it. But you can overcome it, as millions of others have. I know several hundred of them personally and I admire each and every one. This is like a military campaign. You have to have a good strategy, and then, you must employ the best weapons.

I can't recommend specific treatments for individuals. There are liability problems with doing that. I'm a "reporter," not a medical professional. What I can do is describe for you what I would do if I "had" cancer. What type of cancer? It would not matter. I would pursue the same course if it were colon, lung, prostate, or pancreatic cancer -- or even if it were leukemia or lymphoma or melanoma. There are some specific things I would take, in addition, if I had certain kinds of cancer. These are

discussed in detail in my book. But, in general, this is a regimen I would follow regardless of the type or stage of the cancer.

## THE WEAPONS

\* Cottage cheese and flaxseed oil. What? Are you kidding? No, dead serious. You'll find the details and lots of testimonials in Chapter 5 of my book. I can't go into detail here, but rest assured that thousands of cancer patients patients have been healed with this substance first discovered by Dr. Johanna Budwig, a 100-year-old German cancer doctor who has been

nominated for seven Nobel prizes for her work with the science of lipids (fats) in human cells. I eat this every day for prevention. It's food (substitutes for at least one meal a day) so costs nothing...Nada.

\* Dr. Matthias Rath's formula. It is a mixture of Vitamin C, L-lysine and L-proline (two amino acids). Not impressed? Well, this formula happens to control metastasis (the spreading of cancer cells). The only way cancer can kill you is through metastasis. Fortunately, there is a source for this formula which costs about one-sixth of what Dr. Rath charges for it. That source, for lots of supplements at wholesale prices, is

Their product, which copies the Dr. Rath formula is called "Heart Plus." You get a "double-whammy" because it also prevents heart disease. Cost: \$0.32 a day.

\* Barley Power from Green Supreme, Inc. This powerful stuff gives you 3,000 enzymes (all there are) plus a stiff dose of alkalinity. Cancer cannot survive in an alkaline body. This is the cheapest and best barley product I know of. Every cancer patient should take at least 20 of these tablets a day. Read the story of the 83-year old cancer survivor who recovered from Stage 4 metastasized stomach cancer using only these tablets. It's in Chapter 5 of my book "Cancer-Free." Cost: \$1.40 a day.

\* Cancer-fighting diet. Read Patrick Quillin's book "Beating Cancer With Nutrition" and use his recipes. This is the best cancer nutrition book I have read. It's available at amazon.com or in bookstores. Cost: \$0.00. [Probably less than your current diet.]

\* Dr. Williams' Daily Advantage. I mentioned this in one of the earlier articles. It is the best vitamin, mineral, amino acid, antioxidant, essential fatty acid, superfood combination I have found. Cost: \$1.46 a day.

Total cost of this regimen, including the immune system stimulants I mentioned in the previous article is about \$4.68 for the maintenance dose. For the first 6 weeks or so, the cost is about \$8.88 per day. So for an initial cost of \$266 a month and a continuing cost of \$140 a month, you can be cancer-free. This is a lot less than most of us spend on a car payment.

The complete ordering information on all these products plus many others like Protocol, Paw Paw, Onconat I, Artemisinin, Crystal Calcium, Exercise With Oxygen Therapy, PC Essentials, Red Raspberry tablets and lots more is in my "Cancer-Free" book.

## **THE SWIMMING POOL ANALOGY**

Let me close this "short course" with a mental picture I'd like you to take away. In my life, I have owned two swimming pools. No more. Too much maintenance. But one thing you learn early on about swimming pools is that algae formation in the water must be controlled. Once it begins to take over, the sides of the pool become coated with this "green mung" and recovery becomes difficult, but not impossible.

Today's conventional cancer treatment doctors (oncologists, radiologists, surgeons, etc.) remind me of SCUBA divers diving into the pool (your body) and blasting away at the algae in an attempt to kill it off and stop its growth. If you've ever tried to overcome algae in a pool, you know the only way is to correct the chemical composition (alkalinity, chlorine level, etc.) of the water. At that point, the pool becomes sparkling and attractive again. The algae dies off and is disposed of with a vacuum.

The above regimen ("The Weapons") describes a way to bring the "chemistry" of your body back into sparkling, attractive health by correcting the normal balance of the pool's water (your body). That's my mission, folks. To convince people like you to learn the procedure and substances necessary to restore that balance. That's what I mean by "taking charge of your own health care."

The dead algae (cancer cells) are disposed of by your body's

normal "vacuuming" system. Too rapid a "die-off" of the cancer cells can cause problems with this cleansing system. That's one reason you need "assistance." The above "Weapons" are gentle enough that they can be taken "until the doctor comes."

Get started and let me know if I can help you. My e-mail address and "800" phone number come with your purchase of my e-book or paperback. To your health!!

Bill Henderson is the author of "Cure Your Cancer" and "Cancer-Free." His books and 70 newsletters have helped over 600 people in 51 countries overcome their cancer in the last 4 years. He provides phone and e-mail answers to his individual reader's questions. His web site is:

## **Fact Or Fiction – The Truth About Colorectal Cancer**

**By News Canada**

Colorectal Cancer is a disease that only affects older men.

**FICTION:** It can affect anyone, men or women equally. Men and women 50 years or older are at greater risk for the disease.

Colorectal Cancer is usually curable.

**FACT:** It is usually curable when detected early. More than 90 percent of patients with localized cancer confirmed to the colon or rectum are alive five years after initial diagnosis.

Getting tested is necessary for individuals who have symptoms.

**FACT:** Men and women age 50 or older should get screened regularly for colorectal cancer. Unfortunately, symptoms for this disease are often silent and therefore it is important to get screened regularly even if you have no symptoms. About 75 percent of all new cases of colorectal cancer occur in individuals with no known risk factors for the disease.

I cannot do anything about being diagnosed with colorectal cancer.

**FICTION:** Colorectal cancer is highly preventable. Some preventative measures include eating a diet rich in fruits and vegetables and low in fat, regular exercise, moderate alcohol consumption, and no smoking. In addition, it is extremely important to get screened for colorectal cancer after the age of 50. Screening can help to identify colorectal cancer in its early stages or before it even begins.

There really are no treatment options for colorectal cancer.

**FICTION:** Treatment will depend on the type, grade and stage of the cancer. Management of the disease may include surgery and radiation in the earlier stages of the disease, and chemotherapy

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options such as Camptosar®, Xeloda® or 5-fluorouracil (5-FU) are generally used in the later stages of the disease when the cancer has spread to other areas of the body.

No two individuals respond the same to therapy, but there is evidence to demonstrate that one or all of these treatment options can effectively aid people living with colorectal cancer.

I can have a good quality of life if diagnosed with colorectal cancer.

**FACT:** Many people diagnosed with colorectal cancer can have a good quality of life. There are effective treatment options, support groups, and supportive care to help cancer patients cope with the side effects of treatment, as well as the emotional and everyday concerns of living with this disease.

For more information on colorectal cancer, contact the Canadian Cancer Society toll free at

1-888-939-3333 or visit the web site at [www.cancer.ca](http://www.cancer.ca). Other excellent resources include the Colorectal Cancer Association of Canada web site at [www.ccac-acc.ca](http://www.ccac-acc.ca) or The National Colorectal Cancer Campaign at

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and learn more about

the NC services.

Fact Or Fiction – The Truth About Colorectal Cancer  
Solution To Breast Cancer!  
Mesothelioma Cancer  
Breast Cancer And Pregnancy  
How is Mesothelioma Treated?

Use and Abuse of Steroids

Understanding Acne: Causes, Cures and Myths

Take Control of Alcohol

Article Cash

HIV/Aids Healed by the Power of God

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