

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

The Best Of Canada Ski Vacations

By Victor A.

Even the most seasoned skier will be overwhelmed by Red Mountain's possibilities. Located in a remote corner of British Columbia's Monashee Mountains near the U.S. border, Red Mountain is one of those unspoiled resorts where skiing comes before all else.

Red Mountain is actually made up of two mountains, Red and Granite, which are both skiable 360 degrees around. Combine that with the resort's ski anywhere terrain policy and skiers can choose from a virtually endless number of runs with each descent. The resort's three lifts serve 1,200 acres of skiable terrain, much of it off-trail.

In addition to downhill skiing and snowboarding, winter visitors enjoy heliskiing, backcountry touring, and cross-country skiing. For those days you just have to get off the skis, hook up with a local to find sledding, snow hiking and the like. While there often aren't formal programs, these winter activities are available.

Those off-slope days might best be spent in the hot tub at your hotel resting up for the next day in this skier's paradise. An expert skier won't believe the bounty that awaits them at Red Mountain. One-third of the resort's 83 trails are marked for "extreme caution," offering thrills for the more adventurous. The resort offers a vertical drop of 2,900 feet.

On your first day at Red Mountain take advantage of a free guided tour. Knowledgeable Snow Hosts will introduce you to the resort and ensure that you experience all of the excitement that Red Mountain has to offer. Tours leave the base area at 9am and 1pm daily.

While nightlife in Rossland isn't touristy, it is lively. You will feel like a local at the pubs. Just make sure you don't stay out too late, because this mountain requires you to be in top form in the morning.

Victor A. is an expert author who writes for

<http://family-ski-vacation.1-info.org/>

Tahoe Vacations - Prepare For The Fun

By Ken Snow

When people think about Tahoe vacations, they are usually thinking about a skiing trip. That is because Tahoe is a great place to ski for people at all skill levels. From the beginner to the expert, you can find ski slopes that seem to have been made just for you at the hot spots for Tahoe vacations. However, Tahoe vacations offer a much more. Skiers, snowshoers and snowboarders are likely to have an incredible time on Tahoe vacations. Even those who can't ski will appreciate the beauty of this place. If barreling down a mountain of snow doesn't excite you, then maybe you will find your place with the fishermen. Many people take Tahoe vacations just to fish. People will drive amazing distances because of the great fishing that the streams and lakes in this area have to offer. From October 1 to June 30, the streams that drain into Lake Tahoe and their tributaries are closed to fishing. However, many of the lakes, including Tahoe, stay open year round. There are many kinds of fishermen that go on Tahoe vacations. Some like to troll the lakes and streams, and some fly fish. Just make sure that you have any license that you are required to have, and follow the rules. Golf has become more and more popular in recent years and many people hit the Tahoe vacation spots for the premier golf courses. Golf is a sport that is popular to a wide array of people. The sport doesn't restrict because of social class, race, age, or gender. More and more people are getting into it everyday. Even those who don't golf can appreciate the natural and man-made beauty of the greens. And there are many courses to choose from on your Tahoe vacations. When you are going on Tahoe vacations, remember to bring the right gear - including sun block. Whether you are going to ski, snowboard, fish, golf, or simply soak in the beauty that is Tahoe, take care of your skin while you are there. When there's snow on the ground, some people may not even think of the need for sunblock. This is a big mistake since sun's rays can actually reflect off of the snow and ice creating an even more intense effect. When you are on the snow, make sure that you wear all protective gear included tinted goggles. The bright reflections off of the snow can also be bad for your eyes.

With a bit of planning, you'll have an incredible time on your trip, and you'll likely find that Tahoe vacations become an annual event.

To get your questions answered about Tahoe vacations visit

<http://www.tahoe-vacation.info>

.



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!