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The Biggest Obstacle To Your Guitar Progress

By Craig Bassett

Here's a quick question for you. What's the one biggest thing stopping you from becoming the guitarist that you truly want to be? Is it lack of time to practice? How about lack of money to get guitar lessons? How about a spouse who doesn't support your guitar playing endeavors? Or what about having to work long hours to support your family?

If you're like 97% of guitarists, you said the wrong answer. The right answer is YOU. Everyone is their own biggest obstacle to their guitar playing progress. Before you get offended and abuse me, let me explain further...

I believe strongly that our reality is based not on our circumstances but our PERCEPTION to our circumstances. This means that you could have two guitarists in exactly the same situation who react completely differently to that situation. I'll give you a real life example...

I have a roommate who works a nine to five job. Nothing unusual there... a lot of people do. Unfortunately this roommate uses his job as an excuse not to practice. He says that when he gets home from work he's always too tired to practice. I suggested to him once that he could get up an hour earlier each day to practice. This comment caused him to look at me like I was insane. Bottom line? My roommate isn't willing to make a VERY small lifestyle change to pursue his musical dreams. Most likely he'll go to his grave lamenting the fact that he "never had time to practice". How sad!

Luckily, not everyone has this loser preception. I have students who are just as busy (or busier!) but perceive the whole situation differently. They see their nine to five job as a challenge. They meet this challenge by getting up early to practice. They also make sure that they exercise regularly so that they have the energy to practice after work as well. Bottom line? They are steadily progressing towards their musical goals and dreams!

Can you see how the different preceptions of the same circumstance caused two different sets of actions?

The Biggest Obstacle To Your Guitar Progress

Let's now look at a simple way that you can perceive your "negative circumstances" differently. Please follow the following steps...

Step One

Write down a circumstance in your life that you feel is slowing down your guitar progress.

Step Two

Write down exactly HOW the circumstance prevents you from progressing.

Step Three

Write down at least ten action steps that you could take to overcome the circumstance. Don't stop until you have at least ten.

Step Four

Just do it! Take action and DO the action steps. Do what ever it takes. Remember...your musical development is at stake!

One last thought. I believe that for EVERY excuse you could ever have, there are guitarists in the world who have overcome exactly the same excuse.

Craig Bassett is a professional guitarist, author and guitar tutor. To gain TOTAL mastery of the guitar fretboard notes, please go to:

<http://www.GuitarNoteMastery.com>

You Can Learn to Play Rock Guitar

By Tomas Labas

Although the electric guitar has originated in blues music, it is rock that gave its popularity. With rock music, the electric guitar became a massively expressive instrument. All guitar lessons have to touch on rock as well, but if you want to learn to play rock guitar, there are special modules you can take up. These modules focus almost exclusively on rock music.

The things you will be taught when you learn to play rock guitar can be roughly spread into three modules: first lessons, where you will learn the basics about playing the guitar, electric guitar improver and power chords.

First Lessons

The Biggest Obstacle To Your Guitar Progress

These lessons are mostly for beginners. If you have some knowledge about playing the guitar, you may skip some of these. This is up to your teacher to decide.

However, if you're holding a guitar for the first time, this is where your teacher will usually start. You will be taught the fundamentals about playing a guitar in general and playing rock guitar in particular. You will learn the basics about rock lead guitar and power chords. After these first lessons, you will have some idea on how to play classic rock guitar. If you get these right, you are on your way to actually playing rock guitar.

Electric Guitar Improver

In the next lessons, you will probably be taught various rock techniques, such as sliding, string-bending, pull-offs, vibrato and hammer-ons. These tips will enable you to play some fairly good rock solos. You will also learn about scales and chords that will help you start making up your own music.

There might be a lot of blues references within these lessons. Going through all these will help you understand the relation between blues and rocks, which is essential if you want to learn to play rock guitar like a pro.

Power Chords

Power chords are two or three string distorted sounding chords used in some of the most popular rock songs of all times. You will learn to play several rock songs during the first few lessons of this module. Afterwards you will be very familiar with the fretboard and surprise yourself with the sounds you will be able to play.

If you seriously want to learn to play rock guitar, don't get frustrated or discouraged if you're not playing the way you would like to at the beginning. If you enjoy playing, the progress will come at some point. Find a guitar teacher you communicate well with, design a workable schedule to practice and, most importantly, try to have fun while you're learning.

Article written by real guitar lover. Some of authors articles can be found at:

You Can Learn Guitar!

Articles to help you learn guitar quick.



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