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100% Effective Natural Hormone Treatment
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The Different Types Of Autism Treatment

By Gray Rollins

Autism refers to a brain disorder, which typically affects a child's ability to communicate, form relationships, and respond appropriately to the environment. While some people suffering from Autism are relatively high functioning, there are others who are mentally retarded, have serious language delays, or are mute.

The actual cause of Autism is not known. But Autism is relatively easy to spot, and children as young as 18 months start showing symptoms. It is futile to believe that children will just grow out of it. In fact, the early years provide the best time for progress and improvement. So, intensive therapy should begin as early as possible. While different children suffering from Autism may have different problems, parents of such children have to face one overwhelming challenge – there is no single agreed upon method for treating this condition. Parents, researchers, and doctors have not been able to reach common ground here.

Autism treatment usually consists of a combination of behavioral therapy, language and speech therapy, and special education in schools. Reports suggest that play-based behavioral therapies and alternative treatments involving dietary restrictions and vitamin supplements are beneficial. But, there is no solid proof to support this. What makes matters worse is that many children are beset with additional problems like sleeping difficulties, anxiety, or gastrointestinal problems.

ABA (Applied Behavioral Analysis) This is often referred to as the Intensive Behavioral Intervention (though there are differences between the two). Studies show that children suffering from Autism can make dramatic progress when they receive this kind of instruction. Parents and doctors mostly accept this treatment because this is one of the most researched of all treatments. This program involves intensive one-to-one interaction between the child and the teacher. Each skill is broken down into sub-skills and each of these sub-skills is taught intensely, one at a time. It is a reward-based program where toddlers receive a lot of positive reinforcement. Activities begin from simple actions (identifying colors) and progress to more advanced activities (language). ABA depends on prompting, positive reinforcement, and differential reinforcement.

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Nutritional Therapy This therapy is based on the surmise that certain ingredients in food can have a damaging effect on the brain of an autistic person. Leaving some substances out of the diet (milk and gluten, for instance) have shown startling positive changes in patients. Additionally, vitamin-B12 and magnesium supplements are administered to cover any deficiencies. These kinds of special diets curtail some of the more distressing symptoms like disruptive outbursts, restlessness, and sleeping disorders.

Anti-fungal Treatment Since autistic children often suffer from poor bowel ecology, overgrowth of fungi and microbes is a problem. Therefore, autistic children respond well to anti-fungal treatments. These children are also found to have high concentrations of yeast and anaerobic bacteria. Evidence suggests that *Candida Albicans*, a form of yeast, may cause Autism and may also exacerbate the behavioral and health problems found in autistic children.

A detoxification treatment called Chelation Therapy is slowly gaining popularity among doctors. This treatment is based on the theory that some children's vaccines are exceptionally high in heavy metals

like mercury preservatives, and this causes autism.

It is because of the vast multitude of therapies that many desperate parents opt for combination treatments. An estimated 30% of parents try special diets, non-traditional methods, or vitamin treatments. Music, vision therapy treatments, yoga and horseback riding are also used to treat autism. Unfortunately, it is not possible to predict which children will benefit from a program or whether there is light at the end of that particular tunnel at all.

Gray Rollins is a featured writer for

<http://www.forautism.com/>

, a great resource for autism information.

To learn more about what causes autism, visit

<http://www.forautism.com/whatcausesautism/>

Autism: Is There A Cure In Sight?

By Lisa Hyde

Autism: What causes it, and can it be cured?

Autism is a disorder that is affecting more and more children. But many autistic children have been able to lead normal lives.

Autism is a developmental disorder that appears in the early stages of development of a child, mostly

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in the first three years of development. It is a neurological disorder that affects the proper functioning of the brain and affects the development of the social and communication skills of the individual.

Early diagnosis of autism is most important for the treatment of this disorder. However, there is no blood or medical test available which will help in the diagnosis of autism. Generally, it is delay in the development of language skills or lack of appropriate social development that causes parents or teachers to seek a medical evaluation. There are no racial or ethnic specifications for the occurrence of this disorder, although boys are three or four times more likely to have autism.

Autism is seen to affect each individual in different levels and so is considered a spectrum disorder. Generally, autism is seen to affect the verbal and non-verbal communication skills, leisure activities, and the all-round social interactions of the individual.

There is no standard treatment for the cure of autism. Different medical professionals have different philosophies and practices for treating autistic individuals. The results of the treatment of autism will also vary from individual to individual. However, autism cannot be completely cured; there can only be improvements in the abilities of the autistic person. Autistic children are seen to benefit greatly from treatment approaches that include special education and behavioral management.

An important strategy in the treatment of autism is to keep the diet of the autistic children gluten- and casein-free. A gluten- and casein-free autism diet is seen to produce a marked level of improvement in autistic children. This is because in their body system there is incomplete breakdown of the peptides in the food substances containing gluten and casein. This leads to an increased absorption of peptides causing disruption in the biochemical and neuroregulatory processes in the brain. Adding vitamin B6 and B12 to the diet is beneficial to the treatment of autism as it improves digestion, symptoms of allergy, and sociability in children.

Despite one child in every thousand being affected by this illness, the awareness and the number of support groups for this illness is negligible. Efforts are being undertaken to create an increased awareness and to generate funds to support research and treatment of autism.

Autism awareness bracelets and ribbons help spread awareness about this disorder. The sale of these bracelets supports many autism research foundations and also provides financial assistance to many parents with autistic children.

'Autism walk' is another novel fundraising effort for the support of those suffering from autism. The money generated from registration of the 'Autism walk' events is used to provide financial support to the parents of autistic children, or to establish support groups to facilitate their treatment.

Lisa Hyde-Barrett, a registered nurse and wellness advocate, understands the relationship between good nutrition and good health. Visit on of her many health site here:

<http://www.autism-awareness-online.com>



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