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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**The East Coast's Number One Family Resort**

**By Elizabeth Ann Wares**

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Ocean City Maryland is one of the favorite vacation seashore destinations in the Mid-Atlantic Coast. Ocean City has 10 miles of clean sandy beaches on the Atlantic Ocean which includes a boardwalk, approximately 20 blocks long. Ocean City Maryland offers many recreational activities for everyone. Some of the numerous activities include fishing, watersports, golfing, historical attractions, amusement park rides, or just plain old fun in the sun on the clean sandy beaches.

Ocean City, Maryland has been referred to as the "East Coast's Number One Family Resort". The title comes well deserved because it hosts numerous activities and events that will appeal to every member of the family. In addition the area has accommodations to meet your tastes, no matter what your budget may be.

Come here in the summer time, and experience the Atlantic Ocean. There are tons of activities to participate in, including boogie boarding swimming, kite flying, surf fishing, jogging, bodysurfing.

Also in spring, summer or fall, charter boats take anglers out of Ocean City to fish for blue fish, tuna, wahoo, shark, and marlin. One of the things that Maryland is famous for is it's blue crabs. Crabbing for Maryland's infamous blue crabs can be done from the bayside fishing piers. These bays, which are west of Ocean City offer a wide variety of watersports. Come here to go windsurfing, powerboating,

## The East Coast's Number One Family Resort

fishing, jet skiing, water skiing, parasailing and sailboating, just to name a few.

Golfers can choose from nine award-winning courses. surrounded by wetlands and marsh near Ocean City. Many of the local hotels and motels offer golf packages all year long.

The Convention center is a big attraction for many venues. Concerts, festivals, and everything from car to boat shows are open to the public. These events are held throughout the year at the Roland E. Powell Convention Center. So there is

always something to see or do at the Convention Center. The Center is located in the middle of Ocean City, with lots of parking available. There are additional exhibit halls, meeting rooms, and a full-service kitchen that can serve 2,500 people. So it makes a great place to hold a group meeting. The Convention Center also houses Ocean City's new, beautiful Visitor Information Center, a great place to start your visit.

Ocean City is home to some of the finest dining and nightlife on the East Coast. Whatever you are hungry for, it's right here. There's everything from the "local seafood" specialties to Pizza and world-famous Thrasher's french fries. Do you like ethnic foods? How about Italian or Chinese or Greek, and everything in between. If you like the night life, there's plenty of that as well. Restaurants and clubs in Ocean City have the whole enchilada when it comes to entertainment. There are sports bars, jazz and blues bars, rock 'n roll, and country. It's all here.

Are you bringing kids, or adults who act like kids? There are (2) amusement parks, numerous arcades, miniature golf, go-kart tracks, and many movie theaters available. Ocean City also has (2) malls, a and discounted Shopping Outlets.

There are lots of events happening in the winter months, too. Ocean City's annual Winterfest of Lights Celebration features hundreds of lighted displays with over one million lights. Where else could you see a nautical theme with Santa fishing for tuna or how about Santa riding the waves, on his surfboard?

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Ocean City, which is Maryland's only oceanside and bayside resort, has become a year-round fun destination.

Elizabeth Ann Wares is the webmaster of Airfare X:

<http://www.airfarex.com>

A leading resource for airfare and other travel related information on the internet.

Elizabeth Ann Wares is an avid traveler and enjoys sharing her traveling and vacationing experiences. She is the webmaster of Airfare X:<http://www.airfarex.com> A leading resource for airfare and other travel related information on the internet.

### **Atlantic City Casinos**

**By Adel Awwad**

New Jersey, also known as the Garden State, is located on the east coast of the United States of America. Its capital is located in Trenton. It is the fourth smallest and most densely populated state. Named after the Island of Jersey in the English Channel, it was settled by the Dutch in the early 1600s. New Jersey's per capita income is the highest in the nation. Nine of its counties are in the wealthiest 100 in the country. New Jersey's main agricultural products are horses, vegetables, fruit and nuts and is particular known for its cranberries and blueberries. Hammonton, in the southern part of the state is considered the blueberry capital of the world.

Tourism is a major part of New Jersey's economy, with New Jersey Casinos making up the lion's share of the tourism dollar. Atlantic City is famous the world over for excellent casino gambling. The east coast's answer to Vegas and Reno, Atlantic City has a rich history. The Boardwalk in Atlantic City is world famous and is a source of nostalgia for millions. Atlantic City is home to at least 13 major casinos including the luxurious Borgata; home to the World Series of Poker and several Trump establishments.

Trumps Marina Hotel & Casino starts the list out of New Jersey Casinos. With it's on site marina and regular shows, this is one of the showcases of New Jersey casinos. Complimenting the Marina Hotel and Casino are the Trump Plaza and Hotel Casino and the Trump Taj Mahal casino Resort. The Taj Mahal is a truly amazing site and the gem in the Trump Atlantic City casino empire.

The Borgata Hotel Casino & Spa is considered one of the finest casinos in the world and a world-class destination for gambling and entertainment. Caesars Atlantic City is one of the highlights of New Jersey Casino gambling and entertainment and has been a cornerstone in the state for many years. Along with Harrah's Casino Hotel, the Sands Hotel and Casino and the Tropicana Casino and resort, Caesars represents the old guard in casino opulence.

Rounding out the gambling and entertainment opportunities in New Jersey Casinos are the Showboat Casino, Atlantic City Hilton Casino, Bally`s Atlantic City Casino/ Hotel, Claridge at Bally`s Atlantic City Casino/Hotel and the Resorts Casino Hotel. With so many exciting, world-class casinos to choose

from, New Jersey casinos stand alongside the major gambling and entertainment destinations of the world.

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