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The Emerging Art Of Panic At The Disco

By Jon Waraas

Right now Panic At The Disco is one of the most influential and original bands on the world music stage. The Panic At The Disco sound is unique and virtually unmistakable with everything from the winding rhythm to the fast and full lyrics blending together to create a sound you can't help but get sucked into.

Their touring and recently released debut album has given this band a pretty decent fan base. The Panic At The Disco album is consistently full of fast paced and hard hitting music that sounds like no one else's and is always true to their original selves. As any fan will tell you, these guys just won't disappoint.

Besides the amazing instrumentations that forms their music there is something more that makes this alternative rock group stand out. This something is their words. Panic At The Disco lyrics are easily distinguished from anyone else's because of their rich descriptiveness and their hard hitting style. Panic At The Disco lyrics are written into a catchy and captivating meter that makes you want to absorb every word. And their lyrics are almost always sung out with a not so subtle hint of malice.

Completing their often imitated style are their collection of short films. Panic At The Disco videos are so highly stylized that they are almost impossible to put into words. Their music videos capture the essence of their songs better than most and the blatant and in-your-face imagery compliments their lyrical style quite well. Make no mistake, Panic At The Disco videos aren't flashy commercials full of over-choreographed dancing and eye-candy. Their music videos are pieces of modern moving art, full of intriguing characters and situations.

Panic At The Disco was formed a few years back by a group of high school friends who shared an interest in all the same kinds of music. What began as imitation became evolution and creation until they had their own unmistakable sound. Panic At The Disco has based itself in Las Vegas and are finally on the road touring the country on their own.

Panic At The Disco

The Emerging Art Of Panic At The Disco

<http://www.panic-at-the-disco.net>

is one of the best up and coming bands of the

decade. There fansite features, pictures, music videos, photos, and panic at the disco lyrics.

Is What You Feel A Panic Attack?

By Kelly Gillis

Your heart pounds, your palms sweat, you start shaking, you get short of breath. You experience a fear that seems overwhelming that came absolutely out of nowhere, and for no reason. You could have been driving your car, or awakened out of sleep, or at your desk performing your daily routine at your job. Perhaps it's the first time it's happened, perhaps not. If it's not you probably know that you aren't going to die, but you feel like it. If it's the first time you are scared to death.

No one really knows what causes a panic attack to come on. Some medical professionals say that they can be related to heredity, some say to stress. Some say if you have a history of other mental disorders, such as depression or some phobias you are more likely to experience panic attacks. Know that you are not alone. It is estimated that one out of three adults will suffer a panic attack in their lifetime.

Some professionals have broken down panic attacks into three distinct types, spontaneous, specific and situational. A spontaneous panic attack would be as suggested by its name, one that happens unexpectedly. Panic attacks called specific are brought on, as also suggested by its name by specific repeated situations, and situational panic attacks may come while doing a certain type of activity, such as riding a bike, even though there is no panic or fright involved with the activity.

Some people suffer from a panic attack only once. These may be panic attacks which are brought on by major life stresses and ease after the stress is eliminated. Some suffer from repeated panic attacks. The type of help you seek for panic attacks and the type of help you are given by medical professionals will be based on how many panic attacks you suffer from. Some health care professionals and organizations seek to treat people who suffer from infrequent panic attacks with a step program, similar to that used with alcoholics anonymous. Some medical professionals will treat more severe and recurrent panic attacks with medication. Generally patients who suffer from repeated panic attacks will benefit by being referred to a psychologist or psychiatrist for counseling.

To learn more about panic attacks

<http://www.panic-attacks-solver.info>

please visit

<http://www.panic-disorder-advisor.info>



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