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**The Essentials Of Golf**

**By Adam Budi Mulyawan**

At the core of golf there is competition. Yet the most essential part of golf is patience. Patient

competition seems like a contradiction. Yet golf is not contradictory at all. On the other hand it has been said one person can find golf relaxing, while another individual might think it the most stressful sport in the universe.

Professional golfers tend to be graceful. It is as if they are very aware of how the muscles in their body propel them forward. Languid strides and flexibility are words that come to mind when imagining the professional golfer at work.

Some people link golf to sports like bowling or billiards. Not particularly something you want to watch unless you understand the game fully and know the participants well enough to be cheering one or more toward the grand first prize. Serious golf fans are loyal and just as radical (in a subdued manner) as any professional football fan can be.

As a spectator sport golf ranks high on the television ratings. It is highly unlikely anyone has seen the World Cup void of fans on any given year. The collective silences and cheers of golf fans exude a respect for the game. That respect is the attention grabber.

As with any sport, the interest of the young people is a natural part of survival. Without future golf players there is no future to golf. Since golf has been around for arguably five centuries it is not a concern that the sport will ever die away completely or vanish like a lost civilization. Fresh new blood keeps the arterial channels flowing more freely though.

The diversity of golf is found most obviously in the participants of golf. Any level of physically fit persons can choose golf as a sport. It is known to be beneficial exercise. When golf becomes a set part of your scheduled regimen it is very likely extra pounds will come off. Any societal level of persons can play golf. It is nit the game of the rich and famous, on the contrary there are many affordable public golf courses emerging.

Whether you are male, female, young or mature golf is a game of competitive spirit. We mustn't forget

it is a patient competitive spirit. Not only are you competing against other golfers you are also being constantly challenged by difficult golfing courses. A public or private golf course has its fair share of challenging factors on the fairways, in the sand traps and across the rolling hills. The most appealing challenge for most golfers is the challenge of improving your game.

You might have seen the cartoons where the golfer has a club wrapped around a tree limb in frustration or yet another where it appears Zen golf might be a new fad. Either account can be considered a fair account when you are talking about a sport with diversity, versatility and class. If you have never golfed in your life, think about it the next time you have some free time. You might be surprised how much fun golf can essentially be.

Adam Budi Mulyawan is a freelance publisher and internet marketer. Visit his work at

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### **Golf Essentials**

**By James Anderson**

Without question, golf clubs are the most essential pieces of golf equipment. They are your keys to greatness and your weapons of battle. Without the proper set of clubs, you might as well be playing croquet, because you're not going to make a game winning long drive, or a precision putt.

>From rookie to pro, the right clubs are undisputed golf essentials. According to the official rules of golf, a player can have no more than 14 clubs in his or her bag. One of those clubs is your putter, leaving you with 13 tools that will make or break your game.

To properly arm yourself with the golf essentials, it's important to be honest with yourself about your skill level, the quality of your swing, and exactly what kind of player you are. This will help in making your choice of woods and irons to match your game, and it can save you a bundle of money. If you fess up to the fact that you are indeed a beginner golfer, you can save hundreds of dollars on an inexpensive starter set of clubs.

To match your skill level with your golf equipment, you need to know your handicap. There are low-handicap, mid-handicap, and high-handicap golfers. The term 'handicap' measures how well you will compare with an average golfer in shooting an 18-hole golf course. Golf experts classify low-level golfers as those who will shoot an average of 82 or less on a typical course. This equals 9 or fewer strokes over par, or a single digit handicap. If you have been designated a low level handicap, you'll want to pack your bag with high performance golf essentials. Choose the best clubs and maximize your abilities.

Golf essentials include clubs to get you through, or around, any situation. Be sure to pack a driver and at least one other wood, such as the 3-wood. Low irons, such as the 3- or 4-iron, are also necessary.

## The Essentials Of Golf

Low-level handicap players can make more accurate shots, and these essential clubs can help you hit the green from 200 or more yards. Your pitching wedge and high trajectory irons, like the 8 and 9, will benefit your mid-range approach shots.

Anyone can hit a ball with any golf club, but the right clubs for you are definite golf essentials. Choose your weapons wisely, and be sure to bring the right ones along. Oh, don't forget your sand wedge. Life's a beach after all, and you could find yourself right in the middle of it.

James Anderson contributes articles to several online magazines, including

<http://fylar.com>

and

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