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The Four Elements of Magickal Powers

By **Stephanie Yeh**

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Each week we receive many emails from people wanting to know about magickal powers such as clairvoyance, levitation, telekinesis and telepathy. They want to know whether this kind of magick is real and, more importantly, how to do it!

Since it's become such a popular topic, inspired by movies like Harry Potter and shows like Charmed, we thought it might be time to shed some light on this topic. To answer the first question, are such magickal powers and abilities real? In other words, is it possible to do these types of things in this world at this time? The answer is yes! Absolutely. In fact, you'll find that the masters of many different traditions, such as Aikido or Buddhism, can and do levitate. There are also many popular clairvoyants and telepaths, such as the well-known medical intuitive Louise Hay. And, many Tai Chi masters have telekinetic abilities (meaning they can move objects without touching them).

The second question, of course, is how you can develop these abilities for yourself. There are, of course, many paths to mastering these abilities. At the foundation of all these paths, though, is an understanding of the four elements of magick: air, fire, water and earth. One of the basic tenets of magickal studies is that everything in this Universe is made up of some combination of these four elements, and if you understand and know how to work with these elements, you can understand (and create) anything you desire.

That's why four element magick is the first area of study for our apprentices - it is at the heart of everything in the Universe, including magickal powers and abilities. For instance, you can develop clairvoyance and telepathy, which is access to knowledge not available to the five senses, by developing and working with your water element. Water, being the language of Spirit, allows you to

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access almost any information (or emotions) at a Spiritual level. Another ability, levitation, is the result of increasing your air element and decreasing your earth element. And telekinesis is the ability to channel your fire energy toward a specific object. For instance, we teach our students to begin using their telekinetic ability by throwing firebolts at a candle flame. They know they have begun to develop that ability when they can make the flame jump and split by pointing their finger at it.

Beyond the development of these psychic or magickal abilities, however, the four elements help us develop and follow our birth visions, listen to our Spirit guidance, and generally live more creative and peaceful lives. By understanding the basic "makeup" and laws that drive our Universe, we can learn to go with the flow rather than swim upstream. This is the true benefit of four element magick. Is the development of magickal abilities great fun? Absolutely! It's useful, too, for self-defense, personal power and more. But it's also the beginning of a deep understanding of the driving forces of life. It's a strong first step onto the path of direct knowledge and spiritual scientism. When the shamans were kicked out of the tribe centuries ago, the world lost access to such direct knowledge. Now we need the shamans more than ever, and we invite you to step on this path by studying the four elements of magick!

Stephanie Yeh, co-founder of the Esoteric School of Shamanism and Magic (<http://www.shamanschool.com>), helps clients use magical and shamanic techniques to manifest their desires. Stephanie has created several online and video classes to make this information more accessible. She also helps others learn to create abundant health and wealth with spiritual and practical resources through her site, Prosperity Abounds (<http://www.prosperity-abounds.com>).

Feng Shui In The Home – Is It The Right Style For You?

By Michael Holland

The use of feng shui in the home is the source of some debate for many would-be home decorators. Some people believe in its healing powers while others think it's nothing more than the latest hyped up fad.

However, if you are like most people and don't have a strong opinion either way about this subject, then allow me to shed some light. Below is an explanation of what feng shui is and what it represents. But more importantly, you'll be able to determine if it right for you and whether you should you use feng shui in the home.

Feng shui in the home can be a source of relief for some people and disbelief for others. Some home decorators swear that balancing the five elements (wood, water, fire, metal and earth) creates warmth and harmony.

One key aspect of this balancing act consists of using colors and shapes that represent the elements and rearranging furnishings to complete the effect. Other decorators, however, are more skeptical and see feng shui in the home as just hogwash. They don't believe it is necessarily to have all the blancing in place to create a beautiful room.

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So, which side of the fence do you come down on? Does feng shui in the home have any appeal to you? If so, are you drawn to it because you feel that you need balance in your life? Or do you simply seek a new creative twist for decorating your home? Either way, feng shui may still be worth trying.

Feng shui stresses creating an environment of harmony in the home. By melding the five elements together in a productive and harmonious cycle, you just might enjoy their pleasing characteristics. Feng shui advocates say that, if your home is dominated by only one or two of the elements instead of having them all represented, the home's level of "Chi" will be weakened. This, in turn, could result in problems for those living there.

So what do you think? Does this have any appeal to you? If not, no problem, but you could be missing out on something that could also be a lot of fun.

Whether you're looking for spiritual counsel and view feng shui as a possible answer, or if you're simply tired of the way your home looks now and desire a more flowing design, feng shui could help. Of course, some feng shui advocates believe that, if you are not seeking balance in your life, you should bypass feng shui decorating all together.

There's certainly no reason to take that advice. While feng shui may not serve its original intent, it can still result in absolutely beautiful rooms. The rooms in your home can flow seamlessly and seem more uniformed, instead of looking like a messy garage with items and accessories all jumbled. The great thing about feng shui is that it can help bring a finished and polished look to rooms that seemed disorganized.

So, is feng shui the right style for you? It your choice, but I think it's more than worthy of a try.

Michael Holland is the creator of

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). His web site offers lots of FREE decorating tips and

ideas for decorating your home.

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