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**The Happy Jar**

**By David Leonhardt a.k.a. The Happy Guy**

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I just delivered a free speech. I am a great believer in free speech, but an even greater believer in paid speech. However, there are good reasons why someone like me would deliver free speeches. For instance, to support a charity or a cause I believe in. Or if the audience is full of people who hire speakers.

If you've ever spoken at a dinner or ran a workshop at a conference, you'll wince when I mention the dreaded "token of appreciation" presented to the speaker. In your head you think, "Oh no, not another T-shirt." I have my share of T-shirts, golf shirts, letter openers, books that do not interest me, sweets, ball caps, and pens. I don't need any more.

Sigh. I suppose that's the price of free speech.

Which brings me to my recent free speech, at the end of which I braced myself to face Dreaded Token. I was presented with a lovely gift bag brimming with colorful paper — the perfect camouflage to conceal Dreaded Token until he was ready to pounce. Mercifully, Madam Group President did not make me open the bag in front of everyone.

As I was preparing to leave, I sneaked a peak inside the bag. To my surprise, there was a candy jar with dozens of tiny plastic smiley faces glued to the lid. Around the lid were foam-rubber multi-colored letters that read "Happy Guy". Wow! It was hand-made. Madam Group President took the time to craft a personal gift. How thoughtful. Dreaded Token, you have met your match. Meet Happy Jar.

If you have ever been a parent, valuing more the hand-made card your little daughter scribbles for you than any present she could buy, you know how I felt when I met Happy Jar. I can't wait for my daughter to be old enough to draw so I can feel that way more often.

## The Happy Jar

In life, little things really do count. You might be tempted to dismiss them, but they are the seeds that grow up into the garden of your life. Not all little things are good, but yours can be ... if you are willing to make a small effort. Madam Group President could have handed me a T-shirt or a ball cap or leftover fruit cake from last Christmas. (Yes, I was once presented with left-over fruitcake.) But she invested her effort instead and I have something wonderful to write about today.

You can make someone's day just by making that same little effort. I sent an encouraging e-mail to lift a friend's spirits today. It worked. Those carefully chosen words brought her mood right back up. I'm sure you can guess how great that made me feel, too.

When Carolyn Howard-Johnson, author of the epic *This Is The Place* raved to me about the writing in my book, I felt on top of the world. (It's not the huge \$75 royalty checks every three months that inspire authors to write.) She then raved to Amazon.com and BarnesAndNoble.com and a dozen other book review web sites. Do I have to tell you how her little extra effort made me feel?

I know I am blessed to be surrounded by so many thoughtful people, but I also know that we reap what we sow. What are you sowing? Are you making the time to give a little extra to people around you? Are you sowing seeds of happiness in your garden of life?

With the right seeds and a little extra effort, you may find more Happy Jars in your life than Dreaded Tokens. And of course, let us not forget the magic words to keep those Happy Jars coming: "Thank you Madam Group President."

David Leonhardt is *The Happy Guy*. He is a motivational speaker and author of *Climb Your Stairway to Heaven: the 9 habits of maximum happiness*. Buy the book at Amazon.com.

David Leonhardt is *The Happy Guy*, and author of

Visit him at

### **Add Scented Jar Candles To Any Room In Your Home**

**By Andrew Green**

Any room in your home can benefit from the addition of some fantastic scented jar candles. The style of scented jar candles will never fade and they are durable and long lasting. The majority of scented jar candles will last anywhere from 50 to 120 hours. They always look great and they are some of the most affordable candles on the market today.

Everyone loves nice scented jar candles, that is why they are so popular and hard to keep on the shelves of stores. If you look in any home décor magazine you are going to see plenty of these scented jar candles in all different rooms. Decorators suggest putting scented jar candles in your bathroom to get rid of any lingering unwanted smells, in your front hall so that guests are greeted with a warm and inviting scent and even the dining room.

## The Happy Jar

When you choose some scented jar candles for the dining room or the kitchen you should take the time to choose the scented jar candles that will promote an appetite. You do not want to choose a smell that will make people not want to eat. A more subtle scent is usually the kind that you want to go for in any room where eating will be done.

You can even use scented jar candles to create a romantic mood between you and your lover. Everyone like to forget their troubles for awhile and what better way to do this than to light up some scented jar candles and sit back with the one you love. Perhaps have some wine and listen to some soft music or even just talk to each other. I am telling you that scented jar candles could make all of the difference to your night any day of the week. Light some up tonight and relax with your partner, you both deserve it.

Scented jar candles are easy to find and are very affordable. You can purchase scented jar candles online or by mail or even at your local grocery store. The best place to get scented jar candles for cheap is the internet. There is a huge market for these fantastic candles online. You will find many different brands for much less than you would find them for anywhere else. If you don't believe me check it out for yourself, you will be amazed at the savings that you can find on scented jar candles online.

If you do not yet have any scented jar candles in your home, there is no time like the present to get some. Start shopping for your scented jar candles today and get in on the after holiday savings, you will not be disappointed. Scented jar candles can really change the whole feel of your home for the better.

Candles HQ. Articles and information about all sorts of candles.

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