

The Inception of Modern Computers, via the Back Passage.

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**By Thick Mick**

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Some consideration must be made for the many memory inconsistencies of Thick Mick. He does his best!

When I was no more than the size of a mediocre ostrich egg, I got my first computer.  
The year was 0001 A.D.

Now, no more than myself, it wasn't much to look at.  
We had no electricity; so needless to say, it wasn't much of a present either.

You don't get to be my age by giving out though, so I set about improving it.  
There were some minor obstacles.

First going of, its processor was made of granite. While this was effective, in the absence of electricity, its clock speed left something to be desired. For this, I used a simple mixture of sawdust (Trade Mark) and other sawdust (Trade Mark). Just to clarify that; sawdust is not the same anymore and when I was the size of a hippo's gonad, sawdust was the remains of the saw itself.

Next, I needed to make electricity. I got a heap of piezo-electric cells from my ears and that part was easy enough, though it had an adverse effect on my balance.

The monitor was made from a tablet of limestone, and quite frankly, was hard to keep clean. So I decided to boil more rocks, and through various experiments, I successfully made "one-way" glass. I couldn't see the point in making it two-way, as I would be looking into it and not out of it. Anyway, the fire was nearly out!

The disc drive was nothing to write home about, so I got a "fan belt" (alligator alimentary canal) and coupled it up to a perfectly squared shoulder blade. I still insist that this is the way to go! Listen up Mucrosift!!!!

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There was no need for a printer, because we couldn't write anyway. However, I did need a keyboard and quickly dispatched my fathers' keys to the pond and used his board!

Cables were easy enough to make and my grandmother (bless her) was an excellent knitter. "When you want to knit a high speed cable, do so, one bit at a time", she used to tell me (not that I ever listened).

I always get that one mixed up with the butcher down the road. What is it he used to say again?....."When you want a nice bit of high-speed meat, get them, one bat at a time".

Electricity, keyboard, processor, hard drive, cables.....what else was there?.....oh yeah.....I needed a comfortable seat and ordered this over the internet.

I had to! The 7/11 was closed!

That just about concludes two thousand years of thicknology, as I remember it.

Mick.

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Thick Mick is an expert columnist on historical matters, with

## **How To Reduce Snoring Naturally**

**By Kathryn Whittaker**

When the airflow through your breathing passage becomes irregular due to obstruction, the soft palate starts flapping. This produces the snoring sound. Snoring can be defined as the sound made through an open mouth due to vibration of the soft palate and uvula. Snoring occurs during sleep, and the intensity of the sound may vary from person to person.

The main reason of snoring is obstruction of the breathing passage. Fat accumulated around the throat, incorrect positioning of the jaws, closing of jaws during sleep, allergies, and the tongue collapsing back into the throat can be the source of various breathing passage blockages that result in snoring.

Snoring is a very common phenomenon among men as well as women and the `funniest' part associated with snoring is that most snorers' do not hear their own snoring. Snoring can be a social problem as well as medically serious issue. It can cause disturbance in your partners sleep and it definitely disturbs the snorers sleep patterns. If an individual is a victim of serious snoring then it might lead to some serious health hazards including sleep apnea.

Many people ask if snoring can be cured or not? Heavy snorers should definitely seek medical help, even though they may need several treatments and examinations. These examinations determine the kind of treatment required. Diagnosis will discover whether the snoring is due to allergies, infections, and tonsils or as a result of being overweight or lifestyle factors. Heavy snorers have the option of

choosing surgery as a way to minimize or eliminate their snoring.

There are people whose snoring is mild their snoring can be managed through maintaining a healthy and athletic lifestyle. If needed, mild snorers should consider losing excess weight, avoid tranquilizers and sleeping pills, cut down on alcohol intake, adopt a regular sleeping pattern, and avoid sleeping on their backs.

There are some effective ways to reduce snoring. If the throat, the jaw muscles, and the tongue are exercised regularly, the breathing passage will become broader and will not become blocked during sleep. If you make it a habit to exercise these areas, you can reduce your snoring naturally. Yoga and singing are also natural methods to reduce snoring.

Kathryn Whittaker has an interest in Health related topics. To find out how you can stop snoring without resorting to surgery please visit this Stop Snoring

site.



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