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By Jesse S. Somer

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So You Think You're Hopeless With Figures?

By Kenneth Williams

"It's no good! I'm just *hopeless* with figures!"

If you've ever said that to yourself then don't worry – you're not alone.

Here are 5 ways to get over your numbers 'block' and start turning figures into friends:

1 – Give Them A Chance!

Begin to look carefully at figures instead of just 'switching off' when they come into view.

2 – Don't Lose Them, Use Them!

If you get confused, don't worry, it happens to everyone. (Some bills seem to be designed to confuse!)

Just take in what you can and leave the rest.

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3 – Take The Easy Route

See if you can spot the easy way to do everyday math sums.

For example, suppose you need to find: $7 + 8 + 3$.

Instead of starting at the left and adding as you go, you may notice that the 7 and 3 make a nice round

10. Simply tag on the 8 and you get 18 altogether.

The above technique – called "looking for 10s" – is a useful trick when adding numbers.

Try some for yourself: $8 + 6 + 2 + 6 + 4$ $9 + 3 + 7 + 5 + 1$ $13 + 6 + 7 + 14$

4 – Notice Patterns

For example, 23434 contains a simple pattern.

So does 9639.

And 51015 is a 'palindrome' – it's the same backwards.

5 – Make Them 'Real'

Numbers may contain memorable digits like dates.

For example, 217761.

Or some other kind of digit combination that you can relate to.

Once you can relate numbers to the 'real world', you're fast on the way to becoming familiar with them.

And when you get to know them, you and numbers can become the best of friends for life!

<http://FunWithFigures.com>

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