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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

The Life Should Be Easy Lie

By Janet Daughtry

Have you ever heard someone exclaim, "Why does this always happen to me?" or "That's just my luck.", as if they are somehow being singled out by life? We often have this notion that everyone else has it easier than we do.

The truth is that life is hard – no exceptions for anyone. We don't want it to be and somewhere deep inside of us we keep looking for a life that is pain free. It's got to be out there somewhere. The truth is that a pain-free life doesn't exist! Life is difficult and acceptance of this truth can spare us a lot of heartache.

When we resist the truth, we become angry, bitter, depressed, and on an on the list goes. In fact, psychologists regularly deal with people who can't believe life has dealt them such a cruel blow. At the core of their beings, they really believe that life is supposed to be easy, at least for them. Therefore, when expectations aren't met, they become angry with life and angry with God. If God is good, how could He allow such and such to happen.

The tragic thing is that Christians have also bought into this lie that life is supposed to be easy and some even propagate it. If we become Christians, we escape pain right? Well what happened to living a self-sacrificing life? We don't hear a lot about that these days. Nobody wants to suffer. What ever happened to taking up your cross? Too often God becomes the cosmic bell-hop, if you will, to our every whim.

I read a quote by Arthur Matthews, a missionary to China, that was rather sobering. Arthur was a missionary to China from 1938–1953. He said this in one of his books...

"We tend to look at the circumstances of life in terms of what they may do to our cherished hopes and convenience, and we shape our decisions and reactions accordingly. When a problem threatens, we rush to God, not to seek his perspective, but to ask him to deflect the trouble. Our self-concern takes priority over whatever it is that God might be trying to do through trouble...."

The Life Should Be Easy Lie

An escapist generation reads security, prosperity, and physical well-being as evidences of God's blessing. Thus when he puts suffering and affliction into our hands, we misread his signals and misinterpret his intentions."

Something to think about! Certainly God is a God of blessing, but I also believe our God is actually too kind to leave us to our self-centered ways. He might just want us to learn something. God forbid that my own wrong choices and decisions would have to with any of my pain. Could it be that God is more concerned with our character than whether things are always easy?

"Jesus, although he was a son, learned obedience from what he suffered." Hebrews 5:8

So the way I see it, there are some that probably have it easier than you and I for whatever reason, but there are no doubt those who have it worse. No one escapes pain or difficulties in this life. Acceptance of this can actually bring a lot of peace and help us to cope with life on a daily basis. With God's help, we can learn to confront our problems rather than running from them and become better and stronger

people because of it.

Janet Daughtry, MDiv, CBC, is a certified Christian life coach. Visit her website at

<http://www.ChristianLifeCoaching.com>

When I Lie Safe In Your Arms

By Emmanuel Emesakoru

When I Lie Safe In Your Arms by Emmanuel Emesakoru

When I lie here safe in your warm arms
Defenseless at the mercy of your charms
A weakling I turn staring into your eyes
I lose my strength in this new paradise

This paradise of encircling warmth I love
For it's cool as the rainfall from above
That falls upon my skin and makes it shine
Knowing that you're always mine and fine

When I lie here safe in your strong arm
Though I'm weak but I'm safe from harm
I feel my bones turn into water and flow
My dead feelings gently kindle and glow

This glowing feeling compares to the galaxy
For it always brings me closer to sweet ecstasy
When I lie here safe in your soothing arms
Boneless, defenseless at your irresistible charms

There's really nothing about me. I am Emmanuel Emesakoru, a budding poet who desires to live someday by the poetic works of my hands someday in the United states and make a fine name, just writing poetry.



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