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Menopause, Andropause And Other Hormone Imbalances
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The Magic of Video Conferencing

By Harry Rockwell

Video conferencing facilitates learning by allowing remote or distant learners to meet regardless of

their location. Students can take classes at multiple universities. In essence classes that are not available at one location may be available at another through video conferencing. Video conferencing can also benefit non traditional students who are not able to attend classes during normal hours.

There are various types of videoconferencing; which is suitable for your application will depend upon the IT structure available and what it is that you actually want to achieve. Video conferencing has in the past been relatively expensive, but prices are coming down and it is possible for anyone with a fast enough internet connection to operate a video conference.

There are excellent quality video conferencing systems out there. Many of them are well worth the dollars that they cost. And, because technology continues to grow, you'll find that prices for video conferencing will become more competitive. It is the way of the future. Is your company in the future? Using video conferencing can help to insure that it is there.

Most video conferencing terminals also require what is called a codec or Compressor/Decompressor interface. This piece of equipment helps compress information being passed from audio to video to make transmission of materials feasible over the Net. Without this piece of equipment most files would be too large to send from one computer to another. The process of compression data using a codec machine is often referred to as decoding and encoding information.

Finally, a computer and reliable internet connection are also necessary to facilitate video conferencing. A high speed connection is recommended to make the video conferencing experience not only enduring but also enjoyable. The actual computer you have is not as important as the size of your display. Remember that when using video conferencing equipment, the larger your display the better your picture and the more easily a time you will have conferencing' with other people on the Web.

Conferencing – Providing conferencing information. Learn about web conferencing, audio conferencing, video conferencing, etc. Find out about web data conferencing & web exchange conferencing here.

<http://www.conferencingonlinephone.biz/>

Save Time And Money With Business Video Conferencing

By Robert Michael

Does your business have employees who must meet face to face, who work at job sites all around the country or the globe? Is paying traveling expenses for your employees really starting to add up? Video conferencing allows your employees to gather together for meetings without the expenses associated with travel and time away from the job site.

When your business takes advantage of video conferencing, you save time and money while increasing employee productivity and satisfaction. Imagine having important meetings without the transportation time and travel costs, and without taking employees miles away from home. Video conferencing can make all of that possible for your business.

When employees must travel great distances to meet together, your business loses hours of employee productivity. And how many times have employees traveled miles or even oceans away from their usual job sites, only to realize all too late that some important resource or data has been left behind?

Video conferencing eliminates all these hassles, and on top of that, it saves you money. Purchasing and maintaining video conferencing equipment is an investment guaranteed to begin producing returns almost immediately.

Ten years ago, the equipment needed for video conferencing could cost as much as \$50,000 per site. But with recent advances in technology, packages are available for less than half of that, and it is even possible to rent or lease video conferencing equipment for low monthly payments.

Video conferencing technology integrates video and audio signals, so that employees are able to see and talk to each other just as they could if they were meeting face to face. They can remain close to their job sites, their data, their resources, and - even more importantly - their families.

Taking advantage of video conferencing technology means that all the costs associated with employee travel and lost time are eliminated. Imagine being able to call an important employee meeting with only days or even a few hours notice! Video conferencing makes that possible.

Also, big decisions can be reached much more quickly when you do not have to wait for everyone to gather in one place. No more missed opportunities, waiting for employees to arrive from their different locations, all miles away. No more wasted travel hours, no more employee productivity lost to travel time.

Video conferencing allows your employees to retain the benefits of face to face, real-time communication, without any of the hassles or costs associated with actual face to face meetings. Now that video conferencing packages are available for so much cheaper than they have been in the past, isn't it time for your business to start taking advantage of the technology of today?

Robert Michael is a writer for A Conferencing which is an excellent place to find conferencing links, resources and articles. For more information go to:

<http://www.aconferencing.com>



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