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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**The Paris Opera House**

**By Anne Morris**

The Paris Opera House is thought to be one of the greatest pieces of architecture of its period.

Located on the northern part of Avenue De L'Opera in the 9e arrondissement , it was founded in 1669 by King Louis XIV.

The idea of the Opera house was first proposed in the 1858 during the Second Empire by Baron Haussmann who was granted authorization for the project by Napoleon III. About 12000 square meters of land was cleared and a thirty five year old architect by the name of Charles Garnier was chosen to design the Opera House.

In 1861, construction began and 14 years later the building was complete. There were a number of significant delays however, first there were issues such as the Paris Commune, and the Franco Prussian War and then, there was a problem with the location. The ground was marshy and full of underground water.

For eight months, the site had to undergo constant pumping before the base could be put down and it was said to have formed an underground reservoir. This reservoir became the idea behind the setting of "The Phantom of the Opera"

On January 15, 1875 marked the opening of the Palais Granier (Paris Opera House). There was a performance of La Juive with Fromental Halevy and excerpts of Les Hugentos with Gaicomo Meyrebeer.

The editor John Norwich of Great Architecture of the World reports that a contemporary critic thought the Opera House looked like "an overloaded sideboard" The place is ornate and decorated with marble friezes of various colors.

The interior is filled with gold leaf and velvet. There are cherubs and nymphs everywhere. The chandelier is over six tons in weight. The ceiling itself was painted by Marc Chagall in 1964. The Opera House is 11000 square meters (11844 square feet) with a platform that can fit more than 400 artists and there are over 2000 seats for the audience.

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The Opera House is now thought to be a masterpiece because Garnier had made wonderful use of the difficult and cramped site. The carriage ramps, the steps, the foyers and staircases were both planned and sectioned with skill and confidence.

Garnier was accused of being overly ornate, just like Napoleon and Haussman were criticized of having old and imperialist ideas but the critics forget to keep in mind that cities need their grand monuments and without Napoleon, Garnier, and Haussman, Paris could not have been thought of as one of the most beautiful cities in the world.

Anne Morris writes articles about travel. Discover more information about travel at

<http://www.more-paris.com>

and

<http://www.sanibeltoday.com>

## **Top 10 Things To Do In Paris**

**By Rita Borges**

1. Checkout the Markets — A daily Parisian ritual is to rumble through the open air markets to buy fresh food. A not to be missed market is on Rue Montorgueil beginning at Rue Rambuteau (Metro: Les Halles).
2. Flower Market in Ile de la Cite — There is no better way to make your home feel like yours than with fresh flowers purchased along the Seine.
3. Fauchon — Gourmet Shopping with over 20,000 specialty food items from all over the globe is a guaranteed way to hone your kitchen skills or bring out your inner chef.
4. Roam Montmartre — Yes, it's touristy and by some standards overrated but it's still Paris at its best so wander and enjoy the Sacre Coeur.
5. Six Feet Under — Bring flowers and pay respects to legendary Americans who called Paris home or in Jim Morrison's case died in Paris. The most famous cemetery in the world Pere Lachaise is worth the visit.
6. Stroll the Seine — If you are fortunate to be sharing your apartment with someone, nothing rekindles a romance faster than a stroll along the Seine ANY time of day
7. Tea Time — England is famous for tea but a Parisian Tea Salon is an experience. Visit the Angelina or Bertillion and experience true tea time grandeur not a soggy watercress sandwich.

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8. Write the Great American Novel — Thrive on the inspiration from lingering in a café exploring your inner demons and admiring the enchanting Parisians. It worked for Hemingway.

9. Opera — Visit one of the grand opera houses even if you don't like Opera. The grandeur and people watching in the Bastille and Garnier are wonderful stories you can bring back home  
10. Window Shop like a Parisian — The ultra expensive Parisian shops on Fauborg–St. Honore such as Hermes, Dior, LaRoche, Courreges, Cardin and Saint Laurent are a decadent treat...maybe one day

Rita Borges is Managing Director of Paris Luxe,

<http://www.parisluxeapt.com>

, a firm specializing in

short term rental of upscale and luxury Parisian apartments. A one –stop solution for first rate quality Parisian apartments, Paris Luxe is an expert partner for non–French speaking individuals, couples, and families looking for Paris apartment.



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