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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

The Perfect Way To Watch Your Child Grow

By Sophia Ton

Many people ponder the perfect way to raise a child. Here are some thoughts to consider and contemplate:

"It takes a village to raise a child." – African proverb

"There are only two lasting bequests we can hope to give our children. One is roots; the other, wings."
– Hodding Carter

"Parents can only give good advice or put them on the right paths, but the final forming of a person's character lies in their own hands." – Anne Frank

"Don't limit a child to your own learning, for he was born in another time." – Rabbinical saying

"The best way to keep children home is to make the home atmosphere pleasant — and let the air out of the tires." – Dorothy Parker

"You know children are growing up when they start asking questions that have answers." – John J. Plomp

"I have found the best way to give advice to your children is to find out what they want and then advise them to do it." – Harry S Truman

"If you as parents cut corners, your children will too. If you lie, they will too. If you spend all your money on yourselves and tithed no portion of it for charities, colleges, churches, synagogues, and civic causes, your children won't either. And if parents snicker at racial and gender jokes, another generation will pass on the poison adults still have not had the courage to snuff out." – Marian Wright Edelman

"No matter how old a mother is, she watches her middle-aged children for signs of improvement." – Florida Scott-Maxwell

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"Too often we give our children answers to remember rather than problems to solve." – Roger Lewin

"Becoming responsible adults is no longer a matter of whether children hang up their pajamas or put dirty towels in the hamper, but whether they care about themselves and others — and whether they see everyday chores as related to how we treat this planet." – Eda LeShan

"People usually consider walking on water or in thin air a miracle. But I think the real miracle is not to walk either on water or in thin air, but to walk on earth. Every day we are engaged in a miracle which we don't even recognize: a blue sky, white clouds, green leaves, the black, curious eyes of a child — our own two eyes. All is a miracle." – Thich Nhat Hanh

There is no perfect way to raise your child. Just provide the support and love they need to grow and prosper.

Sophia Ton is a freelance writer who writes about baby shower gifts, maternity, pregnancy & family topics. She loves to shop for baby memory books at

<http://www.beforebaby.com/category/baby-books>

and she loves the diaper cakes at

<http://www.beforebaby.com/category/diaper-cakes/>

Fleeting Gifts

By Arleen M. Kaptur

Fleeting Gifts by Arleen M. Kaptur

During a recent visit to a toy store looking for the perfect gift for a child, the insight I received gave me a very rude awakening.

A child is born with all kinds of gifts tucked right in there with the cute little smile and the tiny toes and fingers. There is creativity, inspiration, imagination, and fun. It is all right there – just waiting to be encouraged, and allowed to grow and mature. What really happens when family and friends lavish gifts of the latest toy trends and gift ideas that toy manufacturers insist are the "in" thing? These precious and fleeting gifts are not nurtured and give the "food" they need to become the basis for future careers, jobs, and lifestyles. Instead, they allow the child to be a bystander and "watch the world go by" – but not become a "mover and shaker" of what is going on. In other words, the script, cast, and everything in between has been scheduled, programmed, and packed – all in one box.

Children are the future of each and every one of us – they will be the doctors, lawyers, judges, politicians, cooks, clerks, parents, citizens, etc. No one is so isolated that they will not be affected by the decisions and actions of these children when they become adults. You can run, but you can't hide

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from what the future will bring – and from those who will bring it about – today's children. While a child may whine and cry for the very latest in what the ads show as the "craze" of the times, you are the purchaser, or the main ingredient in the child's experience. Maybe making a total about-face is not a reasonable choice for you and your child, but seek out a few alternatives. If you buy a "pre-programmed" action figure, vehicle, or play set, offset it with a few "standard" items. Lincoln logs can still fascinate, art sets (whether clay, paint, or pencil) can nudge that creativity, or games that allow the child to think, react, and plan. Books, craft kits and building blocks of all sizes, shapes, and forms, give hours of pleasure and allow the child to become the "programmer", not the "bystander." With the Holidays coming on in a hurry, think about the "fleeting gifts" that will go away if they are not given a chance to sprout, grow, and blossom. Look for ways to allow your child to expand their imaginations and interact with their playthings – create backgrounds, situations, and results.

While the world rushes by with all kinds of things money can buy for your child, don't rush them right out of their childhood. Allow them the fun, freedom, and fascination that breeds healthy, happy, and successful adults.

Those few precious years are just that—precious. They cannot be retrieved or erased – only encouraged, motivated, and celebrated. This holiday season, watch a child grow and become all he/she was intended to be and become a part of the future – a future for each and every one of us. ENJOY!

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Arleen Kaptur has written numerous books and articles. For a free newsletter, gift ideas, recipes, article, etc. please visit <http://www.arleensite.com>



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