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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

The Power Behind 'Mini-Prayers'

By Alan Tutt

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<http://www.KeysToPower.com>

We have all heard that our beliefs shape our lives. Some will say that our beliefs will influence the Universe to become what we believe it will be. Others say that our beliefs simply direct the course of our actions, which in turn shape the pathway we take through life. Either way, I'm sure you will see that the more your beliefs allow you to take a rewarding pathway, the more rewarding life will become. And a tool that is used quite often for changing beliefs is called an affirmation.

Affirmations are generally used as a sort of 'mini-prayer'. If there is something that you want in your life, the general instructions are to repeat an affirmation that basically says that you already have it, and this will influence the causative force (either the Universe or your behavior patterns) to bring it into your life. In other words, if you want a fulfilling relationship in your life (assuming you don't already have one), then you would repeat to yourself "I am loved by a very special person who makes me feel wonderful. I am in a very rewarding relationship that fulfills my every desire." By repeating this affirmation, you will eventually find that desired relationship.

Of course, there is much more to the process than this, but you get the basic idea. Whatever affirmation you have decided to work with, the guidelines are to repeat it to yourself over and over again hundreds of times over a period of time, like a week or so. The question that most people have at this point is not "What makes affirmations work?", but rather "What kind of affirmations will work best for me?".

Here are a few general-purpose affirmations that may be used to improve your life in all areas. One of the most famous affirmations was developed by a French scientist by the name of Emile Coué, which is "Every day, in every way, I am getting better and better." Here are a few others.

The Power Behind 'Mini-Prayers'

"I am One with the Universal Mind Power, and so being, I am One with Universal Success. All ideas for my personal success come to me from the Universal Mind in a way that is certain for me to see. I am constantly guided to do the right thing, say the right thing, and be at the right place at the right time."

"I am Powerful. There is Power in everything I do."

"Wealth comes to those who serve others."

"I am more valuable than I think I am."

"When I'm excited about what I do, others will get excited too."

"The only failure in life is the failure to try."

"I am divinely blessed, and my blessings grow every day."

"As I breathe in, I bring myself closer to God and His absolute Power. As I relax into the Power of God, I am connected into the matrix of creation. I can now set the course of events in my life. The results of my creation bring me much happiness."

"LIFE IS WONDERFUL!!!"

Alan Tutt is the creator of the phenomenally popular Keys To Power Mastery System. Christ taught that anyone can perform the same miracles He did as long as they had enough faith. Learn the secrets to miracle power with the Keys To Power Mastery System. ==> <http://www.KeysToPower.com>

WHAT, WHEN, WHERE, WHO, WHY...PRAYER

By Irvin L. Rozier

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What answer can I give to those who often say
There is no God, why should I bother to pray
Storms of life come in every shape and form
A smooth sailing through life is surely not the norm

When do answers to prayers come, or do they come at all
Does God really hear my prayers when upon His name I call
I must keep on praying although no answer is in sight
My answer may come today or it may come this very night

Where should I pray, in a public or secret place
Should I be standing upright or should I fall upon my face

The Power Behind 'Mini-Prayers'

I've heard many prayers prayed in a pretty church
I've observed men praying from a lofty perch

Who should I pray to, Jesus is the only one
Who died on the cross, He is God's only son
I must pray with power like the holy men of old
I my time of need, I must be very bold

Why should I continue to pray, I must ask
Often my prayer time is such a difficult task
Interruptions come and doubt creeps in my head
My heart believes in Jesus, I know that He is not dead

The words of this poem were gleaned from many years
Of praying to Jesus, who has often wiped my tears
I've prayed many prayers during the past many days
I know that God hears and answers, in many ways

Without Jesus, I would have no prayers and no hope
Of a better day coming, I must hold on to the rope
The Word of God bids us to pray without ceasing
The prayers of God's children to Him are very pleasing

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author of My Walk with the Lord, www.selahbooks.com



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