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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

The Power of Simple Awareness

By Gloria Reibin

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In reading Dr. Cohen's article "Stuck? Frustrated? Going Bananas?" I was struck by one line, "We're too busy trying to make things happen in our favor rather than naturally let things happen in our favor." That line carried me back to basics, back to the concept of simple awareness.

Anyone who has attempted affirmations knows that they work. Make a positive statement to yourself often enough and you begin to believe it. Continue the affirmation, it grows past belief and ripens into an accepted part of your life. Eventually, the positivity seeps into your brain, becoming as much a part of you as your skin or your eyes.

Years ago, I read a book called "The Creative Process" which consisted of a collection of essays by artists, scientists, mathematicians and a whole array of creative people. I was struck by the commonality of the creative experience about which these people wrote.

In each case, the person described days, months, or even years of effort at a project or problem, only to find the answer swell up in their brain and surface in a dream, on a walk by the sea or while taking a bath.

One woman I know tried to remember the name of a person she hadn't thought of in years. That night she dreamt of a billboard with the person's name splashed across it. Why do people say, "Let me sleep on it?"

The Power of Simple Awareness

Early in the twentieth century, physicists began to formulate the concepts which they called the Quantum Theory. Their findings implied that the finer levels of reality were the most powerful. Experiments proved them to be right. Split an atom, you have atomic energy. Split the nucleus of an atom, you have the even more powerful nuclear energy. They've found more and more finer levels of reality lead to an idea, a thought, a beingness.

Where am I going with all this? What I'm about to say is less of an analogy, more of a reality, but you can take it anyway you want.

Thought is most powerful at it's source, which is the state of simple awareness. When these creative people found answers to questions and solutions to problems, they found them not when they were thinking about them, but when their minds were quiet, at rest.

When Dr. Cohen said "We're too busy trying to make things happen in our favor rather than naturally let things happen in our favor," it meant to me that we have to pull back, quiet our minds in order to know how to proceed. We've got to trust the still, quiet part of ourselves. We need to set aside some time each day to experience that simple awareness.

Gloria Reibin is the owner of Advantage E-Com <http://advantageecom.com> She works with Free Leads for Life Marketing Group, which offers free Internet Marketing and Network Marketing training. <http://www.freeleads4life.com/cgi-bin/view.cgi/4389>

The Long Term Benefits From Pay Per Click Advertising

By Kevin OHara

The long term benefits from pay per click advertising.

Businesses are starting to look closely at the long-term benefits from pay per click advertising. Pay per click search engines are primarily used for sales in the now time frame, but they are also being used to build a business identity that their customers will remember. This form of brand awareness can be applied to a company of any size, large or small. If you take a look at a traditional magazine or newspaper ad, the companies are using that advertising to increase their brand awareness. The purpose of the ad is to direct the customer to their products or services but there is no chance to make a sale immediately. They are referred to a website or a retailer. When search engine advertising, as

The Power of Simple Awareness

potential customers search the web looking for a product or service and see the same site come up in their searches time and time again it begins to create that same brand awareness for that product or service.

Over 85% of all searches on the Internet are done through search engines and they are the best tools for enhancing a company's identity. They are identity builders, and they direct targeted consumers who are looking for your product or service right to your doorstep. In the long term, brand awareness can bring visitors to their site without additional advertising. By using the power of search engines you can use the Internet to deliver a targeted prospective customer who is actively looking for your products or services right to your doorstep and build long term brand awareness at the same time.

Kevin OHara Pres. & CEO

The Long Term Benefits From Pay Per Click Advertising

The American Dream - Are We Really Free?

Breast Cancer Awareness Bracelet: Support A Noble Cause!

Developing Awareness of Living

How It's Always Now

HIV/Aids Healed by the Power of God

How To Overcome Snoring and Sleep Apnea

Making money at online auctions

The Power Of Laughter

Stress The Silent Killer



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