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The Price We Pay for Progress

By Leigh Butler

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Why am I so frustrated?

I'll tell you why I am so frustrated in two simple words – The Internet. I frequently go to the Internet to find information, but once I get there I just don't know where to start.

Search engines use to work really well when I wanted to find information on a topic. But these days it's very likely that you will get over a million results when you search for information on any given topic. I've even tried narrowing my search to no avail. Talk about frustrating!

Checking my email is no less frustrating than searching for information. Spam seems to be the king of the Internet. I receive email from people and places I've never heard of before. I've tried getting new email accounts but the spam seems to follow me wherever I go. Talk about frustrating!

Then there are those annoying pop-up and pop-under windows that seem to appear out of nowhere. Who came up with that idea anyway? Talk about frustrating! Pop-ups do a wonderful job of diverting my attention away from the information I went to the website to look for.

Oh. And of course there are those websites that have words and pictures dancing around to the sound of my

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favorite tunes. Not! It's a shame that in the time it takes for those pages to load, I can surf to five other sites.

You may wonder why I continue to surf the web if it is truly such a frustrating experience for me. Better yet, why do I run an online business if being online is so frustrating?

I'll tell you why. That's the price we pay for progress.

I use to wonder why I put myself through the agony and frustration.

Well, I realized that although the Internet has its definite pitfalls, the benefits far outweigh the cost. When I look beyond the frustration to the benefits, I can appreciate its value.

So often in our lives we miss the beauty of the forest because we are too busy focusing on the giant trees. The giant trees are the obstacles we must overcome in order to reach our goals.

If we focus on the obstacles (giant trees) in our lives we miss out on all that life has to offer us. We fail to reach our goals because of the obstacles that we see standing in our way.

The funny thing about obstacles is that they are not always as big as we make them seem. In fact, how you look at a situation determines whether or not it is really an obstacle. A situation can either be a stumbling block (obstacle) or a stepping stone (opportunity).

When faced with an unfavorable situation you must make a conscious decision about how to handle it. Will you treat it as an obstacle or will you transform it into an opportunity?

Just as I face frustrations in operating an online business (which was one of my goals), you too will face frustrations in pursuing your own personal goals. But frustration is the price that you must pay for progress.

Leigh Butler is a Consultant who specializes in Education and Research & Development. Empower yourself, develop your potential, acquire a new passion for living and learning. Subscribe to Leigh's Lifelong Learning Newsletter

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1 Price You Have To Pay For Success!

By Gordon Bryan

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What will it cost you to achieve your goal?

What price will you have to pay?

Well obviously I don't know you, and I don't know what your goals are, but I do know this:

Whatever your goal is, there is one unavoidable price you must pay.

Here it is -

Whatever it takes!

That may sound glib, but it's a simple truth.

In order to achieve your goal, whatever it is, you will come across hurdles to be crossed and sacrifices to be made, and whether you make them? That's a decision for you!

Here are some examples...

Maybe you have to stop watching hour after hour of television soap operas, to free up your time.

Maybe you have to get an evening job for extra finance.

Maybe spending less time at the pub will free up time *and* finance!

Your income may drop at first.

You may find that friends don't like the new you, they see less of you anyway, and they drift away.

You might find a barrage of criticism and negativity coming your way from those less motivated than

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you.

Those are just examples, they won't all happen, you may find that none of them happen, but there will without doubt be some price to pay.

You don't have to pay it though!

Like I said, it's a choice.

If you don't want to stop the TV watching, that's fine, but then you need to accept that you will not achieve your goal.

Likewise, if you can't be bothered to work an evening job for that needed finance, accept that your goal will not happen.

Even if you do decide that you can't make the effort, you have made progress, because you have made an important realisation of the difference between dreaming and goal achievement.

Goal achievement always starts with a dream, and always comes with a price.

As a counter balance to all this 'pay the price' stuff, don't forget the expression that 'the best things in life are free'.

If you *are* prepared to pay the price for your goals, you will enjoy an increase in self-esteem, excitement, happiness and all-round well being, which money couldn't buy!

*****Gordon Bryan's new book, 'Transform Your Life in 21 Days!has been described as 'a must read', 'awesome', and 'a true gem'.If you liked this article, see the book for yourself at:<http://www.transformyourlifefor.com>*****



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