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The Romance Of Highly Scented Candles

By Marguerite Bonneville

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Before the discovery and widespread use of electricity, candles and firelight were the only instruments humans could rely on to navigate after dark. But in the 21st century, they are two of the most effective stimuli for creating a romantic mood. And if you use a highly scented candle, you'll create an even more effective sensual experience.

Candles affect us on a number of different levels:

1. Gazing at a flame is a mesmerizing experience and relaxes both the eyes and the mind.
2. Because a candle throws light on a relatively small area, it creates a sense of intimacy among the people basking in its glow.
3. On an emotional level, a candle induces a sense of warmth, even though it emits very little heat.
4. A candle can also capture the eye through the beauty of its color and design, which are enhanced by the flickering flame.
5. A highly scented candle adds more pleasure to the mix by stimulating the olfactory senses.

You can use highly scented candles to create a romantic atmosphere during intimate evenings at home, or you can give them to special people in your life as gifts.

There are so many varieties of candles now available in the marketplace that you're sure to find one to suit every taste.

Candle Uses:

1. Aromatherapy

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The study of how scent affects the central nervous system is centuries old. Modern day aromatherapists can evaluate a client's situation and prescribe a remedy in one short consultation. Highly scented candles can be used in the same way as essential oils to change a person's frame of mind in a calm and non-threatening way.

Here are some uses for highly scented or aromatherapy candles:

- a. To help a person feel calm, give them a candle scented with chamomile.
- b. A lavender candle will induce a feeling of serenity.
- c. To help someone with flagging energy, give him or her a sandalwood candle.
- d. To help restore a person's spirit, give a candle scented with ocean breeze.

2. Relaxation

- a. Candles are often used in meditation, and suitable types include chakra candles and Feng Shui candles.
- b. Meditators often use an aromatherapy burner fueled by tealights or votive candles.
- c. Give highly scented candles to someone who enjoys taking baths by candlelight.

3. Color Therapy

- a. Choose soft colors or light and neutral shades for people who love to relax.
- b. Give strong colored candles to people who love to celebrate.

4. Celebration

- a. Candles are regularly used in ceremonies such as christenings, birthdays, weddings and funerals.

Most candles are made from beeswax, paraffin, soy, gel and other materials such as resins. You can purchase clean burning soy candles if you or the people around you suffer from allergies or hypersensitivity.

Candle Shapes

Candles come in all shapes and sizes:

1. Long thin candles known as pillars and tapers
2. Small candles including votive and tealights
3. Geometric shapes, including balls, pyramids, squares and rectangles
4. Character shapes
5. Candles in decorative containers such as glass, wire or steel vases

All of these, with the possible exception of character shapes, make great romantic gifts. And even a character shaped candle can be romantic if it has a special significance. For example, a candle shaped like a snowman can remind her of the night you fell in love while building a snowman in her parents'

yard.

Most women love candles of any kind, and men who take pride in their surroundings will also appreciate a beautifully crafted candle.

Choosing a Candle

Here are some commonsense tips to help you choose a great romantic candle:

1. Keep in mind the colors the person favors in his or her home. Don't give her a sparkling blue candle if her living room is decorated in shades of peach. Don't give him a red candle if his apartment is painted in olive tones.

2. Go for clean, classical lines when you buy, like elegant tapered candles or classic round candles, either short or tall, in clear, beautiful colors.

You can buy a more extravagantly decorated candle if you know the person will absolutely love it. Or you might buy a fun candle for someone with a great sense of humor. If you're absolutely stuck, buy white.

3. If you know the person well, you might choose a candle that fits in with his or her interests. A zodiac candle will thrill an astrology buff, while a pyramid candle will please an ancient history enthusiast. You can find a whole range of candle containers that feature dolphins, butterflies and other motifs that make for an excellent personalized gift. Choose a highly scented candle that features one of their favorite scents.

4. Take into account the person's allergies or beliefs about using natural products. Look for candles made of environmentally friendly materials like soy.

It's worth taking the time to think through the other person's preferences before you buy a candle for a romantic gift. People recognize when thought has gone into a gift selection, just as they sense when the choice was haphazard. Your thoughtfulness will add immeasurably to their appreciation of your gift.

Marguerite Bonneville is a Master Practitioner of Neuro-Linguistic Programming (NLP) whose passion is publishing information online. She is a contributing writer for <http://www.romantic-gift-ideas-online.com>, a resource site dedicated to helping visitors find the perfect romantic gift.

Add Scented Jar Candles To Any Room In Your Home

By Andrew Green

Any room in your home can benefit from the addition of some fantastic scented jar candles. The style of scented jar candles will never fade and they are durable and long lasting. The majority of scented jar

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candles will last anywhere from 50 to 120 hours. They always look great and they are some of the most affordable candles on the market today.

Everyone loves nice scented jar candles, that is why they are so popular and hard to keep on the shelves of stores. If you look in any home décor magazine you are going to see plenty of these scented jar candles in all different rooms. Decorators suggest putting scented jar candles in your bathroom to get rid of any lingering unwanted smells, in your front hall so that guests are greeted with a warm and inviting scent and even the dining room.

When you choose some scented jar candles for the dining room or the kitchen you should take the time to choose the scented jar candles that will promote an appetite. You do not want to choose a smell that will make people not want to eat. A more subtle scent is usually the kind that you want to go for in any room where eating will be done.

You can even use scented jar candles to create a romantic mood between you and your lover. Everyone likes to forget their troubles for awhile and what better way to do this than to light up some scented jar candles and sit back with the one you love. Perhaps have some wine and listen to some soft music or even just talk to each other. I am telling you that scented jar candles could make all of the difference to your night any day of the week. Light some up tonight and relax with your partner, you both deserve it.

Scented jar candles are easy to find and are very affordable. You can purchase scented jar candles online or by mail or even at your local grocery store. The best place to get scented jar candles for cheap is the internet. There is a huge market for these fantastic candles online. You will find many different brands for much less than you would find them for anywhere else. If you don't believe me check it out for yourself, you will be amazed at the savings that you can find on scented jar candles online.

If you do not yet have any scented jar candles in your home, there is no time like the present to get some. Start shopping for your scented jar candles today and get in on the after holiday savings, you will not be disappointed. Scented jar candles can really change the whole feel of your home for the better.

Candles HQ. Articles and information about all sorts of candles.

Add Scented Jar Candles To Any Room In Your Home
A Frugal Yet Thoughtful Gift This Mother's Day
The Different Types Of Candles
Beautifying Your Life With Scented Candles
Plan an Evening of Relaxation and Pamper Yourself

Valentine Day Recipes
Online Dating Secrets Revealed!
Vintage Crochet Patterns Bridal
Wonderful Wedding Favors and Wedding Gifts

English Slang Dictionary

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