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**The Seven Laws of the Universe**

**By Nancy R. Fenn**

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The 7 Laws of the Universe

Metaphysics is the right brain version of physics. Both physics and meta-physics are fields which endeavor to explore and understand how the world was created -- one with the left brain, one with the right.

According to a wonderful little book I keep at my bedside called The Kybalion, there are 7 basic laws of the Universe and these are they:

1. Mentalism: The Universe is mental. All is mind.
2. Correspondence: As above, so below.
3. Vibration: Everything is in motion. Nothing is still.
4. Polarity: Everything has its pairs of opposites.
5. Rhythm: The pendulum swing manifests in everything. The measure of the swing to the right is the measure of the swing to the left.
6. Cause and Effect: There are many planes of causation but nothing escapes this law.
7. Gender: Gender manifests on all planes.

Here is an example of each law in action in the everyday world.

1. The Law of Mentalism. Every thing that appears in your world was once a thought you had. When I teach students metaphysics, I ask them to indicate an important event in their life and then to return to the place in time when they planted the seed for this event with a thought. A woman told me she had suffered in poverty for 7 years having foolishly bought a business in the worst part of town. She realized this was because once she had prayed to experience as broad and as deep a life as possible. That was when this seed was planted.

2. The Law of Correspondence. This law teaches us that we can understand the unseen by carefully observing what we can see with our own two eyes. When a woman is about to go out on a date with a new man, I encourage her to look at how he treats the waitress and how he eats his meal. This is the way he will be treating her and having sex with her after his guard is down (should she choose to continue to date him).

3. The Law of Vibration. Everything vibrates. Nothing is still. This Law helps us to understand the essence of things. It is this fine network of vibrations that connects us with every other living thing. You might picture it as an invisible world wide web. It is in tune with the vibrations of the universe that we

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attract and are attracted to every experience in our life. To use a metaphor, suppose you like country and western music. If you set your radio dial to country and western you will not hear classical or jazz music. If you vibrate at a peaceful level, you will not meet people who are violent.

4. The Law of Polarity. Everything has its opposite. This law helps us to understand the principles of yin and yang. Some energy attracts and some energy repels. One is not better than the other but both exist. I like to think of the astronomical world where one body can capture another by pulling it into its sphere of influence. This principle can be understood in life when we recognize the truth in this saying: If you want him to be more of a man, be more of a woman.

5. The Law of Rhythm. The pendulum swing manifests in everything. The measure of the swing to the left is the measure of the swing to the right. This law operates in life quite visibly with people who are bipolar. One day they're up, the next they're down. For most people, the law is realized when they become very, very happy. The law dictates that next they will be very, very sad. To correct this is

simple: To avoid being very unhappy, avoid being very happy.

6. Cause and Effect: There are many planes of causation but nothing escapes this law. The best writing on this law, which is the law of Karma, is found in Emerson's Essay on Compensation. It is available for free download on many internet sites.

7. Gender: Gender manifests on all planes. This law works in our lives by helping us to see that each male has an inner female within him and each female has an inner male. Both are necessary for creation and regeneration. These Laws of the Universe are meta-physical but they are as certain as the law of physics. What goes up must come down. You can be certain of it!

Nancy R. Fenn has been an astrologer and intuitive consultant in the San Diego for over 25 years. She enjoys working with creatives, intuitives and visionaries to help them discover their mission in life. Nancy's mission in life is to raise consciousness about introversion as a legitimate personality style. Visit Nancy on the web at [www.bemyguide.net](http://www.bemyguide.net)

### **Law and Order of the Spiritual Kind**

#### **By Geela**

There is no such thing as a coincidence. Albert Einstein reasoned that, "God simply does not play dice." While we may not fully understand the reasons behind certain events, there are laws and order in the universe specifically designed to facilitate harmony and prosperity for all living things. Yet, as humans, we violate not only man's laws, but also the laws of the universe. It's as if an "insanity" bug has plagued the world community, which has now reached epidemic proportions. Perhaps that's because knowingly, or unknowingly, we choose not to live in harmony with the laws of the universe and as a result of our actions we experience failure, powerlessness and discord. Take for example one law - the law of cause and effect. Chaos seems to be the norm these days rather than the exception, but that is not the cause for our collective pain and misery. That's only the effect resulting from an underlying cause that has to do with our own failure to observe and cooperate with the laws of the universe characterized by honoring all living things. Since personal accountability is demanded of us in our daily lives, why should we expect things to be any different on a grander scale - such as in the universe?

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When greed, lack of awareness (the ability to see the unity in all living things) and the erosion of solid moral values, so inherent in a society driven by a materialist values system, cloud our thinking and numb our hearts to the point where we can't tell the difference between right and wrong, we invariably experience failure and lack – lack of prosperity and security to lack of real joy, real love and a sense of meaning and purpose. Perhaps we need law and order to save us from ourselves. Law and order are there for a reason. In order to illustrate the value of having law and order on a grander and spiritual scale, imagine for a moment if there were no traffic lights - there would be nothing but chaos and every one would stand to lose. Law and order are necessary "tools," not so much to restrict us but rather to enhance the quality of our lives by preventing us from "bumping" into each other, causing accidental mayhem and bringing destruction and chaos upon ourselves by default. But of course, rather than taking a good look at ourselves in the mirror, it's always much easier to point the finger at someone or something else, like God. After all, no one can really prove it or disprove it either. Remember the classic story of the kid who failed to bring his homework to school and blamed it on the "monster" who ate it? Perhaps it's time to make peace with the fact that there are laws and order in the universe that are actually good for us all. So, if you don't like the effect (the current climate of world insanity that erodes any sense of security and joy), why not remove the root cause first. It's easier than you think. Just by living in harmony with the laws of the universe, we can all achieve security, prosperity and freedom. And if it's peace and cultural harmony you wish to experience, perhaps the words of Jimi Hendrix that "only when the power of love replaces the love of power, can there be peace on earth," will resonate with you too and inspire you to be the change you wish to see in the world. Who knows maybe we can even all use the name of God without embarrassment either.

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Author of "The American Dream"

Geela is an award winning singer/songwriter/composer, columnist, and author of the best-selling book "THE AMERICAN DREAM," her true-life story of how she came to America as a young immigrant with nothing and overcame incredible obstacles to achieve mega-success. She founded ONE SPIRIT, ONE WORLD to help children and promote a culture of peace and harmony. Get a free sample of her music and her book at

Law and Order of the Spiritual Kind  
Joshian Meditations (i.e. Superultramodern Meditations)  
Broke? Fix It Yourself: BE Wealthy  
Yoga For Stress Relief  
The Universal Laws that Create Your Future

Inside The Minds of Winners  
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